

# **Carmarthen and District Harriers Committee meeting – Ivy Bush Hotel – Carmarthen Monday July 4th 2016**

**Present:** Hedydd Davies, Nathan Jones, Cressy Morgan, Steve Glynn, Carol Jones, Delyth Brown, Jane Batten, Hayley John, Edward Morgan

**Apologies:** from Joan Goldsmith, Rhian Glynn and Neil Thomas

The minutes of meeting held on 11th April 2016 were accepted as a true record.

## **Matters arising from the minutes: 11 April**

- *There numbers on a Tuesday evening in the junior training sessions continue to be well-attended, especially when the weather is good.*
- *Gazebo and club flag is still used at the events/home matches.*
- *The portacabins have recently had two new doors. The refreshments cabin has been leaking and resulted in the electricity being off several times. Alan Lewis is coming in to repair. Ralph does an excellent job in maintain the cabins and the field equipment.*
- *7 club members went on the officials' course held recently in Carmarthen including the important health and safety module.*
- *New equipment has arrived including hurdles and discoi.*
- *Membership is improving despite there still being athletes training who are not insured.*
- *As mentioned previously, 4 clubs met with members of the Welsh Athletics board including several issues and matters. Hedydd commented on the latest developments.*
- *Carmarthen Harriers once again welcomed 4 athletes from Australia, Melbourne last month where they competed as guests at the Dyfed Schools Champs. Thanks to the athletes and hosts who assisted.*
- *West Wales Endurance Day at Carmarthen Leisure Centre was a successful day organized by Delyth & Carol. There were 27 athletes who accepted the invitation and the next will be held in Swansea in September provisionally – Date TBC. It is for U15, U17, U20, U23 and exceptional performances for U13.*
- *£193.55 was raised for the club charity event that took place at the track during training for LATCH. Thanks to all concerned.*

## Financial Report

### Balance in Bank as of 4 July 2016

**Current Account £32,476.58 Treasurers Account £16,233.97 Total in Bank £48,700.55**

Income includes Membership fees, Training levy, Sponsorship and Sale of Refreshments. Expenditure includes Hire of buses, Vests and Equipment.

Expenditure due in next 5 months: Purchase of 5 hurdles, Repair to kitchen roof, Hire of Track, Sportshall and Showground & St Johns Ambulance.

## Chairman's Report

### Results of Carmarthen Harriers members since the last Committee meeting on 11 April 2016

#### **Dyfed secondary school relays on Wednesday 20 April 2016**

Dyffryn Aman once again won with Bro Dinefwr second and Bro Myrddin third. 10 schools attended.

#### **London Mini Marathon on Sunday 24 April 2016**

Daisy Thompson, Iwan Glynn and Ben Thomas and Ellie Kiff were selected to represent Welsh Schools in London and all four performed well. There were issues with the event results.

#### **Welsh U17/20/senior league in Newport on Sunday 24 April 2016**

#### **Carmarthenshire Primary Schools On Monday 25 April 2016**

Over 300 athletes, 35 schools and spectators turned up on a very successful evening, the event went on to 9pm with several heats in the sprints. Y Castell and Dewi Sant were joint winners.

#### **Carmarthen Throws competition on Thursday 28 April 2016**

#### **Louise Arthur League in Carmarthen on Saturday 30 April 2016**

1 Swansea 1246; 2 Pembrokeshire 942, 3 Carmarthen 914

#### **Carmarthen Mayor's Race Monday 2 May 2016**

#### **West Wales championships in Swansea on Sunday 15 May 2016**

Better turnout this year from club athletes, over 40 medals won in total.

#### **Louise Arthur League at Neath on Saturday 28 May 2016**

1 Swansea 1357; 2 Pembrokeshire 1052; 3 Carmarthen 912

#### **Louise Arthur League in Swansea on Sunday 5 June 2016**

1 Swansea; 1300; 2 Pembrokeshire; 3 Carmarthen 869

### **Visit of Australian athletes 10-13 June 2016**

14<sup>th</sup> year for the harriers club to host the Australian guest athletes. They competed at the Dyfed Schools Champs in Carmarthen and in the Swansea LA the week before.

### **Dyfed secondary schools championships 10/11 June 2016**

A good turnout of around 450 athletes for the annual championships, some races were straight finals as athletes didn't turn up on the weekend. Team selected for the Welsh Schools.

### **Welsh senior and U17 championships at Cardiff on Saturday 11 June 2016**

Clashed by WA with the Dyfed Schools, few Dyfed athletes went to Cardiff.

### **Welsh U17/20/senior league at Brecon on Saturday 18 June 2016**

There was a poor turnout in general from all clubs for the match in Brecon. The Home match is in Carmarthen 17<sup>th</sup> July.

### **Welsh school combined events championships at Swansea on Saturday 25 June 2016**

Eight Dyfed athletes performed well, Under 15 boys won gold.

### **Welsh schools championships at Cardiff on Saturday 2 July 2016**

Dyfed Schools once again won the overall trophy along with the Senior Girls and joint winners of the Junior Boys. There were some gaps, Afan Nedd Tawe and Cardiff & Vale had very strong teams this year.

**Also selling refreshments at Brienne championships and Cup and Ceredigion schools championships**

### **Events until end of August 2016**

Wednesday 6 July 2016 Welsh schools NAS/UWT Final in Brecon

### **Sunday 10 July 2016 Louise Arthur League in Brecon**

Wednesday 13 July 2016 Dyfed v West Glamorgan Primary at Swansea

Saturday 16 July 2016 SIAB international in Ashford Kent

### **Sunday 17 July 2016 Welsh U17/20 and senior league match in Carmarthen**

Tuesday 19 July 2016 McDonalds sports in Carmarthen

Wednesday 20 July 2016 U20 international at Cardiff

### **Saturday 23 July 2016 Gerald Codd (3 per event) at STP School Haverfordwest**

### **Thursday 28 July 2016 Carmarthen Throws competition in Carmarthen**

### **Sunday 31 July 2016 Welsh U17/20/senior cup final in Swansea**

Sunday 6 August 2016 Celtic (U16 and U18 Games in Swansea

Saturday 13 August 2016 Welsh U13/15/17/20 championships in Newport

Sunday 14 August 2016 Welsh U13/15/17/20 championships in Newport

### **Sunday 21 August 2016 Welsh U11/13/15 Cup Final in Newport**

### **Saturday 27 August 2016 Welsh Inter-Regionals Athletics in Brecon**

## Coaching Report – by Jane Batten 4 July 2016

- The season, so far, seems to be going well as far as coaching is concerned
- We still don't have enough coaches for Tuesday 6 -7pm sessions
- Event Group U13 and U15's now have a HJ and Hurdles coach, though if we don't coach the U11's in these events we won't have athletes to progress to this group.
- The distance running groups continue to do well. Enough help for the 7-8pm slot?
- There is now an U11 group on a Thursday night for specific coaching. Thank you to the coaches involved and I am also available if necessary to help out with all events.
- Event group throws coaching now seems to be Thursday nights, though, again, if we don't develop the athletes from U11's we won't have any to progress through to specific coaching.
- RJT course for our new young coaches and any U15's interested in developing their coaching skills and helping out on a Tuesday night?
- It seems that we are to lose Ivor in the near future. Ivor is a senior coach and coaches the Event Specific sprint group (who will replace him?). He will be missed and we thank him for all his hard work and support to athletes, coaches and the club over the years.

## Sale of Refreshments at the Carmarthen Athletics track and at the Showground

15 years ago Carmarthen Harriers was almost bankrupt. It was decided to sell refreshments at event at the Carmarthen Athletics track and at the Showground In this period over £40,000 has been raised for the Harriers

- **There will now be a need to appoint a catering organizer to undertake the duties of catering for all the events in 2017. (Selling on day of events and shopping beforehand) It would be a shame to lose this way of raising money.**

## Fund Raising

There will be discussions taking place in organizing a fund raising event in the near future. The club a few years back did a bag packing activity in Tesco before Christmas along with a raffle. Hopefully more parents will be able to get more involved and active within the club this way.

## 2016 Annual Dinner

Friday 4<sup>th</sup> November – 2 courses this year. Letters will soon be prepared with full details. Gwynne Griffiths will be the guest speaker in 2016, 200 attended last year.

## **Any Other Business / Other News**

- The pictures of Welsh International athletes from the club was brought up and mentioned that there are so many athletes from the last 5 years that are not on the cabin wall. When visitors and children from the club walk into the cabin many look at these images. We will work in contacting individuals from the last 5 years that can be added and kept up to date.
- Social Media query in athletics was mentioned – All athletes, coaches and members should note that they are responsible if any matter cross the line in publishing images / writing on social media platforms. It will be taken further in writing letters when membership forms are given out.
- Health and Safety issue regarding on the track – all parents/those not officiating should be on the outside of the barriers at all times – during training and at competitions, including the Carmarthen Open Throws, this will be addressed to all parents at the next one. A poster will also be designed that can be attached to the gate warning parents.

## **Date of next meeting – Annual General Meeting:**

Wednesday 14<sup>th</sup> September, 7.30pm at the Ivy Bush Hotel  
*(including awards for the annual dinner)*

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