

**Carmarthen Open Throws Meeting Fixture 4 at Carmarthen Athletics Track,**  
**Johnstown - Thursday 25th July 2019- Results**

Carmarthen Open Throws held last Thursday of every month in the summer 6pm

## JAVELIN

Pos	Number	Age Group	Name	Club	Best Throw
1	154	U13B	Lewie Jones	Swansea Harriers	32.88
2	161	U13G	Evie Aitchison	Neath Harriers	31.44
3	159	U13B	Eurion John	Pontyclun AC	31.16
1	156	U15G	Chloe Jones	Swansea Harriers	29.08
2	153	U15G	Lucy Harris	Swansea Harriers	23.73
3	163	U15G	Jessica Raymond	Pembrokeshire Harriers	23.30
4	151	U15G	Cordelia Walker	Carmarthen Harriers	19.28
5	164	U15G	Katie Lake	Swansea Harriers	18.13
1	169	U15B	Sion O'Keefe	Carmarthen Harriers	39.37
2	150	SW	Felicity Bee	Birchfield Harriers	38.41
3	149	SW	Rachel Jones	Swansea Harriers	35.00
4	155	SW	Lauryn Davey	Swansea Harriers	26.38
1	160	U17M	Morgan Batten	Carmarthen Harriers	47.44
1	157	SM	Aaron Morgan	Carmarthen Harriers	61.93
2	148	SM	Nathan James	Swansea Harriers	61.11

**DISCUS**

<b>Pos</b>	<b>Number</b>	<b>Age Group</b>	<b>Name</b>	<b>Club</b>	<b>Best Throw</b>
1	161	U13G	Evie Aitchison	Neath Harriers	12.20
1	158	M75 (1kg)	Ian Bowles	Swansea Harriers	29.80
2	159	U13B	Eurion John	Pontyclun AC	24.90
3	153	U15G	Lucy Harris	Swansea Harriers	24.21
4	154	U13B	Lewie Jones	Swansea Harriers	23.16
5	167	U13B	Nathaniel Osborne	Swansea Harriers	20.33
6	162	U17W (1kg)	Millie Elliott	DSW Para Academy	19.23
7	164	U15G	Katie Lake	Swansea Harriers	16.27
8	163	U15G	Jessica Raymond	Pembrokeshire Harriers	15.48
1	165	U15B	Michael Jenkins	Pembrokeshire Harriers	42.65
1	152	F44 (1.5kg)	Harrison Walsh	DSW Para Academy	47.79
2	169	U17M	Oscar Dun	Swansea Harriers	33.52
1	168	SM	Peter Roberts	Swansea Harriers	33.25