

**WELSH ATHLETICS JUNIOR OPEN MEETING – WEST DIVISION (U11, U13 & U15) –  
CWRT HERBERT SPORTS CENTRE, NEATH – SUNDAY 21ST AUGUST**

**TRACK / TRAC**

T01	11:15	70m Hurdles	U13G
T02	11:25	75m Hurdles	U13B
T03	11:35	75m Hurdles	U15G
T04	11:45	80m Hurdles	U15B
T05	12:00	150m	U11G
T06	12:10	150m	U11B
T07	12:20	200m	U13G
T08	12:30	200m	U13B
T09	12:40	200m	U15G
T10	12:50	200m	U15B
T11	13:00	800m	U11G
T12	13:10	800m	U11B
T13	13:20	800m	U13G
T14	13:30	800m	U13B
T15	13:40	800m	U15G
T16	13:50	800m	U15B
T17	14:15	75m	U11G
T18	14:30	75m	U11B
T19	14:45	100m	U13G
T20	15:00	100m	U13B
T21	15:15	100m	U15G
T22	15:30	100m	U15B
T23	15:40	1500m	U13G
T24	15:50	1500m	U13B
T25	16:00	1500m	U15G
T26	16:10	1500m	U15B
T27	16:20	4 x 100m	U11G
T28	16:25	4 x 100m	U11B
T29	16:30	4 x 100m	U13G
T30	16:35	4 x 100m	U13B
T31	16:40	4 x 100m	U15G
T32	16:45	4 x 100m	U15B

**FIELD / CAE**

F01	11:00	Hammer	U15B & U15G
F02	11:00	Long Jump	U13B & U15B
F03	11:00	Shot	U11B & U11G
F04	12:10	Shot	U13B & U15B
F05	12:10	Javelin	U13G
F06	12:10	Long Jump	U11B
F07	13:10	Discus	U13G, U13B & U15G
F08	13:10	Javelin	U11B & U11G
F09	13:30	Long Jump	U13G
F10	14:15	High Jump	U13B & U15B
F11	14:15	Javelin	U15G
F12	14:45	Long Jump	U15G
F13	15:15	High Jump	U13G & U15G
F14	15:15	Javelin	U13B & U15B
F15	16:00	Long Jump	U11G
F16	16:15	Shot	U13G & U15G

**3 trials per athlete in field events except  
vertical jumps**

**REPORT TO TRACK EVENTS:  
10 minutes before start time**

**REPORT TO FIELD EVENTS:  
10 minutes before start time**

**LIVE RESULTS / CANLYNIADAU BYW – SCAN QR CODE**

