

Ossie Morgan (d)

Ossie Morgan came to Carmarthen and District Harriers Athletics Club as a hurdles coach in the mid 1980's and for 30 years or so he faithfully came to the Carmarthen Track to coach his squad of hurdlers every Tuesday and Thursday evenings. He had several operations on his legs, but this did not stop him travelling every week from his home in Llannon Llanelli

He would always ring up to enquire what time the competition started, and he would always be present at all the events his athletes competed in.

Ossie coached very many athletes over the years, starting with beginners and slowly and patiently coaching them to become Welsh champions and internationals

Two of his athletes competed for Great Britain in the hurdles at Under 20 level

James Archampong 1995

Heather Jones 2005

The list below is some of the athletes he coached or helped to become Welsh hurdles champions or and Welsh internationals

Jon Armstrong

Amy Bergiers

Daniel Blain

Steven Boyles

Steven Edwards

Elen Evans

Gail Evans

Glen Elsdon

Daniel Evans (Ospreys) UK U15 80m Hurdles champion

Rebecca Gatehouse

Gareth James

Emma Jones

Martha Jones

Owen Jones

Samantha Jones

Jodi Lester

Nia Maynard

Alyce Phillips

Aled Price (GB international combined events indoors and outdoors)

Rhodri Scanlon

Graham Thomas

Megan Thomas

Dafydd Walters

Rhys Webb

Carol Whiteway

Aaron Willmott

Antoine Woodman

Ossie received well deserved awards from the following organizations

Welsh Athletics

Carmarthenshire County Council

Welsh Sports Council

Carmarthen Town Council

Carmarthen and District Harriers Athletics Club

A great coach and an excellent Carmarthen Harriers Committee member