

Dyfed Schools and the Welsh Secondary Schools Cross Country Championships

Many thanks to Peter Morris Cardiff and Vale of Glamorgan Schools for his help with the early results.

The first Welsh schools cross country championships were held on 4th March 1961 at Newtown High School Newtown.

Record of Dyfed Schools in the Welsh schools cross country championships

Teams

25 Overall Inter District Team winners (Presidents Cup) since 1988.

Overall Team winners every year between 1993 and 2017 (shared with Cardiff and Vale of Glamorgan schools in 2011).

Scored a total of 57 points out of maximum 60 points in 1999; 78 points out of 80 in 2005 and 2006; 117 points out of 120 points in 2010.

- **Won a total of 97 Welsh schools individual age group team cups.**
- **Won 7 out of 8 team cups in 2006 and 2010; Won 6 out of 8 team cups in 2004,2007,2008 and 2012.**

It was an honour for me to be the Dyfed Schools AA Hon Secretary, the team coordinator and team manager of all the teams in the period 1996 to 2019 and to see all the teams and athletes do so well.

It is a pleasure to record the success of Dyfed schools teams and athletes.

Many thanks to all the Dyfed schools athletes, PE staff, Dyfed club coaches and parents for their support always.

Individual championships

69 Individual champions

- **Dewi Griffiths (Tregib School Llandeilo won five individual races 1 JB; 2 MB and 2 SB.) He was 14th in his first JB race. This no doubt made him more determined to succeed at cross country. Dewi went on to compete for Great Britain 18 times at cross country, track, road, and mountain running.**

For the first nine years (1961 -69) only Senior Boys and Junior Boys events were held.

The first Middle Boys event was held in 1970.

Senior Girls and Junior Girls were added to the programme in 1970. Middle Girls age group was added in 1974.

Year 7 Girls and Y7 Boys races were added in 2004.

Venue of the Welsh schools cross country championships

1961- 1978	Newtown High School Newtown
1979 -1981	Llandrindod Wells
1981	Builth Wells
1982	Llandrindod Wells
1983-1994	Newtown Trehafren
1985	Llantwit Major
1986-1987	Newtown Trehafren
1988	Newtown Dolerw
<u>1</u> 989	Porthkerry Park Barry
1990-1993	Newtown Dolerw
1994- 2000	Llanidloes High school Llanidloes
2002-2020	Brecon High School

Between 1961 and 1973 some but not all the 22 Welsh county schools took part. After reorganisation, the eight Schools Districts competed from 1974 onwards.

The eight schools District continued to compete as Districts after the reorganisation again in 1996

Chris Loosley Ardwyn Grammar School Aberystwyth won the senior boys race in 1962,1963 and 1964

<u>Year</u>	<u>Dyfed overall team result and individual age group team result. Also Dyfed Schools District winners in the individual races</u>
04/03/1961	-
03/03/1962	Chris Loosley Ardwyn won SB
02/03/1963	Chris Loosley Ardwyn won SB
07/03/1964	Chris Loosley Ardwyn won SB
06/03/1965	Cancelled because of severe weather
19/03/1966	Gareth Davis Ardwyn won SB; Frank Thomas Cardigan JB
04/03/1967	Gareth Davis Ardwyn won SM; J Evans Carmarthen won JB;
02/03/1968	Frank Thomas Ardwyn won SB
01/03/1969	-
07/03/1970	-
06/03/1971	-
04/03/1972	-
03/03/1973	-
02/03/1974	Steve Rolfe Carmarthen won SB
01/03/1975	-
06/03/1976	-
05/03/1977	Caroline Morgan Preseli won SG
04/03/1978	Robert Davies Carmarthen won SB; Gillian Irvine MG
23/03/1979	Won two age group team events JB and SG Jackie Thomas Lampeter won JG
14/03/1980	-
21/03/1981	1 South Glamorgan 489
19/03/1982	1 South Glamorgan 607
19/03/1983	1 Clwyd 747 Gerallt Owen Ardwyn won JB

03/03/1984	1 South Glamorgan 642 Won one age group team event MG
02/03/1985	1 South Glamorgan 365
22/03/1986	No event – Snow
07/03/1987	1 West Glamorgan 772 Nicola Morgan Dyffryn Taf won MG
05/03/1988	1 Dyfed 676 Gerallt Owen Ardwyn won SB
04/03/1989	1 South Glamorgan 707 Won two age group team events JB and SG Vicky Hamer Greenhill won SG
03/03/1990	1 Dyfed 717 Won one age group team cup SB Carl Hyde Coedcae won JB; Anwen Evans JG
02/03/1991	1 Dyfed 671 Won one age group team cup JB Alan Jones Aberaeron won JB; Angharad Howells Aberaeron JG
07/03/1992	1 Gwent 670 Won two age group cups JB; MB
06/03/1993	1 Dyfed 606 Won two age group team cups JB; MB
05/03/1994	1 Dyfed 619 Won one age group team cup MB
11/03/1995	1 Dyfed 47(max 60) Won one age group team cup SB Andres Jones Aberaeron won SB
09/03/1996	1 Dyfed 50 (max 60) Won two age group team cups MG and SB
08/03/1997	1 Dyfed 52 (max 60) Won one age group team event JB Sion Meredith Penweddig won SB
07/03/1998	1 Dyfed 51 (max 60) Won two age group team cups JB and SG
06/03/1999	1 Dyfed 57 (max 60) Won four age group team cups; JB; MB; David Jones QE Mardinum won MB
11/03/2000	1 Dyfed 52 max 60) Won three age group team cups JB; M and SG
2001	Event cancelled because of foot and mouth crisis
09/03/2002	1 Dyfed 55 (max 60) Won two age group team cups JG and MB
08/03/2003	1 Dyfed 54 (max 60) Won four age group cups SG; JG; SB; and SG
13/03/2004	1 Dyfed 74 (max 80); 2 Cardiff and Vale of Glamorgan 58; 3 Eryri 57; 4 Afan Nedd Tawe 52; 5 Powys 49; 6 SE Wales 42; 7 NE Wales 36; 8 Glamorgan Valleys Won five age group team cups Y7B; JG; JB; SG and SB; 2nd Y7G and MB Lee Ladd Aberteifi won MB; Kayleigh Brown Tregib JG
19/03/2005	1 Dyfed 78 (max 80); 2 Cardiff and Vale of Glamorgan 59; 3 Powys 51; 4 Afan Nedd Tawe 50; 5 NE Wales 47; SE Wales 46; 7 Eryri 40; 8 Glamorgan Valleys 27 Won six age group team cups – 7G; Y7B; JB; MG; SG and SB; 2nd in JG and MB

	Lee Ladd Aberteifi won SB; Dewi Griffiths Tregib JB; Andrew Drakeley Penglais Y7B; Jade Williams St Michaels Y7G; Gemma Leahy Bro Gwaun SG
25/03/2006	1 Dyfed 78 (max 80); 2 Cardiff and Vale of Glamorgan 66; 3 Afan Nedd Tawe 55; 4 SE Wales 50; 5= NE Wales 43; 5= Powys 43; 7 Glamorgan Valleys 39; 8 Eryri 38 Won six age group team cups – Y7G; JG; MG; MB; SB 2 nd Y7B; JB and SG Dewi Griffiths Tregib won MB; Lauren Harries Penweddig Y7G
18/03/2007	1 Dyfed 75 (max 80) Won five age group team cups – Y7G; JG; JB; MG; SG; 2 nd Y7; MB Dewi Griffiths Tregib won SB; Jade Williams St Michaels JG
08/03/2008	1 Dyfed 73 (max 80) Won five age group team cups – JG; JB; MG; SG; SB; 2 nd Y7B; 3 rd Y7G Dewi Griffiths Tregib won SB; Alaw Beynon-Thomas Strade SG
08/03/2009	1 Dyfed 113 (max 120); 2 Cardiff and Vale of Glamorgan 107; 3 NE Wales 84; 4 SE Wales 75; 5 Powys 73; 6 Eryri 70; 7 Afan Nedd Tawe 62; 8 Glamorgan Valleys 52 Won three age group team cups JG; SG; SG; 2 nd Y7G; JB; MG and MB Dewi Griffiths Tregib won SB;
27/03/2010	1 Dyfed 117 (max 120) Won six age group cups – Y7G; MG; SG; Y7B; JB; SB; 2 nd MB; 3 rd JG Megan Withers Tasker Milward won MG
16/03/2011	1= Dyfed and Cardiff and Vale of Glamorgan 113 (max 120); 3 Eryri 82; 4 Powys 78; 7 NE Wales 77; 6 SE Wales 74; 7 Glamorgan Valleys 70; Afan Need Tawe 64 Won four age group Cups (Cardiff and Vale 3) Y7G; Y7B; MG; and SG; 2 nd JG and MB; 3 rd JB and SB Megan Withers Tasker Milward won MG
25/02/2012	1 Dyfed 116 (max 120); 2 Cardiff and Vale of Glamorgan 100; 3 Afan Need Tawe 81; 4 Powys 72; 5 Eryri 70; 6 Glamorgan Valleys 67; 7 SE Wales 61; 8 NE Wales 60 Won five age group team cups – Y7G; JG; JB; SG; SB; 2 nd Y7B and MG; 3 rd MB Liam Lloyd Strade won SB; Nikita Neary Dyffryn Taf JB
23/02/2013	1 Cardiff and Vale of Glamorgan 117; 2 Dyfed 113; 3 Afan Nedd Tawe 68; 4 Eryri 54; 5 Powys 53; 6 NE Wales 50; 7 SE Wales 48; 8 Glamorgan Valleys 38 Won three age group cups Y7B; JB and SG; 2 nd JB, MB, MG, and SB
01/02/2014	1 Dyfed 115 (max 120); 2 Cardiff and Vale of Glamorgan 99; 3 Afan Nedd tawe 78; 4 Eryri 76; 5 Powys 71; 6 SE Wales 64; 7 NE Wales 54; 8 Glamorgan Valleys 48 Won four age group cups JG; MG; SG and MB; 2 nd Y&B; JB and SB. 3 rd Y7G Lucy Davies Dyffryn Taf won JG
11/02/2015	1 Dyfed 111 (max 120); 2 Cardiff and Vale of Glamorgan 104; 3 Glamorgan Valleys 96; 4 Eryri 83; 5 SE Wales 73; 6 Powys 72; 7 Afan Nedd Tawe 68 Won four age group cups Y7G; JB; SB and SB; 2 nd in Y7B; MG and MB Christian Lovatt Dyffryn Aman won SB
10/02/2016	1 Dyfed 106; 2 Eryri 100; 3 Cardiff and Vale of Glamorgan 93; 4 SE Wales 82; 5 Glamorgan Valleys 75; 6 Powys 70; 7 Afan Nedd Tawe 68; 8 NE Wales 66 Won three age group cups – Y7B; MB and SB; 2 nd in SG and 3 rd in JB Daisy Thompson Bro Myrddin won Y7G
18/03/2017	1 Dyfed 102; 2 Cardiff and Vale of Glamorgan 99; 3 Eryri 98 Won one age group Cup SB; 2 nd JB; and SG; 3 rd MB Frank Morgan Bro Myrddin won Y7B
07/03/2018	1 Cardiff and Vale of 107; 2 Eryri 103; 3 Dyfed 98; 4 SE Wales 87; 5 Afan Nedd Tawe 75; 6 Glamorgan Valleys 73; 7 NE Wales 73; 8 Powys 71 Won two age group team cups Y7G and JB; 3 rd SG and SB Adam Beer Glany Mor won JB

13/02/2019	1 Cardiff and Vale of Glamorgan 114; 2 Dyfed 104 ; 3 SE Wales 97; 4 Eryri 92; 5 Powys 76; 6 Glamorgan Valleys 74; 7 NE Wales 66; 8 Afan Nedd Tawe 65 Won one age group team event Y7B; 2nd in JG and SG; 3rd in JB and SB Frank Morgan Bro Myrddin won JB; Iwan Thomas Glan y Mor won Y7B
11/03/2020	1 Cardiff and Vale of Glamorgan 111; 2 Dyfed 91 ; 3 Glamorgan Valleys 91; 4 Eryri 91; 5 SE Wales 77; 6 Afan Nedd Tawe 71; 7 NE Wales 64; 8 Powys 63 Won three age group team cups Y7B; JB and SB Adam Beer Glan y Mor won MB; William Harris Haverfordwest High Y7B
2021	2021 Welsh Schools cross country championships at Brecon (cancelled Covid -19 pandemic.)

Hedydd Davies