



Swansea Harriers Evans Family T & F Open Meeting 2025 – 09/08/25



	Register by	Event Time	Event	Age Group/s
T01	10:30	11:30	100m Hurdles	SW
T02	10:40	11:40	80m Hurdles	U15B
T03	10:45	11:45	80m Hurdles	U17W
T04	10:55	11:55	75m Hurdles	U13B
T05	11:00	12:00	75m Hurdles	U15G
T06	11:10	12:10	70m Hurdles	U13G
T07	11:20	12:20	75m	U11B
T08	11:30	12:30	75m	U11G
T09	11:40	12:40	100m	U17M, U20M & SM
T10	11:50	12:50	100m	U20W & SW
T11	11:55	12:55	100m	U17W
T12	12:00	13:00	100m	U15B
T13	12:10	13:10	100m	U15G
T14	12:20	13:20	100m	U13B
T15	12:30	13:30	100m	U13G
T16	12:50	13:50	400m Hurdles	Male & Female
T17	13:20	14:20	800m	U11B
T18	13:25	14:25	800m	U11G
T19	13:30	14:30	800m	U17M, U20M & SM
T20	13:35	14:35	800m	U17W, U20W & SW
T21	13:40	14:40	800m	U15B
T22	13:45	14:45	800m	U15G
T23	13:50	14:50	800m	U13B
T24	13:55	14:55	800m	U13G
T25	14:05	15:05	150m	U11B
T26	14:15	15:15	150m	U11G
T27	14:25	15:25	200m	U17M, U20M & SM
T28	14:35	15:35	200m	U20W & SW
T29	14:40	15:40	200m	U17W
T30	14:45	15:45	200m	U15B
T31	14:50	15:50	200m	U15G
T32	15:05	16:05	200m	U13B
T33	15:15	16:15	200m	U13G
T34	15:25	16:25	1500m	U13G & U13B
T35	15:35	16:35	1500m	U15, U17, U20, Senior

	Register by	Event Time	Event	Age Group/s
F01	09:45	10:45	Hammer	One Pool
F02	09:45	10:45	Triple Jump	One Pool
F03	10:00	11:00	Pole Vault	U13 & U15
F04	11:15	12:15	Long Jump	U11 & U13 (2 pools)
F05	11:15	12:15	Shot Put	U17 & above
F06	11:15	12:15	Discus	U13 & U15
F07	12:30	13:30	Long Jump	U15 (2 pools)
F08	12:30	13:30	Discus	U17 & above
F09	12:30	13:30	Pole Vault	U17 & above
F10	13:45	14:45	Javelin	U11 & U13
F11	13:45	14:45	Long Jump	U17 & above
F12	13:45	14:45	High Jump	U13 & U15
F13	15:00	16:00	Javelin	U15 & above
F14	15:00	16:00	High Jump	U17 & above
F15	15:00	16:00	Shot Put	U11, U13 & U15

*Live Results – Scan
QR Code /
Canlyniadau Byw –
Sganiwch Cod QR*



Register at least 1 hour before first event
REPORT TO TRACK EVENTS: 10 minutes before start time
REPORT TO FIELD EVENTS: 20 minutes before start time (30 minutes pole vault)