

## Joshua Madden

**Coaches Carmarthen coaches Dorrien Thomas and Ralph Siggery**

### Personal Bests

Tril 1701i(2008); 60 7.79i(2007); 100 12.23/11.81w (2008/2007); 200 24.43i (2006); 400 55.17 (2007); 800 2.17.20 (2006); 1500 5.07.75 (2007).

60H 8.82i (2008) ; 60H U17 8.61i(2007); 60H U15 9.03i(2005).

80H U15 11.83 (2006)/11.5 (2005); 100H U17 13.80 (2007); 110H 17.4 (2007)

HJ 1.90 (2007); LJ 6.18 (2007)

SP 7.26K 9.56i (2008; SP 6K 11.21 (2008); SP 5K 12.33 (2007); SP 4K 12.20i (2005)

DT 1.75 35.44 (2008); DT 1.5 34.80 (2007)

JT 800 56.60 (2008); JT 700 57.91 (2007); JT 600 58.75 (2006)

Pen U17 2779; Pen U15 2856i; Oct U17 4874 (2007); Dec U17 5158 (2006)

Josh Madden a Queen Elizabeth Maridunum School pupil joined Carmarthen and District Athletics Club as a second Year under 15 athlete in 2005

Coached by the Harriers coaches Dorrien Thomas and Ralph Siggery he soon became an outstanding athlete in the high jump, javelin and combined events (both indoors and outdoors). He won many Welsh and Welsh schools' championships in his specialist events

**Josh is the only Carmarthen Harriers athlete to have won an event at the SIAB (England, Ireland and Wales ) schools international athletics match (Newport 2007 , at three Celtic Games (Ireland, Scotland, Wales and Ulster) (Carmarthen 2005 Waterford IRE 2006 and Antrim NI in 2007), and finish second in the UK championships (Don Valley 2007)**

A summary of his major successes is listed below

### 2005 (Under 15)

HJ	1	1.75	Cardiff	Welsh U15 Championships	18 Jun 2005
JT	1	51.29	Carmarthen	Celtic Games	6 Aug 2005
JT	1	45.58	Cardiff	Welsh Schools Championships	2 Jul 2005
Pen	9	2675i	Glasgow	SIAB Schools International Pentathlon	10 Dec 2005

### 2006 (First year Under 17)

JT	1	58.75	Waterford IRE	Celtic Games	12 Aug 2006
Pen	11	3007	Glasgow	SIAB Schools International Pentathlon	9 Dec 2006
Dec	3	5258	Hexham	Hexham International CE Meeting	3 Sep 2006

### 2007 Under 17

JT	2	57.91	Don Valley	England U17 Championships	12 Aug 2007
JT	1	57.75	Newport	SIAB Schools International	21 Jul 2007
JT	1	55.01	Antrim NI	Celtic Games	4 Aug 2007
JT	4	54.98	Coventry	UK School Games	25 Aug 2007

## 2008 (First year Under 20)

JT	1	54.70	Connah's Quay	Welsh U20 Championships	12 Jul 2008
JT	1	53.37	Brecon	Welsh Schools Championships	5 Jul 2008
Pen	1	2771	Carmarthen	Welsh Schools Pentathlon Champs	28 Jun 2008

## Joshua (Josh) Madden's athletics career milestones (195 Recorded Performances) – main results

### 2005 Under 15 Carmarthen Harriers

200		25.38i	Cardiff	Welsh Schools CE Championships	20 Nov 2005
800		2.20.00i	Cardiff	Welsh Schools CE Championships	20 Nov 2005
60H		9.03i	Glasgow	SIAB Schools International Pentathlon	10 Dec 2005
HJ	1	1.75	Aberdare	Welsh Junior League	30 Apr 2005
<b>HJ</b>	<b>1</b>	<b>1.75</b>	<b>Cardiff</b>	<b>Welsh U15 Junior Championships</b>	<b>18 Jun 2005</b>
<b>HJ</b>	<b>3</b>	<b>1.70</b>	<b>Carmarthen</b>	<b>Celtic Games</b>	<b>6 Aug 2005</b>
HJ	2	1.65	Brecon	Welsh Schools Championships	2 Jul 2005
LJ		5.50i	Cardiff	Welsh Schools CE Championships	20 Nov 2005
SP		12.20i	Glasgow	SIAB Schools International Pentathlon	10 Dec 2005
JT	2	48.11(700g)	Carmarthen	Carmarthen Throws Competition	19 Jul 2005
<b>JT</b>	<b>1</b>	<b>51.29(600g)</b>	<b>Carmarthen</b>	<b>Celtic Games</b>	<b>6 Aug 2005</b>
<b>JT</b>	<b>1</b>	<b>45.58(600g)</b>	<b>Cardiff</b>	<b>Welsh Schools Championships</b>	<b>2 Jul 2005</b>
Pen	2	2585	Cardiff	Welsh Schools CE Championships	25 Jun 2005
Pen	2	2856i	Cardiff	Welsh Schools CE Championships	20 Nov 2005
<b>Pen</b>	<b>9</b>	<b>2675i</b>	<b>Glasgow</b>	<b>SIAB Schools International Pentathlon</b>	<b>10 Dec 2005</b>

### 2006 Under 17 Carmarthen Harriers

100		12.23	Hexham	Hexham CE International Meeting	2 Sep 2006
200		24.43i	Cardiff	Welsh Schools CE Championships	25 Nov 2006
400		57.08	Hexham	Hexham CE International Meeting	2 Sep 2006
800		2.17.20	Carmarthen	Welsh Schools CE Championships	24 Jun 2006
1500		5.18.30	Hexham	Hexham CE International Meeting	2 Sep 2006
60H		8.61	Glasgow	SIAB Schools CE International	9 Dec 2006
80H	2	11.5	Brecon	Welsh NASUWT Cup Championship	12 Jul 2006
100H	2	14.4	Telford	UK YA League Match	4 Jun 2006
100H	3	14.57	Cardiff	Welsh U17 Championships	9 Jul 2006
HJ	1	1.83	Carmarthen	Dyfed Schools Championships	10 Jun 2006
HJ	3	1.80	Brecon	_Welsh Schools Championships	1 Jul 2006
HJ	1	1.80	Cardiff	Welsh Inter Regional Championships	27 Aug 2006
PV		2.54	Hexham	Hexham CE International Meeting	3 Sep 2006
LJ		5.84i	Cardiff	Welsh Schools CE Championships	25 Nov 2006
SP		11.80i	Glasgow	SIAB Schools CE Championship	9 Dec 2006
DT		33.31	Hexham	Hexham CE International Meeting	2 Sep 2006
JT		42.00(800)	Aberdare	Welsh Senior League	6 Aug 2006
JT	1	51.25	Telford	UK YA League Match	4 Jun 2006
JT	2	49.99	Cardiff	Welsh U17 Championships	9 Jul 2006

JT	2	48.14	Brecon	Welsh Schools Championships	1 Jul 2006
<b>JT</b>	<b>1</b>	<b>58.75</b>	<b>Waterford IRE</b>	<b>Celtic Games</b>	<b>12 Aug 2006</b>
Pen	3	2779	Carmarthen	Welsh Schools CE Championships	24 Jun 2006
<b>Pen</b>	<b>11</b>	<b>3007</b>	<b>Glasgow</b>	<b>SIAB Schools CE International</b>	<b>9 Dec 2006</b>
Pen	3	2914i	Cardiff	Welsh Schools CE Championships	25 Nov 2006
<b>Dec</b>	<b>3</b>	<b>5158</b>	<b>Hexham</b>	<b>Hexham International CE Meeting</b>	<b>3 Sep 2006</b>

### 2007 Under 17 Carmarthen Harriers

100		11.81w	Stoke	Home Counties CE International	8 Sep 2007
400		55.17	Cwmbran	Welsh Schools CE Championships	30 Jun 2007
1500		5.07.75	Cwmbran	Welsh Schools CE Championships	1 Jul 2007
60H	2	8.68i	Cardiff	Welsh Indoor U17 Championships	28 Jan 2007
100H	3	13.80	Swansea	Welsh U17 Championships	17 Jun 2007
HJ`	1	1.90	Newport	Welsh Junior League Match	27 May 2007
HJ	2	1.80i	Cardiff	Welsh Indoor U17 Championships	27 Jan 2007
LJ		6.18	Cwmbran	Welsh Schools CE Championships	30 Jun 2007
SP		12.33	Cwmbran	Welsh Schools CE Championships	30 Jun 2007
SP	2	12.23i	Cardiff	Welsh Indoor U17 Championships	28 Jan 2007
SP		11.78	Stoke	Home Counties CE International	8 Sep 2007
DT		34.80	Cwmbran	Welsh CE Championships	1 Jul 2007
<b>JT</b>	<b>2</b>	<b>57.91</b>	<b>Don Valley</b>	<b>England U17 Championships</b>	<b>12 Aug 2007</b>
<b>JT</b>	<b>1</b>	<b>57.75</b>	<b>Newport</b>	<b>SIAB Schools International</b>	<b>21 Jul 2007</b>
<b>JT</b>	<b>1</b>	<b>55.01</b>	<b>Antrim NI</b>	<b>Celtic Games</b>	<b>4 Aug 2007</b>
<b>JT</b>	<b>4</b>	<b>54.98</b>	<b>Coventry</b>	<b>UK School Games</b>	<b>25 Aug 2007</b>
<b>JT</b>	<b>1</b>	<b>54.96</b>	<b>Swansea</b>	<b>Welsh U17 Championships</b>	<b>17 Jun 2007</b>
<b>JT</b>	<b>1</b>	<b>54.33</b>	<b>Brecon</b>	<b>Welsh Schools Championships</b>	<b>7 Jul 2007</b>
JT	1	52.94	Carmarthen	Dyfed Schools Championships	9 Jun 2007
Pen	2	3188	Cwmbran	Welsh Schools CE Championships	30 Jun 2007
Oct	2	4874	Cwmbran	Welsh CE Championships	1 Jul 2007

### 2008 Under 20 Carmarthen Harriers

100		12.32	Carmarthen	Welsh Schools CE Championships	28 Jun 2008
1500		5.18.18	Carmarthen	Welsh Schools CE Championships	28 Jun 2008
60H	1	9.20i	Sheffield	UKA Indoor City Challenge Final	17 Feb 2008
60H	2	8.81i	Cardiff	Welsh Indoor U20 Championships	13 Jan 2008
HJ	2	1.88	Swansea	Welsh Junior League Match	20 Apr 2008
HJ		1.80i	Sheffield	UKA Indoor City Challenge Final	17 Feb 2008
HJ		1.80	Connah's Quay	Welsh U20 Championships	12 Jul 2008
HJ		1.75	Brecon	Welsh Schools Championships	5 Jul 2008
LJ		5.97	Cannock	UK National Junior League Match	29 Jun 2008
LJ		5.83	Newport	Welsh Junior League Match	28 Jul 2008
SP		9.56i	Sheffield	UKA Indoor City Challenge Final	17 Feb 2008
DT	1	35.44	Newport	Welsh Junior League Match	28 Jul 2008
JT		56.80	Carmarthen	Welsh Schools CE Championships	28 Jun 2008
<b>JT</b>	<b>1</b>	<b>54.70</b>	<b>Connah's Quay</b>	<b>Welsh U20 Championships</b>	<b>12 Jul 2008</b>
<b>JT</b>	<b>6</b>	<b>54.70</b>	<b>Derby</b>	<b>Inter Territorial Match</b>	<b>10 Aug 2008</b>

JT	1	53.37	Brecon	Welsh Schools Championships	5 Jul 2008
Tril	5	1701i	Sheffield	UKA Indoor City Challenge Final	17 Feb 2008
Pen	1	2771	Carmarthen	Welsh Schools CE Championships	28 Jun 2008

**2009 Under 20 Carmarthen Harriers**

60H	2	9.0i	Swansea	West Wales U20 Indoor Championships	18 Jan 2009
DT	1	32.25	Swansea	Welsh Senior League	28 Jun 2009
JT	4	53.91	Cardiff	Welsh U20 Championships	13 Jun 2009
JT	1	51.43	Swansea	Welsh Inter Regional Championships	30 Aug 2009