

Beca and Osian Roberts

Beca Roberts

Lead Coach Philip Warwicker 2019-

Personal Bests

100 15.00 (2017); 200 28.19 (2017); 800 2.30.82; (2017)

60H 9.60i (2018); 75H 12.53 (2017); 80H 13.0 (2018)

300H 47.27 (2018)

HJ 1.59i (2018); LJ 5.07i (2018); TJ 11.19 (2019)

SP 9.51i (2019); JT 21.92 (2018)

Pen U17 2802 (2018); PenU15 2541 (2017) PeniU17 3023i (2018); PeniU15 2997i (2017)

Beca Roberts's Athletics Career to date (November 2020)

Beca first joined Carmarthen and District Harriers Athletics Club as an under 11 member and competed for the Club in the novice girls Gwent Cross Country League races and then rejoined her local Club Sarn Helen for two seasons

As Sarn Helen did not offer track competition she rejoined Carmarthen Harriers and was coached by Dorrien Thomas

Beca lives in Cwmann, near Lampeter and is a pupil at Ysgol Bro Pedr Lampeter. Her home is 23 miles away from the nearest track at Carmarthen

With the help of Carmarthen Harriers Beca soon developed into an extremely talented triple jumper and combined events athlete

2020 has been a disaster for many young athletes and deprived them of many athletics honours

In Beca's short career her achievements so far (November 2020) are as follows;-

- **6 Welsh or Welsh Schools Championship gold medals**
- **5 Welsh Schools vests in SIAB Schools Internationals (3 indoors and 2 outdoors)**
- **Represented Wales in 1 Celtic Junior Games and Wales in 1 Indoor U20 international**

Beca is a faithful member of Carmarthen Harriers, Dyfed Schools and West Wales teams and is always willing to compete in as many events as possible

Beca Roberts's Milestones in her athletics career so far (November 2020) (140 recorded performances)

2013 Under 11 Sarn Helen (3 Recorded Performances)

XC	7	6.59	Bridgend	Gwent Cross Country League Match	10 Nov 2013
XC	8	7.18	Bath	Gwent Cross Country League Match	8 Dec 2013
XC	9	8.15	Pontypool	Gwent Cross Country League Match	19 Oct 2013

2014 First Year Under 13 Sarn Helen (9 Recorded Performances)

XC	6	7.41	Cardiff	British Athletics Cross Challenge	19 Jan 2014
XC	6	6.33	Llandeilo	Welsh Cross Country Championships	15 Feb 2014
XC	12	9.16	Builth Wells	Welsh Inter Regional Championships	13 Dec 2014
XC	9	11.30	Brecon	Welsh Inter Schools Championships	15 Nov 2014

2015 Second Year Under 13 Sarn Helen(5 Recorded Performances)

XC	19	14.35	Corwen	Welsh Cross Country Championships	21 Feb 2015
XC	2	8.23	Oakwood	Dyfed Schools Championships	20 Jan 2015
XC	6	11.35	Brecon	Welsh Schools Championships	11 Feb 2015

2016 First Year Under 15 Carmarthen Harriers (5 Recorded Performances)

XC	39	12.23	Builth Wells	Welsh Inter Regional Championships	10 Dec 2016
XC	27	14.51	Swansea	Welsh Championships	27 Feb 2016
XC	53	10.51	Brecon	Welsh Schools Championships	10 Feb 2016

2017 Second Year Under 15 Carmarthen Harriers (46 Recorded Performances)

100	2	15.00	Swansea	Swansea Harriers Open Meeting	9 Apr 2017
200	2	28.19	Swansea	Louise Arthur League Match	9 Jul 2017
800		2.30.82i	Glasgow	SIAB Schools CE International	10 Nov 2017
60H		9.82i	Cardiff	Welsh U15 CE Championships	7 Oct 2017
75H		12.53	Sportcity	England U15 CE Championships	12 Aug 2017
HJ		1.53i	Glasgow	SIAB Schools CE International	10 Nov 2017
HJ	4	1.45	Wrexham	Welsh U15 Championships	20 Aug 2017
LJ		4.97i	Glasgow	SIAB Schools CE International	10 Nov 2017
LJ	3	4.92	Wrexham	Welsh U15 Championships	20 Aug 2017
LJ	4	4.82	Cardiff	Welsh Schools Championships	1 Jul 2017
SP		7.86i	Glasgow	SIAB Schools CE Championships	10 Nov 2017
JT		17.74	Sportcity	England U15 CE Championships	12 Aug 2017
Pen	3	2541	Swansea	Welsh U15 CE Championships	24 Jun 2017
Pen	12	2997i	Glasgow	SIAB Schools CE International	10 Nov 2017
Pen	3	2872i	Cardiff	Welsh U15 CE Championships	7 Oct 2017
Hex	15	2760	Sportcity	England U15 CE Championships	13 Aug 2017
XC	37	16.47	Brecon	Welsh Schools Championships	18 Mar 2017
XC	23	19.34	Swansea	Welsh Cross Country Championships	25 Feb 2017

2018 First Year Under 17 Carmarthen Harriers (55 Recorded Performances)

200		28.84	Street	Somerset Schools CE Championships	28 Apr 2018
800		2.33.04i	Cardiff	Welsh U17 CE Championships	27 Oct 2018
60H	2	9.60i	Swansea	West Wales U17 Championships	21 Jan 2018
80H		13.13	Swansea	Welsh U17 CE Championships	9 Jun 2018
300H	3	47.27	Neath	West Wales Championships	23 Jun 2018
300H	6	48.71	Newport	Welsh U17 Championships	23 Jun 2018
HJ		1.59i	Cardiff	Welsh U17 CE Championships	21 Oct 2018
HJ	4	1.50i	Cardiff	Welsh Senior Indoor Championships	27 Jan 2018
LJ		5.07i	Glasgow	SIAB Schools Indoor CE International	3 Nov 2018
TJ	4	10.80	Grangemouth SCO	Celtic Junior International	4 Aug 2018
TJ	7	10.75	Grangemouth SCO	SIAB Schools International	21 Jul 2018
TJ	1	10.74	Newport	Welsh Championships	23 Jul 2018
TJ	1	10.65	Cardiff	Welsh Schools Championships	7 Jul 2018
SP		8.46	Street	Somerset Schools CE Championships	28 Apr 2018
JT		21.92	Street	Somerset Schools CE Championships	28 Apr 2018
Pen	4	2802	Swansea	Welsh CE Championships	9 Jun 2018
Pen	12	2999i	Glasgow	SIAB Schools Indoor CE Championships	3 Nov 2018
Hep	7	3562	Street	Somerset Schools CE Championships	28 Apr 2018

2019 Second Year Under 17 Carmarthen Harriers (25 Recorded Performances)

800		2.39.38i	Cardiff	Welsh Indoor CE Championships	3 Nov 2019
60H		9.66i	Cardiff	Welsh Indoor CE Championships	3 Nov 2019
HJ	3	1.50i	Swansea	West Wales Championships	13 Jan 2019
LJ		5.04i	Cardiff	Welsh Indoor CE Championships	3 Nov 2019
TJ	4	11.19	Swansea	SIAB Schools International	20 Jul 2019
TJ	1	10.96	Cardiff	Welsh Schools Championships	6 Jul 2019
TJ	1	10.88	Wrexham	Welsh Under 20 Championships	15 Jun 2019
TJ	1	10.82i	Cardiff	Welsh Indoor Under 20 Championships	2 Feb 2019
TJ	3	10.74i	Cardiff	Welsh Athletics International	3 Mar 2019
TJ	1	10.69	Aberdare	Welsh Inter Regional Championships	4 Aug 2019
TJ	3	10.68i	Cardiff	Welsh Indoor Senior Championships	27 Jan 2019
Pen	4	3012	Cardiff	Welsh U17 CE Championships	3 Nov 2019
Pen	15	2762	Glasgow SCO	SIAB Schools CE International	30 Nov 2019

2020 First Year Under 20 Carmarthen Harriers (3 recorded Performances)

TJ	5	11.14	Yeovil	Yeovil Summer Field Open	29 Aug 2020
TJ	4	10.90	Yate	Yate Sprints and Hurdles Meeting	13 Sep 2020
TJ	5	10.90	Yate	Yate Open Field Event	20 Sep 2020

Osian Roberts

Lead Coach Philip Warwicker

Personal Bests

200 25.93i (2019); 800 2.35.15i (2019)
70H 14.4 (2017); 60H 9.15i (2019); 75H 12.9 (2018); 80H 13.0 (2019); 100H 14.8w (2020)
HJ 1.88 (2020); LJ 5.32i;(2019); TJ 10.27 (2019)
SP4K 8.91i (2019);SP3K 7.28i (2018)
QuadU13 1054 (2018); QuadU13i 1366i (2018)

Osian Beca Roberts's younger brother first competed in the Carmarthenshire primary schools' hurdles championship in May 2017 and was persuaded to join Carmarthen and District Harriers Athletics Club and he joined in March 2018

He soon developed into an outstanding high jump, hurdles and combined events athlete with the help of Carmarthen Harriers coaches

Osian like so many other young athletes have in 2020 been deprived of athletics honours in 2020

Since 2018 Osian has already achieved so far (November 2020) the following success in athletics

- **9 Welsh or Welsh Schools Championship gold medals (6 high jump,2 hurdles and 1 triple jump)**
- **Won the England Indoor under 15 high jump championship in January 2020**

Like his sister Beca Osian is a faithful member of Carmarthen Harriers and a valuable member of Dyfed Schools and West Wales teams

Osian Roberts Athletics Career to date (November 2020 (61 Recorded Performances)

2017 First Year Under 13 (2 Recorded Performances)

70H	1	14.4	Carmarthen	Carmarthenshire P Sch Championships	8 May 2017
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2018 Second Year Under 13 Carmarthen Harriers (17 Recorded Performances)

800		2.35.15i	Cardiff	Welsh Indoor U13 CE Championships	21 Oct 2018
60H		10.02i	Cardiff	Welsh Athletics U13 CE Championships	21 Oct 2018
75H	1	12.9	Haverfordwest	Gerald Codd Trophy Match	12 Aug 2018
75H	1	13.17	Swansea	Welsh U15 League Cup Final	19 Aug 2018
75H	1	13.30	Newport	Welsh U13 Championships	23 Jun 2018
HJ	1	1.52	Swansea	Welsh U15 League Cup Final	19 Aug 2018
HJ	1	1.45	Newport	Welsh U13 Championships	23 Jun 2018
LJ		4.22i	Cardiff	Welsh Indoor U13 CE Championships	21 Oct 2018
SP		7.28i	Cardiff	Welsh Indoor U13 CE Championships	21 Oct 2018

Quad	2	1054	Swansea	Welsh U13 CE Championships	9 Jun 2018
Quad	2	1366i	Cardiff	Welsh Indoor U13 CE Championships	21 Oct 2018

2019 First Year Under 15 Carmarthen Harriers (32 Recorded Performances)

200		25.93i	Cardiff	Welsh U15 Indoor CE Championships	3 Nov 2019
800		2.35.15i	Cardiff	Welsh U15 Indoor CE Championships	3 Nov 2019
60H		9.35i	Cardiff	Welsh U15 Indoor CE Championships	3 Nov 2019
60H	4	10.03i	Cardiff	Welsh U15 Indoor Championships	2 Feb 2019
80H	2	13.0	Carmarthen	Louise Arthur League Match	25 May 2019
80H	2	13.24	Aberdare	Welsh Inter Regional Championships	4 Aug 2019
HJ	1	1.75	Wrexham	Welsh U15 Championships	15 Jun 2019
HJ	5	1.72	Bedford	England U15 Championships	1 Sep 2019
HJ	1	1.70	Cardiff	Welsh Schools Championships	6 Jul 2019
HJ	1	1.65	Aberdare	Welsh Inter Regional Championships	4 Aug 2019
HJ	1	1.63i	Cardiff	Welsh Indoors U15 Championships	3 Feb 2019
LJ		5.32i	Cardiff	Welsh U15 Indoors CE Championships	3 Nov 2019
TJ	2	10.27	Wrexham	Welsh U15 Championships	15 Jun 2010
TJ	1	9.66i	Cardiff	Welsh Athletics International	3 Mar 2019
SP		8.91	Cardiff	Welsh U15 Indoor CE Championships	3 Nov 2019
Pen	6	2329i	Cardiff	Welsh U15 Indoors CE Championships	3 Nov 2019

2020 Second Year Under 15 Carmarthen Harriers (10 Recorded Performances)

60H	3h	9.16	Sheffield	England U15 Indoors CE Championships	20 Feb 2020
60H	1	9.22i	Cardiff	Welsh U15 Indoor Championships	2 Feb 2020
100H	2	14.6	Yate	Yate Sprints and Hurdles Meeting	13 Sep 2020
HJ	1	1.88	Cardiff	Welsh Indoors U15 Championships	2 Feb 2020
HJ	3	1.88	Yate	Yate Open Field Events Event	20 Sep 2020
HJ	1	1.85i	Swansea	West Wales U15 Indoor Championships	11 Jan 2020
HJ	1	1.80i	Sheffield	England U15 Indoor Championships	20 Feb 2020