

# West Wales Regional Athletics Championships 2025 - Information / Gwybodaeth

Swansea University Track – Saturday 10th May

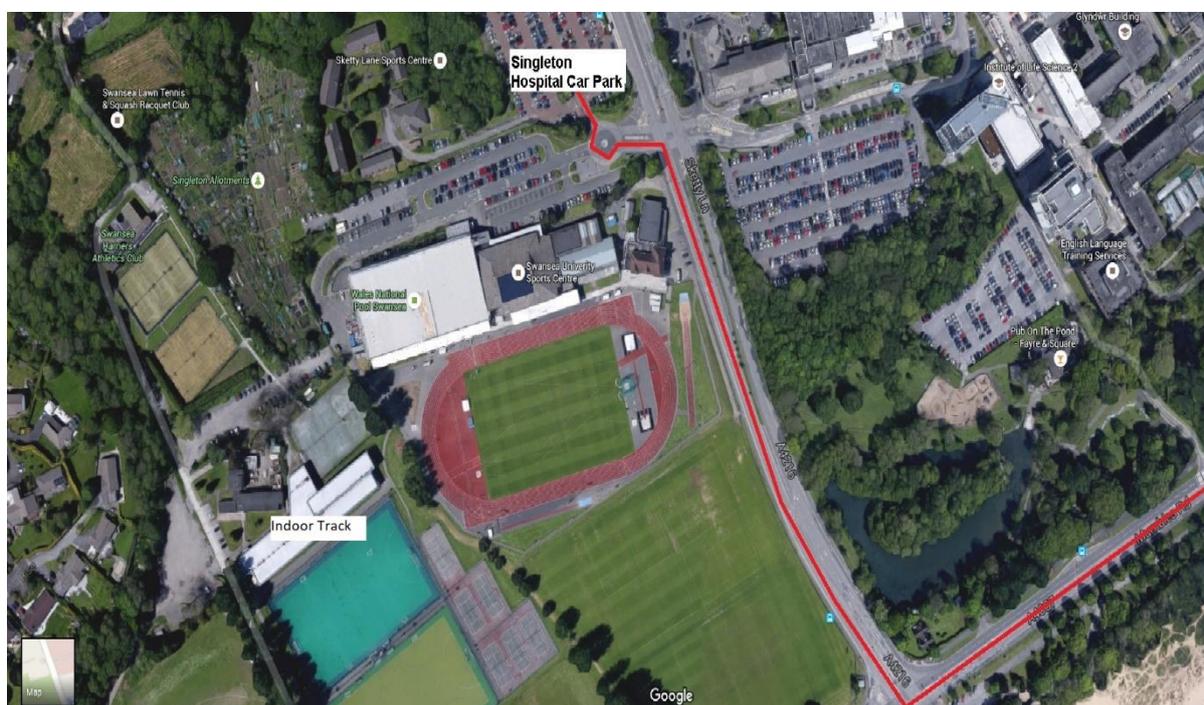


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## GENERAL & FACILITIES

- All athletes will need to sign in to collect their numbers and pins at least **1 hour before first event, inside the cabin that is situated beyond the finish line.** Each athlete will be provided with 2 x numbers, 1 front and 1 back.
- Toilet facilities are available inside the cabin beyond the finish line and Wales National Pool. First aid will be provided on site.
- Refreshments will be on sale (next to registration).
- Medals will be presented to the top three athletes in each age group & gender in each event discipline. Masters compete in the Senior age group at these championships including using the senior throwing implement weights.
- There's a stand at the venue, or spectators can bring their own seating on the grassed area in the Mumbles end.
- Car parking for the athletics event is available for free in Singleton Hospital Staff Car park (image below).
- Report to events 10 minutes (track) and 20 or 30 minutes (field) / 45 minutes (pole vault) before timetabled start time. Please listen out for announcements.
- Long Jump, Triple Jump, Shot, Discus, Javelin & Hammer: U13 & U15 will have three trials each. U17, U20 & Senior athletes will have four trials each.

- Please note we have been unable to secure photo finish, therefore all track times will be hand timed.
- If an athlete has a track and a field event timetabled at the same time, please sign in at the field event before competing in the track event. Athletes can then return to complete their trials if time allows. High Jump and Pole Vault athletes will re-join the event at whatever height the bar has increased to.
- Parent volunteers will be required to help with an event that their athlete is competing in, supporting the qualified officials with simple tasks such as raking the pit and replacing the bar. Please offer your assistance if there is a call out.



## START LISTS & LIVE RESULTS

**Event Results will be available online after each event has concluded (using the OpenTrack platform)**

Scan the QR code or go to:

<https://data.opentrack.run/en-gb/x/2025/GBR/ww-outdoor25/event/>