



Swansea Harriers Neal Merry Track & Field Open Meeting 2025 – 05/04/25



	Register by	Event Time	Event	Age Group/s
T01	10:00	11:00	3000m	Male
T02	10:15	11:15	3000m	Female
T03	10:30	11:30	110m Hurdles	SM
T04	10:40	11:40	100m Hurdles	U17M, U20W
T05	10:50	11:50	80m Hurdles	U15B
T06	10:55	11:55	80m Hurdles	U17W
T07	11:05	12:05	75m Hurdles	U13B
T08	11:10	12:10	75m Hurdles	U15G
T09	11:20	12:20	70m Hurdles	U13G
T10	11:30	12:30	75m	U11B
T11	11:40	12:40	75m	U11G
T12	11:50	12:50	100m	U20M & SM
T13	12:00	13:00	100m	U20W & SW
T14	12:10	13:10	100m	U17M
T15	12:15	13:15	100m	U17W
T16	12:25	13:25	100m	U15B
T17	12:35	13:35	100m	U15G
T18	12:45	13:45	100m	U13B
T19	12:55	13:55	100m	U13G
T20	13:10	14:10	300m Hurdles	U17W
T21	13:20	14:20	400m Hurdles	Male & Female
<i>Track Break</i>				
T22	13:40	14:40	150m	U11B
T23	13:50	14:50	150m	U11G
T24	14:00	15:00	200m	U20M & SM
T25	14:10	15:10	200m	U20W & SW
T26	14:15	15:15	200m	U17M
T27	14:20	15:20	200m	U17W
T28	14:30	15:30	200m	U15B
T29	14:35	15:35	200m	U15G
T30	14:45	15:45	200m	U13B
T31	14:55	15:55	200m	U13G
T32	15:05	16:05	800m	U11B
T33	15:10	16:10	800m	U11G
T34	15:15	16:15	800m	U17M, U20M & SM
T35	15:25	16:25	800m	U17W, U20W & SW
T36	15:35	16:30	800m	U15B

T37	15:40	16:40	800m	U15G
T38	15:50	16:50	800m	U13B
T39	16:00	17:00	800m	U13G
T40	16:10	17:10	400m	U17M, U20M & SM
T41	16:15	17:15	400m	U20W & SW
T42	16:20	17:20	300m	U17W
T43	16:25	17:25	300m	U15B
T44	16:30	17:30	300m	U15G

	Register by	Event Time	Event	Age Group/s
F01	10:00	11:00	Hammer	One Pool
F02	10:00	11:00	Triple Jump	One Pool
F03	10:00	11:00	Pole Vault	U13 & U15
F04	11:20	12:20	Long Jump	U11 & U13 (2 pools)
F05	11:20	12:20	Shot Put	U17 & above
F06	11:20	12:20	Discus	U13 & U15
F07	12:40	13:40	Long Jump	U15 (2 pools)
F08	12:40	13:40	Discus	U17 & above
F09	12:40	13:40	Pole Vault	U17 & above
F10	14:00	15:00	Javelin	U11 & U13
F11	14:00	15:00	Long Jump	U17 & above (2 pools)
F12	14:00	15:00	High Jump	U11 & U13
F13	15:20	16:20	Javelin	U15 & above
F14	15:20	16:20	High Jump	U17 & above
F15	15:20	16:20	Shot Put	U11, U13 & U15

Live Results /
Canlyniadau Byw

