

**Carmarthen Harriers members competed for Welsh Schools in the SIAB Schools Indoors Pentathlon match**

Every year 16 Welsh school athletes compete for Welsh Schools in the annual SIAB (England, Ireland, Scotland and Wales) international pentathlon which is normally held in Glasgow in December. The teams are made up of 4 under 16 girls, 4 under 16 boys, 4 under 18 girls and 4 under 18 boys and the events in the pentathlon are 60mH, 800m, high jump, long jump and shot putt for girls and 60mH, 200m, 800m, long jump and shot putt for boys.

**Since 2003 Carmarthen Harriers has had 49 representatives in the Welsh schools team. On two occasions (2004 and 2006) Carmarthen Harriers had six members in the Welsh Schools team**

To win an individual medal at SIAB is a great achievement. To date Carmarthen Harriers members have won seven medals (1 gold, 4 silver and 2 bronze)

**Gold 2011 Aled Price U16 Boy**

**Silver 2006 Antoine Woodman U16 Boy; 2009 Paul Bennett U18 Boy; 2012 Aled Price U18 Boy; Jessica Lee U16 Girl.**

**Bronze 2006 Caryl Granville U18 Girl; 2011 Aled Price U18 Boy**

Below is the list of Carmarthen Harriers members who have competed in 3 or 4 SIAB Schools indoor international pentathlons

**4 Lauryn Davey , Aled Price and Antoine Woodman**

**3 Caryl Granville, Sophie Pick. Catherine Goldsmith and Beca Roberts**

Venue	Age Group	Name	Position	Performance
<b>Glasgow SCO</b>	U16 Girls	Megan Thomas	15 <sup>th</sup>	2563 points
<b>13 Dec 2003</b>	U16 Boys	Daniel Evans	5 <sup>th</sup>	2877 points
	U18 Girls	Bethan Thomas	16 <sup>th</sup>	2133 points
	U18 Boys	Owen Jones	9 <sup>th</sup>	3041 points
<b>Grangemouth SCO</b>	U16 Girls	Catrin Vaughan	9 <sup>th</sup>	2876 points
<b>11 Dec 2004</b>	U16 Girls	Caryl Granville	10 <sup>th</sup>	2853 points
	U16 Girls	Hannah Pick	11 <sup>th</sup>	2837 points
	U16 Boys	Daniel Davis	14 <sup>th</sup>	2414 points
	U18 Girls	Bethan Thomas	16 <sup>th</sup>	2309 points
	U18 Boys	Huw Jones	18 <sup>th</sup>	2428 points
<b>Glasgow SCO</b>	U16 Boys	Josh Madden	9 <sup>th</sup>	2675 points
<b>10 Dec 2005</b>	U16 Boys	Antoine Woodman	13 <sup>th</sup>	2432 points
	U16 Girls	Catherine Goldsmith	15 <sup>th</sup>	2647 points
	U18 Girls	Caryl Granville	5 <sup>th</sup>	2647 points
	U18 Girls	Hannah Pick	13 <sup>th</sup>	2470 points
<b>Glasgow SCO</b>	U16 Girls	Sophie Pick	13 <sup>th</sup>	2775 points
<b>9 Dec 2006</b>	<b>U16 Boys</b>	<b>Antoine Woodman</b>	<b>Silver</b>	<b>3163 points</b>
	<b>U18 Girls</b>	<b>Caryl Granville</b>	<b>Bronze</b>	<b>3432 points</b>
	U18 Girls	Catherine Goldsmith	12 <sup>th</sup>	2747 points
	U18 Boys	Josh Madden	11 <sup>th</sup>	3007 points

	U18 Boys	Daniel Davis	13th	2638 points
<b>Glasgow SCO</b>	U16 Girls	Ffion Rees	15th	2578 points
<b>8 Dec 2007</b>	U18 Girls	Catherine Goldsmith Captain	13th	2791 points
	U18 Girls	Sophie Pick	15 <sup>th</sup>	2736 points
	U18 Boys	Antoine Woodman	13th	2935 points
<b>Glasgow SCO</b>	U16 Girls	Rhiannon Plant	14th	2601 points
<b>13 Dec 2008</b>	U16 Boys	Liam Jones	6th	2803 points
	U18 Girls	Sophie Pick	12 <sup>th</sup>	2608 points
	U18 Boys	Antoine Woodman	11th	2959 points
	U18 Boys	Glen Elsdon	14th	2904 points
<b>Glasgow SCO</b>	U16 Boys	Aled Price	10th	2647 points
<b>5 Dec 2009</b>	U16 Boys	Mathew Davies	12th	2604 points
	<b>U18 Boys</b>	<b>Paul Bennett</b>	<b>Silver</b>	<b>3391 points</b>
	U18 Boys	Glen Elsdon	11th	2845 points
<b>Glasgow SCO</b>	<b>U16 Boys</b>	<b>Aled Price</b>	<b>Gold</b>	<b>3080 points</b>
<b>6 February 2011</b>	U18 oys	Daniel Blain	14 <sup>th</sup>	1958 points
<b>Glasgow SCO</b>	<b>U18 Boys</b>	<b>Aled Price</b>	<b>Bronze</b>	
<b>3 Dec 2011</b>		<b>(Captain)</b>		
<b>Glasgow SCO</b>	U16 Girls	Lauryn Davey	11th	2772 points
<b>1 Dec 2012</b>	U16 Boys	Nikita Neary	10th	2940 points
	<b>U18 Boys</b>	<b>Aled Price</b>	<b>Silver</b>	<b>3569 points</b>
<b>Glasgow SCO</b>	U16 Girls	Lauryn Davey	6th	3201 points
<b>14 Dec 2013</b>				
<b>Glasgow SCO</b>	U18 Girls	Lauryn Davey	13th	2958 points
<b>13 Dec 2014</b>	U18 Boys	Aled Phillips	16th	2201 points
<b>Glasgow SCO</b>	U18 Girls	Lauryn Davey	12th	3134 points
<b>12 Dec 2015</b>				
<b>Glasgow SCO</b>	U16 Girls	Beca Roberts	12th	2997 points
<b>10 Nov 2017</b>				
<b>Glasgow SCO</b>	U18 Girls	Beca Roberts	12 <sup>th</sup>	2999 points
<b>3 Nov 2018</b>				
<b>Glasgow SCO</b>	U18 Girls	Beca Roberts	15th	2762 p0ints
<b>30 Nov 2019</b>		<b>(Captain)</b>		
<b>Glasgow</b>	U15 Girls	Jessica Lee	<u>4</u>	3545
<b>4 Dec 2021</b>				
<b>Glasgow</b>	U18 Girls	Jessica Lee	<u>2</u>	3671
<b>26 Nov 2022</b>				
<b>Cardiff</b>	U16 Girls	Beatrice Morgan	<u>6</u>	3244
<b>2 Dec 2023</b>				
<b>Glasgow</b>	U16 Girls	Beatrice Morgan	9	3364
<b>16 Nov 2024</b>				

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