

To event	Event Time	Event	Age Group
	11:00	1000m Walk	ALL
		100m Hurdles	U16B
		80m Hurdles	U16G
		80m Hurdles	U14B
		75m Hurdles	U14G
		70m Hurdles	U12B
		70m Hurdles	U12G
	12:00	800m	U16G
		800m	U16B
		800m	U14G
		800m	U14B
		800m	U12G
		800m	U12B
	12:45	100m	U16G
	2	100m	U16B
		100m	U14G
		100m	U14B
		75m	U12G
		75m	U12B
	14:30	300m Hurdles	U16G/B
		200m Hurdles	U14G/B
		1200m	U12G/B
		1500m	U14G/B
		1500m	U16G/B
	15:10	300m	U16G
		300m	U16B
		200m	U16G
		200m	U16B
		200m	U14G
		200m	U14B
		150m	U12G
		150m	U12B
		4 x 100m Relay	

To event	Event Time	Event	Age Group/s
	10:15	Triple Jump	U16G & U16B
	11:00	Long Jump	U14G
		High Jump	U12G & U12B
		Hammer	U14G & U14B, U16G & U16B
		Pole Vault	ALL – U12 (Y6 only) U14, U16
	12:15	High Jump	U14G & U14B, U16G & U16B
		Discus	ALL
		Long Jump	U12G
	13:30	Javelin	U16G & U16B
		Shot Put	U12G & U12B
		Long Jump	U12B & U14B
	14:30	Javelin	U14G & U14B
		Shot Put	U16G & U16B
	15:30	Long Jump	U16G & U16B
		Javelin	U12G & U12B
		Shot Put	U14G & U14B