

Position	Race Number	Name	Gender	School / Club	Time
1	209	Macsen Toogood	m	Carmarthen Harriers	00:05:07
2	226	William Coles	m	Llangadog	00:05:25
3	231	Charlie Price	m	Camarthen Harriers	00:05:47
4	212	Esme Lyncock	f	n/a	00:06:17
5	234	Ifan Rees	m	Ysgol Bro Dinefwr	00:06:23
6	219	Dafydd Davies	m	Llangunnor	00:06:26
7	211	Grace Toogood	f	n/a	00:06:43
8	210	Osgar Toogood	m	n/a	00:07:00
9	216	Xander Davies	m	Llandeilo CP	00:07:09
10	205	Fflur Jones	f	Ysgol Llangadog	00:07:18
11	213	Lily Robertson	f	Ysgol Llandybie	00:07:35
12	204	Dewi Jones	m	Ysgol Brynamman	00:07:37
13	201	Sara Harries	f	Teilo Sant	00:07:57
14	238	Dyfan Williams	m	Teilo Sant	00:08:04
15	206	Ffion Jones	f	Ysgol Llangadog	00:08:06
16	215	Emily Hatfield	f	Llandeilo CP	00:08:09
17	230	Poppy Haf Jones	f	Ffairfach	00:08:16
18	218	Erin Davies	f	Llangunnor	00:08:49
19	217	Efa Barker	f	Ysgol Rhydaman	00:09:03
20	239	Ffion Davies-Bishop	f	Trots	00:09:16
21	235	Gwenllian Rees	f	Ysgol Bro Dinefwr	00:09:18
22	221	Lleucu Wyn Williams	f	Ysgol Bro Dinefwr	00:09:18
23	227	Lillie Morgan	f	Ysgol Rhydaman	00:09:39
24	223	Tyler Morgan	m	AVH / Ysgol Rhydaman	00:09:40
25	225	Davy Richards	m	Nantgaredig	00:09:48
26	220	Nyla Davies	f	Llandeilo CP	00:09:49
27	224	Betsan Jones	f	Nantgaredig	00:09:50
28	233	Owain Jones	m	Nantgaredig	00:09:51
29	237	Nel Williams	f	Teilo Sant	00:09:58
30	214	Amy Thomas	f	Llandeilo CP	00:09:59
31	236	Iori Williams	m	Teilo Sant	00:10:05
32	228	Bonnie Horne	f	Parc y Rhyn	00:10:20
33	207	Ifan Evans	m	Ysgol Rhydaman	00:10:22
34	222	Cato Davies	m	Llandeilo CP	00:10:43
35	240	Alys Tremlett	f	Nantgaredig	00:11:01
36	203	Deiniol Jones	m	Ysgol Brynamman	00:12:59
37	208	Macsen Evans	m	Ysgol Rhydaman	00:13:02
38	232	Rhys Jones	m	Nantgaredig	00:13:16
39	229	Robin Horne	f	Parc y Rhyn	00:13:24
40	202	Lois Harries	f	Teilo Sant	00:13:27
41	300	William Tremlett	m	n/a	00:13:51