

Carmarthen Harriers Committee Meeting
Ivy Bush Royal hotel
Wednesday 17th April 2013, 7-30pm

Present

Hedydd Davies, Bob Dowdeswell, Ivor Hopkins, Simon Mansfield, Sharon Price, Carol Jones.

Apologies for absence

Helen Mansfield, Nathan Jones, Michelle Phillips, Steve Glynn, Joan Goldsmith, Jane Batten.

Minutes: The minutes of the previous meeting were accepted as a true record.

Matters arising from the minutes:

The issue of providing support for athletes as they progress with their sporting development was again discussed. It was felt that this is an important aspect of the activities of the club but no specific proposal was confirmed.

International cross country at Dinefwr Park. Hedydd wished to thank all the Harriers members and officials who were involved for their support in making this event so successful. Carol thanked Hedydd for all the work he had put into the preparation and organising of the event and Hedydd in response wished to mention three people, Pete Morris, Steve Brace and Terry Alcock for the work they had done over the eighteen months that it took to make all the arrangements.

Emyr Jones transfer request has been completed.

Chairman's Report: 6 Carmarthen Harriers participated in the Under 20 international at Cardiff. Kyran Roberts gained a bronze medal in the UK U20 1500m championship 5 Harriers members competed for Welsh schools in the international cross country event at Dinefwr Park Llandeilo. Christian Lovatt, Nikita Neary, Lloyd Heckler Kari O'Neill and Ronan Llyr.

In the Gwent League the under 11 boys continue to shine winning the league for the second year in succession.

Welsh Cross Country: Under 15 boys Gold, U13 Boys Bronze and U13 Girls also bronze.

Welsh Road Relays: U15 Boys Gold with the U15 girls and U17 men both achieving fourth place.

Two Carmarthen and District Harriers will be participating in the "Virgin London Mini Marathon" on the 21st of April. Christian Lovatt and Nikita Neary.

Track: Some maintenance work has been carried out on the track. Full details will be given at the next meeting.

Correspondence: No correspondence of note has been received.

Finance: £39,009 in the bank upon clearance of two cheques. All the costs of the event at Dinefwr Park having been covered by the various sporting bodies involved and by sponsorship or donations.

The volunteer scheme is to receive £1200 from Welsh Athletics again for the coming year.

Volunteer Coordinator Report: Three courses are to be arranged over the summer.

1) Safeguarding/Child protection: This course is **essential** for all volunteers working with children. The course lasts 3 hours and the certificate is valid for 3 years. More details available from Ivor Hopkins. Please contact him to arrange your attendance.

2) Health and Safety: This course is for officials and only requires completion once.

3) First Aid course to be arranged in the future.

Reminder Disclosure and barring checks (was CRB) are required for all volunteers. Please ensure you are up to date with this. Please contact Joan Goldsmith for further details of how to apply.

Annual dinner and awards evening: The annual dinner will take place in November this year. Further details as they are available.

Fundraising: The Tesco bag packing event will be arranged again for this December. Hedydd will contact the store manager and a specific date arranged.

The Tesco voucher scheme be will run again but in the autumn this year, Bob will coordinate.

Team Management:

The Welsh senior league no longer requires team managers. Athletes contact the organisers directly.

2013 Carmarthen Athletics Team Managers

Louise Arthur League Gill Edwards U11 and U13 girls
Rhian Glynn U15 girls
Bob Dowdeswell and Nathan Jones

UK YDL League Joan Goldsmith U13 and U15 girls
Michelle Phillips and Nathan Jones U13 and U15 boys

2013 Fixtures: A complete list of events is available at the track. This list is updated regularly as further details are available and is sometimes subject to change.

Carmarthen and District Harriers is to run an open meeting on the 30th April at 6pm. This is an opportunity for young athletes, school years 4 to 7, to try out a number of competitive events.

Events planned will be: For U11 athletes 75m, 800m Shot put and long jump. For U13 athletes the sprint will be 100m other events as above.

Just turn up and have a go. Membership of Carmarthen Harriers is not required.

AOB

A Run, Jump, Throw course is to be arranged towards the end of June. This is suitable for 14 to 16 year old athletes who wish to further develop their skills. The course is approximately 3½ hours duration.

Safety concern at the switch over between training sessions, 7pm. Some younger athletes are not taking care when leaving the centre of the track. Some form of barrier should be in place to show where to cross safely and to ensure they look first. A safety announcement just prior to the end of the session.

Membership: After an initial trial of no more than two sessions all athletes taking part in training sessions **MUST BE MEMBERS** of Carmarthen Harriers. Non members are not covered by the club insurance policy and should not be coached. Ideas suggested for easily identifying members, free Tee shirt given on joining the club must be worn at the start/warm up. Register of members for each coaches group to be made available. Show Yellow Athletics card to coach on arrival.

Date of next meeting: Wednesday June 12th 2013, 7-30 pm, Ivy Bush Royal Hotel.

The committee meetings are open for all parents/athletes to attend. Please make every effort to join in.