

Carmarthen Harriers members competing for Welsh Schools in the Schools International Cross Country matches (SIAB)

The first SIAB international match was held in Newtown Wales on 31 March 1973

Carmarthen and District Harriers Athletics Club has been represented 145 times in the Welsh schools teams.

Lee Ladd was second in the MB race in 2004, Dewi Griffiths in the 2007 MB event and Iwan Thomas in the 2023 MB race.

Year	Venue	Age Group	Name
1973	Newtown Wales	MB	21 Steve Rolfe
1974	Cashel Ireland	MB	30 Robert Davies
1976	Coatbridge Scotland	MG	29 Delyth Rees (Brown); 31 Angela Pennington
1977	Newtown Wales	JG	7 Gillian Irvine
		MG	24 Delyth Rees (Brown)
1978	Gateshead England	MG	23 Gillian Irvine; 28 Carol Dicks (Jones)
1979	Inverness Scotland	JG	10 Jackie Thomas
		JB	21 Grant Howells
		MG	16 Gillian Irvine
1980	Dublin Ireland	JG	8 Jackie Thomas
1981	Swansea Wales	MG	17 Jackie Thomas
1986	Lincoln England	MG	23 Sharon Rees; 26 Nicola Morgan
1987	Boyle Ireland	JG	12 Mari Prys Jones
		MG	20 Vicky Harmer
1988	Irvine Scotland	JG	12 Mari Prys Jones
1989	Barry Wales	JB	18 David Rowley; 24 Brett Pillinger
		MG	32 Mari Prys Jones
1990	Princethorpe College	JG	18 Angharad Howells; 21 Anwen Evans
	England	MB	20 Rhodri Llewelyn
1991	Boyle Ireland	JG	8 Angharad Howells; 21 Yvonne Evans
		JB	11 Alan Jones; 24 Andres Jones
		MB	30 Christian Davies
1992	Alness Scotland	JG	10 Heledd Gruffydd; 15 Yvonne Evans
		JB	14 Sion Meredith; 13 Tom Cairnes
		MG	25 Angharad Howells
1993	Llanelli Wales	JG	8 Heledd Gruffudd
		MG	26 Angharad Howells
		MB	20 Alan Jones; 21 Andres Jones
1994	Truro England	JG	22 Jessica P Williams
		MG	8 Heledd Gruffudd
		MB	20 Sion Meredith; 21 Tom Cairnes
1995	Dungarvan Ireland	JG	25 Gemma Mounsey; 26 Anwen Owen
		MG	20 Heledd Gruffudd
		MB	26 Tobben Tymons
1997	Chepstow Wales	JG	25 Gemma Thomas
1998	Durham England	JB	8 David Jones; 22 Charles Harvey
		MG	28 Claire Evans

		MB	32 Daniel Forbes
1999	Ireland	JB	25 Charles Harvey
		MB	14 David Jones
2000	Irvine Scotland	JB	23 Dafydd Williams; 28 Thomas Page
		MB	5 David Jones
2001	Cancelled Foot and Mouth		
2002	Alfreton England	JB	24 Lee Ladd
		MG	29 Caryl Jones
		MB	25 Daniel Evans; 29 Wynne Evans 32 Owen Evans
2003	Dublin Ireland	JG	25 Kayleigh Brown
		MB	21 Lee Ladd; 26 Wynne Evans 30 Rhys B Thomas
2004	Ayr Scotland	JG	11 Kayleigh Brown; 23 Rachel Marfleet 24 Alaw B Thomas; 26 Caryl Granville 27 Katie Parkes; 31 Zoe Speake
		JB	30 Thomas Northcott
		MB	2 Lee Ladd
2005	Northop Wales	JG	25 Aneura Phillips; 29 Angharad Davies
		JB	3 Dewi Griffiths; 20 Adam Bitchell 25 Oliver Upton; 30 Geraint Mansfield
		MG	25 Kayleigh Brown
		MB	25 Rich Stephenson
2006	Stowe School England	JG	30 Angharad Davies; 32 Aneura Phillips
		MG	23 Kayleigh Brown; 24 Rachel Marfleet 31 Alaw B Thomas
		MB	2 Dewi Griffiths; 22 Richard Stephenson
2007	Dublin Ireland	JB	31 Luke Parker
		MG	24 Angharad Davies; 29 Aneura Phillips
		MB	4 Dewi Griffiths; 14 Adam Bitchell
2008	Perth Scotland	MG	27 Aneura Phillips; 28 Angharad Davies
		MB	21 Nicky Morrell
2009	Y Faenol Wales	JB	22 Lloyd Heckler; 23 Kyran Roberts
2010	Truro England	JB	16 Kyran Roberts; 21 Rhys Granville 27 Christian Lovatt; 30 Luca Dragone
2011	Antrim N Ireland	JB	27 Christian Lovatt
		MG	31 Kari O'Neill
		MB	20 Lloyd Heckler; 31 Ronan Llyr
2012	Perth Scotland	JB	14 Nikita Neary
2013	Dinefwr Park Wales	MG	30 Caitlin Page
		MB	7 Christian Lovatt; 30 Nikita Neary
2014	Bolton England	MG	28 Caitlin Page
		MB	28 Brychan Williams; 29 Ashraf Liles
2015	Dublin Ireland	JB	19 Ben Thomas
2016	Callender Park Scotland	JB	21 Iwan Glynn
		MB	31 Ben Thomas
2017	Margam Park Wales	JG	22 Daisy Thompson
		JB	28 Liam Edwards
		MB	30 Tomos Rees; 32 Ben Thomas

2018	Wollaton Park England	JB	11 Dafydd Jones; 17 Liam Edwards; 23 Frank Morgan
2019	Dublin Ireland	JB	9 Frank Morgan
		MB Relay	2 Dafydd Jones
2020	No Event Covid Pandemic		
2021	No Event Covid Pandemic		
2022	Pembrey Country Park s	JB	21 William Coles DNF Joshua Barnett
		MB	10 Iwan Thomas; 22 Finley Bruce 29 Ifan Bowen
2023	Sefton Park Liverpool	JB	24 Sam Griffiths; 26 William Coles
		MB	2 Iwan Thomas; 21 Finley Bruce 29 Ifan Bowen
		Jun Relay	4 Amelia Williams
		Mid Relay	4 Jake Lynock
2024	Dublin	JG	17 Nansi Griffiths.25 Sali Owen
		MG	15 Amelia Williams
		MB	28 Joshua Barnett
2025	Falkirk Scotland	MG	27 Sali Owen
		MB	17 Sam Griffiths
		Jun Relay	3 Manon Phillips

Hedydd Davies
24 September 2025