#### **Kayleigh Brown**

#### **Personal Bests**

# 400m 61.48 (2007); 800m 2.12.08 (2010); 1500m 4.31.99; 3000m 10.30.05; 5000m 19.12.09 (2010); 1500m SCW 5.32.67 (2008);2000m SCW 7.46.97 (2006)

Kayleigh Brown came to live in Carmarthenshire when she was an U13 athlete. She attended Tregib School in Llandeilo and after leaving school went to study at Memphis University Tennessee USA

Her mother Delyth was a Welsh school's cross country international and has been an endurance coach with Carmarthen Harriers for the last 20 years. She has received from Welsh Athletics its meritorious award and several coaching awards. Delyth has been a Welsh team manager at many internationals and is currently the West Wales regional endurance coordinator

Kayleigh in her athletics career has won many Welsh championships at cross country and track. She has also recorded fastest relay stages in Welsh road relay championships. She has competed for Welsh schools or Wales at cross country and on the track. Kayleigh has represented Welsh Schools in the London mini marathon

Her record includes competing for Welsh Schools or West Wales in six London mini marathons and Welsh Schools in six SIAB schools' international matches (cross country or track)

#### Kayleigh Brown's Milestones in her Athletics Career (110 Recorded Performances)-main results

#### 2001 U13 (7 Recorded Performances)

800	6	2.41.7	Jarrow	Start Fitness NE League Match	27 Jun 2001
1500	3	5.24.1	Gateshead	Start Fitness NE League Match	30 May 2001
Mile	1	5.42.7	Jarrow	Venmore Mile Meeting	8 Aug 2001

#### 2002 U13 Carmarthen Harriers (17 Recorded Performances)

800	1	2.28.69i	Cardiff	Welsh Athletics Open	23 Nov 2002
800	1	2.29.6	Barry	Louise Arthur League Match	11 May 2002
800	3	2.35.90	Newport	Welsh U13 Championships	9 Jun 2002
1500	1	5.08.5	Carmarthen	Louise Arthur League Match	14 Jul 2002
1500	2	5.18.08	Newport	Welsh U13 Championships	8 Jun 2002

#### 2003 U15 Carmarthen Harriers (5 Recorded Performances)

800	4	2.27.0	Carmarthen	Louise Arthur League Match	23 Jul 2003
1500	1	4.59.7	Cardiff	UK Midland YA League Match	20 Jul 2003
1500	2	5.00.18i	Cardiff	Welsh Indoor U15 Champs	11 Jan 2003
1500	3	5.05.6	Neath	West Wales Championships	11 May 2003

#### 2004 U15 Carmarthen Harriers (8 Recorded Performances)

800	2	2.21.7	Carmarthen	Celtic Manor Grand Prix	21 Jul 2004
1500	9	4.57.24	Birmingham	UK U15 Championships	14 Aug 2004
1500	1	4.58.47i	Cardiff	Welsh U15 Indoor Champs	24 Jan 2004
1500	1	5.03.1	Newport	Welsh Junior League Match	31 Jul 2004
ZC	3		Cardiff	Reebok Schools Cross Country	18 Jan 2004
ZC	3		Swansea	Welsh Cross Country Champs	21 Feb 2004
ZC	1		Brecon	Welsh JG CC Championships	13 Mar 2004
ZC	1		Bridgend	Boys and Girls Clubs Champs	28 Nov 2004
ZC	3		Cardiff	Welsh Inter Regional Champs	14 Dec 2004

# 2005 U17 Carmarthen Harriers (17 Recorded Performances)

800 800 1500 <b>1500</b> <b>1500</b> <b>3000</b> <b>3000</b> <b>3000</b> <b>2C</b> <b>ZC</b>	1 2 ht 11 1 1 7 1 1 1	2.21.3 2.21.6 4.46.22 4.47.23 <b>4.51.3i</b> <b>4.55.41</b> <b>10.30.05</b> <b>10.54.38</b> <b>11.06.76</b>	Brierley Hill Brecon Birmingham Cardiff Carmarthen Cardiff Tullamore IRE Brecon Cardiff Cardiff	UK Midland YA League Match Welsh Junior League Cup Final AAA U17 Championships AAA U17 Championships Welsh U17 Indoor Champs Welsh Inter Regional Champs Welsh U17 Championships SIAB Schools International Welsh Schools Championships Welsh CC International Welsh U15 Championships	5 Jun 2005 21 Aug 2005 14 Aug 2005 9 Jan 2005 27 Aug 2005 18 Jun 2005 18 Jul 2005 2 Jul 2005 23 Jan 2005 20 Feb 2005
ZC	2	**	Brecon	Welsh Cross Country Champs	19 Mar 2005
ZC	15		Nottingham	UK inter County Champs	6 Mar 2005
ZC	25		Northop	SIAB CC International	2 Apr 2005
ZC	3		Brecon	Welsh Inter Schools Champs	12 Nov 2005
ZC ZC	1 7		Brecon Brussels	Welsh Inter Regional Champs International Cross Country	11 Dec 2005 18 Dec 2005
2.6M	33		London	London Mini Marathon	17 Apr 2055

# 2006 U17 Carmarthen Harriers (19 Recorded Performances)

800	1	2.17.08	Cardiff Met	BMC Grand Prix	28 Jul 2006
800	1	2.21.9	Carmarthen	Welsh Junior League Match	27 May 2006
1500	1	4.44.1	Solihull	UKA Midlands YA League Match	n 25 Jun 2006
1500	2	4.45.46i	Cardiff	Jeff White International Trophy	5 Feb 2006
1500	1	4.45.61	Brecon	Welsh Schools Championships	1 Jul 2006
1500	1	4.46.59	Cardiff	Welsh Inter Regional Champs	27 Aug 2006
1500	8ht	4.46.8	Birmingham	AAA U17 Championships	5 Aug 2006
1500	8	4.50.94	Grangemouth	SIAB Schools International	15 Jul 2006
3000	2	10.27.74	Waterford IRE	Celtic Games	12 Aug 2006
3000	1	10.52.63	Cardiff	Welsh U17 Championship	9 Jul 2006
3000	1	10.56.6	Carmarthen	Dyfed Schools Championships	10 Jun 2006

2kSCW	3	7.46.97	Cardiff	Welsh U17 Championships	18 Jun 2006
ZC	1		Cardiff	Inter Schools Cross Country	22 Jan 2006
ZC	6		Brecon	Welsh Schools Championships	25 March 2006
ZC	23		Stowe	SIAB Schools International	8 April 2006
5K	2	20.02	Carmarthen	Welsh U17 5K Road Champ	17 Apr 2006
2.6M	64	17.07	London	London mini marathon	23 Apr 2006

## 2007 U20 Carmarthen Harriers (17 Recorded Performances)

400	4	61.48	Derby	NJAL Final	9 Sep 2007
800	1	2.19.6	Carmarthen	Welsh Junior League	23 Jun 2007
800	1	2.22.4	Swansea	West Wales Championships	13 May 2007
1500	3	4.57.83	Connah's Quay	Welsh Inter Regional Champs	26 Aug 2007
1500SC	CW 1	5.34.45	Brecon	Welsh Schools Championships	7 Jul 2007
<b>1500SC</b> 1500SC		<b>5.34.45</b> 5.35.2	<b>Brecon</b> Derby	Welsh Schools Championships UK Junior League Match	<b>7 Jul 2007</b> 29 Apr 2007

## 2008 U20 Carmarthen (12 Recorded Performances)

800	1	2.23.7	Swansea	Welsh Junior League Match	20 Apr 2008
1500S	CW 3A	5.32.67	Derby	UK Junior League Final	14 Sep 2008
1500S	CW 2	5.39.31	Birmingham	UK Junior League Match	27 Apr 2008
ZXC	15	14.18	Dublin IRE	President's Cup Cross Country	19 Mar 2008
ZXC	5	20.40	Brecon	Welsh Schools Championships	8 Mar 2008
ZXC	7	25.02	Swansea	Welsh U20 Championships	24 Feb 2008

# 2010 U23 Carmarthen Harriers/ Memphis University USA (7 Recorded Performances)

800	1	2.12.08	Memphis TN USA Univ of Mem	phis Invitational :	17 Apr 2010
1500	9	4.31.99	Fayetteville AR USA John N	/IcDonnell Invite	10 Apr 2010
1500	9	4.41.95	Loughborough Loughborough	International	23 May 2010
1500	2	4.50.65	Baton Rouge LA USA LSU Ti	ger Relays	7 Mar 2010
5000	28	19.12.09	Orlando FL USA Conference US	A Champs	16 May 2010
3000S0	CW 2	11.24.36	Cape Girardeau USA Joey H	laines Invitational	3 Apr 2010