



Swansea Harriers Neal Merry Track & Field Open Meeting 2024 – 07/04/24



	Register by	Event Time	Event	Age Group/s
T01	10:00	11:00	3000m	Male
T02	10:15	11:15	3000m	Female
T03	10:30	11:30	110m Hurdles	SM
T04	10:40	11:40	100m Hurdles	U17M, U20W, SW
T05	10:50	11:50	80m Hurdles	U15B
T06	10:55	11:55	80m Hurdles	U17W
T07	11:05	12:05	75m Hurdles	U13B
T08	11:10	12:10	75m Hurdles	U15G
T09	11:20	12:20	70m Hurdles	U13G
T10	11:30	12:30	75m	U11B
T11	11:40	12:40	75m	U11G
T12	11:55	12:55	100m	U20M & SM
T13	12:05	13:05	100m	U20W & SW
T14	12:15	13:15	100m	U17M
T15	12:25	13:25	100m	U17W
T16	12:35	13:35	100m	U15B
T17	12:45	13:45	100m	U15G
T18	13:05	14:05	100m	U13B
T19	13:15	14:15	100m	U13G
T20	13:40	14:40	300m Hurdles	U17W
T21	13:50	14:50	400m Hurdles	Male & Female
T22	14:00	15:00	800m	U11B
T23	14:05	15:05	800m	U11G
T24	14:20	15:20	800m	U13B
T25	14:25	15:25	800m	U13G
T26	14:40	15:40	800m	U15B
T27	14:45	15:45	800m	U15G
T28	15:00	16:00	800m	U17M
T29	15:05	16:05	800m	U17W
T30	15:10	16:10	800m	U20M & SM
T31	15:15	16:15	800m	U20W & SW
T32	15:25	16:25	300m	U15B
T33	15:30	16:30	300m	U15G
T34	15:40	16:40	300m	U17W
T35	15:45	16:45	400m	U17M
T36	15:50	16:50	400m	U20M & SM
T37	15:55	16:55	400m	U20W & SW

	Register by	Event Time	Event	Age Group/s
F01	10:00	11:00	Hammer	One Pool
F02	10:00	11:00	Pole Vault	U13 & U15
F03	10:00	11:00	Triple Jump	One Pool
F04	11:30	12:30	Shot Put	U11 & U13
F05	11:30	12:30	High Jump	U13 & U15
F06	11:30	12:30	Long Jump	U11 & U13
F07	12:15	13:15	Shot Put	U15 & above
F08	13:00	14:00	Discus	U13 & U15
F09	13:00	14:00	Pole Vault	U17 & above
F10	13:00	14:00	Long Jump	U15
F11	13:40	14:40	Discus	U17 & above
F12	14:30	15:30	Javelin	U11 & U13
F13	14:30	15:30	High Jump	U17 & above
F14	14:30	15:30	Long Jump	U17 & above
F15	15:15	16:15	Javelin	U15 & above

REPORT TO TRACK EVENTS: 10 minutes before start time
REPORT TO FIELD EVENTS: 20 minutes before start time (50 minutes pole vault)

START LISTS & ON THE DAY RESULTS:

Scan the QR Code



Final Timetable / Amserlen Terfynol

Sunday 7th April / Dydd Sul 7fed Ebrill