

## West Wales Junior Development League U12-U14-U16 - Fixture 3

### Information / Gwybodaeth

*Carmarthen Leisure Centre – Saturday 8th August*

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## **GENERAL & FACILITIES**

- All athletes will need to collect their numbers and pins at **least 1 hour before their first event**. To encourage a greater team ethic this year, **athletes' numbers will be distributed by club team managers**. Each athlete will be provided with 2 x numbers, 1 front and 1 back. only team managers can collect athlete numbers on arrival for distribution to their teams throughout the day, at collection please can the lead team manager declare their officials team for track, time and field.
- Car parking for this event is free and available Queen Elizabeth High School (first left on the main road, up from the leisure centre entrance). Officials parking at the Leisure Centre grounds.
- Toilet facilities are inside the leisure centre. Refreshments and First aid will be provided.
- There are two stands at the venue, or spectators can bring their own chairs/tents.
- Report to events 10 minutes (track) and 20 minutes (field) / 30 minutes (pole vault) before timetabled start time. Please listen out for announcements.
- Athletes will have three trials each in all javelin, shot, discus, hammer, long jump and triple jump field events.
- Officials / volunteers are asked to sign in on arrival at the portacabin. Officials' refreshments will be available. Parent volunteers will be required to help with an event that their athlete is competing in, supporting the qualified officials with simple tasks such as raking the pit and replacing the bar.
- Due to the West Wales division offering a full track and field event programme for athletes, *event clashes for some disciplines are unavoidable*. If an athlete has a track and a field event timetabled at the same time, please sign in at the field event before competing in the track

event. Athletes can then return to complete their trials if time allows. High Jump and Pole Vault athletes will re-join the event at whatever height the bar has increased to.

- Team managers may select and enter relay teams in each age group on the day. Please speak to your club team manager if you'd like to be in a team.