

WEST WALES INDOOR ATHLETICS CHAMPIONSHIPS 2024

SWANSEA UNIVERSITY INDOOR ATHLETICS TRACK, SKETTY LANE

Day 1 Weekend Information

EVENTS ON DAY 1 -

Saturday 13th January – 60m, 60m Hurdles & Shot

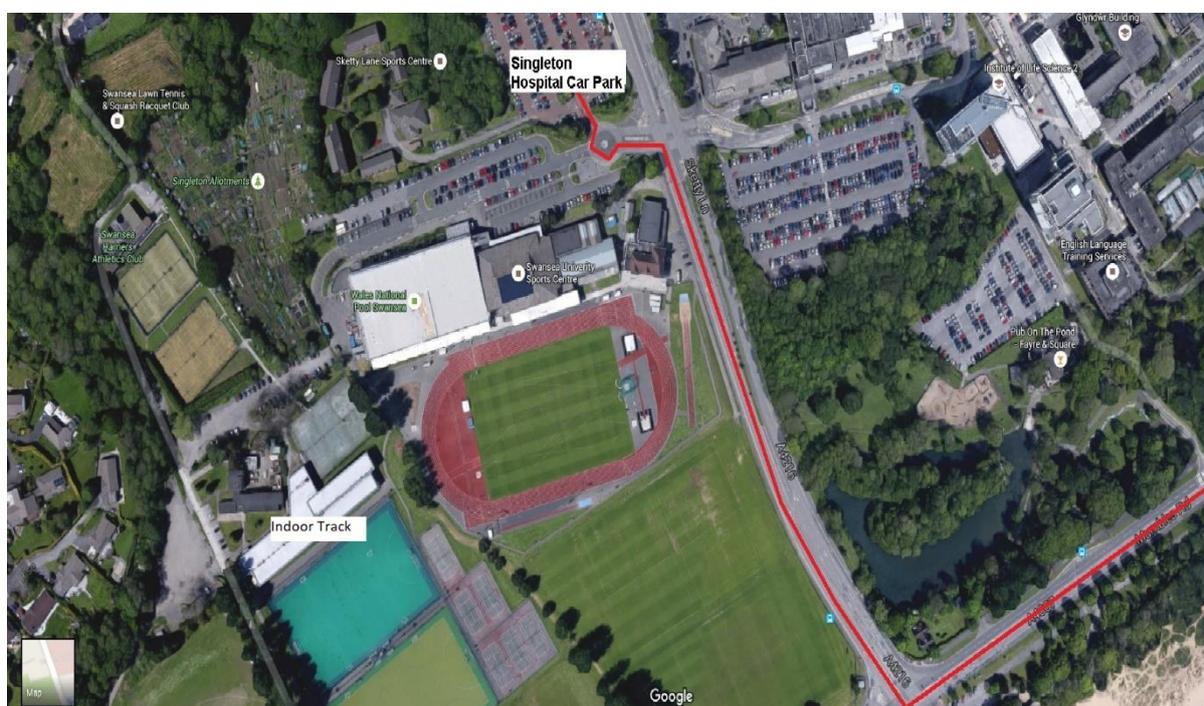
- Please arrive no later than 45 minutes before reporting time (shot) / call room time (track) to register and collect number and pins.
- Maximum 6 competitors in each 60m sprint race.
- Maximum 4 competitors in each 60m hurdles race.
- Qualification for track FINALS will be the fastest 6 times in 60m and fastest 4 times in 60m hurdles for all age groups (where required).
- Track finals will be run at heat times if there are not enough competitors for heats on the day.
- Track event athletes must be in the warm up / call room area no later than 10 minutes before start time.
- Seeding for track events will take place prior to athletes arriving in call room. These will be displayed on OpenTrack live.
- If an athlete has a track and a field event at the same time, please sign in at the shot before competing in the track event.
- Shot: U11, U13 & U15 athletes will have three trials. U17, U20 & Senior athletes will have an optional six trials.
- Shot athletes should report directly to the event for warm up at the 'reporting time' shown on the timetable.
- Numbers to be worn on the front and back for all events.
- West Wales medals will be presented to the top three in each age group and event.
- Medals will be presented at the field event locations and at the finish line for track events by our volunteer officials.
- Note that Swansea University has implemented a maximum capacity in the venue to comply with new fire regulations, therefore we will have to restrict competitors to one parent/guardian each.
- Volunteers are required, supporting the qualified officials, please offer

your assistance if you are able to help.

- **Please check the final timetable and event information very carefully for the event start times and reporting times for your event/s, as there have been some adjustments to the provisional timetable advertised earlier this month, the shot in particular.**

PARKING

Please note that parking will be busy at the Sports Park on Saturday. As a result, those attending this weekend's athletics event are asked to park at the **Singleton Hospital Staff Car Park**, shown on the map below and is free of charge.



START LISTS & LIVE RESULTS

Event Results will be available online shortly after each event has concluded (using the OpenTrack platform - which has also been used for all other Welsh Athletics indoor competitions this season).

Scan the QR code on the timetable or go to:

<https://data.opentrack.run/en-gb/x/2024/GBR/ww-indoor1/event/>