

Swansea Harriers Gwilym & Pat Evans Memorial Track & Field Open Meeting 2023 – Information / Gwybodaeth



Swansea University Athletics Track – Sunday 23rd April

GENERAL

- **All athletes will need to sign in to collect their numbers and pins at least 1 hour before their first event, upstairs in the white pavilion by the 100m start line. Athletes entered into the 150m or 200m manually by admin (since the event became available on 7th April) are asked to pay the £4 entry fee at the registration desk.**
- **Athletes will report directly to the event site – track events 10 minutes and field events 20 minutes before start time (50 minutes for pole vault)**
- **Long Jump, Triple Jump, Shot, Discus, Javelin & Hammer: four trials each.**
- **If an athlete has a track event and a field event timetabled at the same time, please sign in at the field event before competing in the track event. Athletes can then return to the field to complete trials after the race. High Jump and Pole Vault athletes will need to re-join the event at whatever height the bar has increased to.**