

CARMARTHEN AND DISTRICT HARRIERS ATHLETICS CLUB INDOOR RECORDS
As at 14 February 2024

Under 13 Girls

Event	Date	Name	Performance
60m	2020	Casi Gregson	8.31
200m	2021	Beatrice Morgan	27.93
800m	2002	Catrin Vaughan	2.42.72
1500m	2005	Catrin Lewis	5.13.10
60mH	2005	Nesta Thomas	10.58
HJ	2002	Caryl Granville	1.27
PV	2011	Carys Jones	2.40
LJ	2021	Beatrice Morgan	4.32
SP	2011	Bethan Lewis	8.76
Pentathlon	2002	Catrin Vaughan	1909

Under 15 Girls

Event	Date	Name	Performance
60m	2020	Jessica Lee	7.96
200m	2020	Jessica Lee	26.00
300m	2006	Sophie Pick	45.59
800m	2018	Daisy Thompson	2.19.05
1500m	2018	Daisy Thompson	4.53.61
3000m	2022	Amelia Williams	9.59.00
60mH	2001	Heather Jones	9.07
HJ	1980	Kathryn Evans	1.57
LJ	2020	Jessica Lee	5.37
PV	2012	Carys Jones	2.76
SP	2010	Awen Rosser	11.89
Pentathlon	2004	Catrin Vaughan	2605

Under 17 Women

Event	Date	Name	Performance
60m	2022	Jessica Lee	7.80
200m	2022	Jessica Lee	25.37
300m	2007	Hannah Jones	41.19
800m	2007	Angharad Davies	2.25.47
1500m	2005	Kayleigh Brown	4.51.3
3000m`	2024	Amelia Williams	10.09.45
60mH	2003	Heather Jones	8.75
HJ	1982	Julia Charlton	1.75
LJ	2021	Jessica Lee	5.79
TJ	2019	Beca Roberts	10.82

PV	2015	Carys Jones	3.22
SP	2012	Awen Rosser	11.84
Pentathlon	2022	Jessica Lee	3671

Under 20 Women

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	2018	Alicia Samuel	7.77
200m	2008	Emily Mitchell	26.89
400m	2004	Anwen Rees	57.71
800m	2007	Katie Parkes	2.15.23
1500m	2007	Katie Parkes	4.46.33
3000m	2023	Jessica Hyland	10.35.25
60mH	2004	Heather Jones	8.77
HJ	2024	Jessica Lee	1.69
LJ	2024	Jessica Lee	5.96
TJ	2022	Beca Roberts	11.49
PV	2016	Carys Jones	3.44
SP	2009	Catherine Goldsmith	10.72
Pentathlon	2024	Jessica Lee	3666

Senior Women

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	2018	Alicia Samuel	7.78
200m	2008	Heather Jones	25.20
400m	2007	Anwen Rees	55.73
800m	2024	Jessica Hyland	2.19.82
1500m	2024	Angharad Davies	4.23.54
3000m	2024	Angharad Davies	9.35.40
60mH	2006	Heather Jones	8.68
HJ	1.68	Lili Church	1.68
LJ	2009	Ffion Rees	5.31
TJ	2010	Vicky Lloyd	11.01
PV	2016	Carys Jones	3.27
SP	1991	Lindsey Thomas	10.32
Pentathlon	2010	Caryl Granville	3496

Under 13 Boys

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	2009	Dion James	8.47
200m	2009	James Bryan	28.62
800m	2024	Tomos Cai Davies	2.21.06
1500m	2009	Christian Lovatt	4.46.00
60mH	2004	Rhys Webb	10.37
HJ	2019	Dion James	1.48
LJ	2005	Glen Elsdon	4.70
SP	2001	Matthew Evans	12.59
Quadrathlon	2007/8	Aled Price	1487

Under 15 Boys

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	1991	Iestyn Lewis	6.7
200m	2006	Tom Coleman	24.26
300m	2006	Antoine Woodman	40.49
800m	2011	Nikita Neary	2.04.30
1500m	2012	Nikita Neary	4.20.01
3000m	2012	Nikita Neary	9.29.37
60mH	2010	Aled Price	8.95
HJ	2020	Osian Roberts	1.88
LJ	2005	Kueni Igbagiri	5.56
PV	2007	Emyr Jones	3.40
SP	2002	Matthew Evans	12.93
Pentathlon	2012	Nikita Neary	2525

Under 17 Men

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	2013	Shaun Pearce	7.03
200m	2004	Bruce Tasker	22.59
400m	2004	Bruce Tasker	50.34
800m	2012	Rhys Granville	1.59.22
1500m	2007	Dewi Griffiths	4.06.7
3000m	2021	Frank Morgan	8.31.88
60mH	2012	Aled Price	8.44
HJ	2022	Osian Roberts	1.95
LJ	2012	Aled Price	6.45
TJ	2003	Owen Jones	13.33
PV	2009	Emyr Jones	3.81
SP	2005	Matthew Evans	15.61
Heptathlon	2012	Aled Price	4499

Under 20 Men

Event	<u>Date</u>	<u>Name</u>	<u>Performance</u>
60m	2014	Shaun Pearce	7.01
200m	2010	Paul Bennett	22.30
400m	2005	Bruce Tasker	49.69
800m	2018	Iestyn Williams	2.00.46
1500m	2010	Dewi Griffiths	3.56.31
3000m	2010	Dewi Griffiths	8.20.55
60mH	2013	Daniel Blain	8.17
HJ	2017	William Edwards	2.05
LJ	2013	Aled Price	6.86
TJ	2005	Owen Jones	13.77
PV	2010	Emyr Jones	3.90
SP	2007	Matthew Evans	14.40
Heptathlon	2014	Aled Price	4951

Senior Men

Event	Date	Name	Performance
60m	2017	Glen Elsdon	6.98
200m	2007	Bruce Tasker	21.66
400m	2006	Bruce Tasker	49.74
800m	2022	Iestyn Williams	1.54.63
1500m	2022	Ben Thomas	3.52.39
3000m	2023	Ben Thomas	8.21.12
60mH	2015	Glen Elsdon	8.23
HJ	2017	William Edwards	2.04
LJ	2016	Aled Price	6.78
TJ	1997	Charles Madeira Cole	14.10
PV	2013	Emyr Jones	4.30
SP	2007	Matthew Evans	14.25
Heptathlon	2016	Aled Price	4927

Hedydd Davies 13 February 2024