

TRACK / TRAC

	Event	Age Group
11:15	1000m Walk	ALL
	100m Hurdles	U16B
	80m Hurdles	U14B/U16G
	75m Hurdles	U14G
	70m Hurdles	U12B
	70m Hurdles	U12G
12:00	800m	U16G
	800m	U16B
	800m	U14G
	800m	U14B
	800m	U12G
	800m	U12B
13:00	100m	U16G
	100m	U16B
	100m	U14G
	100m	U14B
	75m	U12G
	75m	U12B
14:30	300m Hurdles	U16G/B
	200m Hurdles	U14G/B
	1200m	U12G/B
	1500m	U14G/B
	1500m	U16G/B
15:15	300m	U16G
	300m	U16B
	200m	U16G
	200m	U16B
	200m	U14G
	200m	U14B
	150m	U12G
	150m	U12B
	Relays	

FIELD / CAE

	Event	Age Group/s
10:15	Triple Jump	U16G & U16B
11:00	Hammer	ALL
	Long Jump	U14G
	High Jump	U12G & U12B
	Pole Vault	ALL
12:30	Discus	ALL
	High Jump	U14G, U14B, U16G & U16B
	Long Jump	U12G
	Shot Put	U12G & U12B
14:00	Javelin	U14G & U14B U16G & U16B
	Long Jump	U12B & U14B
15:30	Shot Put	U14G & U14B U16G & U16B
	Javelin	U12G & U12B
	Long Jump	U16G & U16B