

# **Carmarthen and District Harriers Committee Meeting – Ivy Bush Hotel – Carmarthen Wednesday 24<sup>th</sup> May 2017**

**Present:** Hedydd Davies, Nathan Jones, Jake Morgan, Edward Morgan, Alison Thomas & Kathryn Rees

**Apologies:** from Delyth Brown, Jane Batten, Carol Jones, Hayley John, Cressy Morgan, Steve Glynn, Rhian Glynn & Mike Rees

Hedydd welcomed Kathryn to her first meeting.

The minutes of meeting held on 4<sup>th</sup> April 2017 were accepted as a true record.

## **Minutes arising from the meeting**

- *Harriers Dinner: The date for the 3rd November was first in doubt due to booking clashes however this is now not a problem and the dinner will go ahead on the original date at the Ivy Bush. Lyn Davies, Colin Jackson, Jamie Baulch, Rhys Williams have been guest speakers over the years and the 2017 speaker will be local GB athlete Dewi Griffiths. It was felt that this was a good choice as Dewi trains regularly at the track and the young athletes will be inspired.*
- *Thursday evening training is increasing with about 12 junior members attending weekly. These have been introduced as a progression group from busy Tuesday evenings and are only open to those competitive athletes, not for anyone.*
- *The track condition was reported better than 20 years ago however it can become a problem at times. Jake has been in contact with several personnel to get things sorted. The signs seem that the track will be refurbished in 2 years and currently looking at costs. The sector lines have been re-done several times but in the incorrect markings. A temporary line had to be put in by the match referees at the two of the recent meetings. High Jump stands have been ordered, but the HJ bed and Pole Vault stands are not working correctly. Leisure Centre staff continue to be reminded about rubbish that is left following competitions.*
- *Membership numbers are growing but still unregistered athletes train on a Tuesday evening, especially in the 6-7 sprints and field groups. New vests have been ordered by Hedydd.*
- *Dyfed Network Officer job: the job has been vacant since the middle of July however the job was advertised and interviews have been taking place.*
- *Officials have improved this year compared to past years with more parents getting involved – thanks to Alison for getting them all together.*

- *Primary Schools Cross Country at the Showground is being looked into how to accommodate the number that attends these popular events as car parking was a problem back in March.*
- *The Gwent League AGM is on 2nd June at Bridgend. It was agreed that Pembrey Country Park will be proposed once again following last winter's success with it being asked as a venue for the West Wales Championships. The first staging saw enough volunteers and positive feedback from competitors and spectators. Pembrey would be a great venue for a three year cycle of the Welsh Cross Country Championships which has gone to Swansea. Other events to bear in mind include the Road Relays this September and Welsh Trail Championships, if events are well organized athletes will come back to scenic views such as Llanelli.*

## **Financial Report**

### **Current Account £47,757.65**

Income includes Membership fees, Bus Fares, Sale of Vests, Grants and Training Levy. There have been much sponsorship given to the club throughout the years and these include grants or sponsorship from Ffoshelig, Welsh Athletics, McDonalds, West Wales Freemasons, Tovali and the Carmarthen Accident Repair Centre

Expenditure includes Equipment, Medals, WA Registration fees, Vests and Hire of Buses. Expenditure also comes from hiring the sportshall and track for training evenings along with booking the competition venues.

## **Chairman's Report**

### **Results since last Committee Meeting**

#### **Sunday 23 April 2017 London Marathon and mini marathon**

6 Carmarthen Harriers competed for Welsh schools in the London mini marathon

#### **Under 13**

19 Liam Edwards (16.49); 36 Frank Morgan (17.15); 45 Dafydd Jones (17.31)  
21 Daisy Thompson (18.06); 62 Phoebe Davis (20.06)

#### **Under 17**

47 Ben Thomas 15.28

Elizabeth Tremlett ran 3.16 in the London Marathon and former Carmarthen Harrier member Josh Griffiths won the UK championship in a time of 2.14.49 to earn selection for this year's World championship in London and next year's Commonwealth Games in Australia

### **Sunday 23 April 2017 Welsh U17/20 and senior league match in Newport**

The Carmarthen Harriers U17/20 and senior team only finished 11<sup>th</sup> in the first match in Newport. A very disappointing result

### **Thursday 27 April 2017 Carmarthen Throws event at Carmarthen**

A very well supported event

### **Saturday 29 April 2017 Welsh junior/Louise Arthur League match**

Carmarthen Harriers did very well to finish third. Must continue to do well in the next three matches in order to qualify for the Welsh Cup Final in Newport in August

### **West Wales championships in Carmarthen on Sunday 14 May 2017**

Championships was this year much better supported by Carmarthen Harriers athletes

A total of 40 medals (16 gold, 14 silver and 10 bronze) won this year

### **Catering**

Edward Morgan has taken the duties as the catering organiser. It is a hard job

Many thanks to him and all who have helped him on the day of the home matches so far. There are two more big events to come, the Dyfed secondary schools championships on Saturday 10 June 2017 and the Dyfed primary school championships on Wednesday evening 14 June 2017

He could with more help from the parents of Carmarthen Harriers members

This year we have lost a lot of income from the Brianne and Ceredigion schools championships held in Carmarthen on 10 and 11 May 2017

### **Athletics Track and Carmarthen Leisure Centre**

Unlike other Athletics there is hardly any maintenance done on the track during the winter months

However the Track is now slightly better maintained in the summer months thanks the efforts of Sarah Jones, one of the Carmarthen Leisure Centre duty officers who has responsibility for the Athletics Track

Rubbish at the Track has been and always is a problem. Leisure Centre staff are continuously reminded to clean up after major events

## **Track Bookings**

Events at the Track are booked in January every year. Not yet had the invoices from Carmarthenshire County Council

Carmarthen Harriers pay all the invoices and then claim back from other event users (Louise Arthur, West Wales and Dyfed Schools)

## **St John's Ambulance**

A good service provided by St John's. Bookings now have to go through the Dyfed organiser and not the local headquarters. Invoices are received in November every year. Costs are likely to be much higher this year

## **Brianne and Ceredigion schools athletics championships**

As indicated before we are not providing refreshments for the athletes on the day of their championships in Carmarthen. Track is in quite a state after their events

## **Dyfed schools championships on Friday evening 9 June and Saturday 10 June 2017**

This once again clashes with the Welsh senior athletics championships in Cardiff. This year only 3 Dyfed athletes have entered the Welsh senior championships. Dyfed for a very long time have held their championships on the Friday evening and Saturday evening the week after the summer half term

Examinations and Dyfed having four area championships is the reason why the Dyfed championships are held in June every year (Cardiff this year held their senior championships this year on 25 April and ANT on 7 May 2017)

## **Collection at Gate**

We need six Harriers members to collect gate money at the Gate (9-11; 11-1; 1-3)

## **Catering**

It will be a very busy day and Edward will need as much help as possible from Harriers members. Dyfed PE teacher officials will receive refreshments this year (courtesy of the West Wales Freemasons grant to Carmarthen Harriers)

## **Visit of Australian athletes**

The Australian group (5 athletes, a mother and Neville Sillitoe will arrive at the Carmarthen Railway station at 5.30pm on Friday 9 June 2017. They will need to be transported to the Ivy Bush Hotel where they will stay 3 nights

Carmarthen Harriers (in lieu of hosting arrangements this year) will give a donation of £250 towards the cost of their stay at the Ivy Bush Hotel

They will need to be transported to the Track early on Saturday morning and taken back in the evening

### **Louise Arthur League match in Neath on Saturday 27 May 2017**

We need to have our strongest possible team out on Saturday if we are to qualify for the Welsh junior league cup final this year.

A team manager to be on the bus from Carmarthen

### **Officials at matches**

In future matches we must provide our full complement of officials (track, timekeeper and field)

### **Future events**

#### **Welsh U17/20 and senior league at Brecon on Sunday 4 June 2017**

In the first match in Newport we only came eleventh. Coaches to help to get the best possible team out for Brecon. Every single athlete has had a letter

#### **Dyfed primary school championships at Carmarthen on Wednesday 14 June 2017 (5 pm start)**

Carmarthen Harriers are needed to help with the catering, officiating and manning the gate

#### **Gwent League AGM at Bridgend on Friday 2 June 2017**

This is an important meeting if we are to obtain more events in the Pembrey Country Park in the future

#### **Use of the centre of the athletics track for football?**

**Resurfacing and relining of the Carmarthen Athletics Track**

**High Jump bed and Pole Vault stands**

**Future development of the Carmarthen Leisure Centre site?**

**Major athletics events in Carmarthen in the future?**

### **Coaching Report**

The sub coach committee will be arranged in the near future over Tuesday evening trainings. Jane commented on the track space saying that it is becoming a problem

weekly, as there are several groups using the track space, including senior hurdlers training themselves along with some unsupervised junior hurdles. She would like to be released from the sprints group every other week, or so, to allow her to start coaching high jump and hurdles for events such as combined events. Someone will need to step in to coach the sprints and Neil/Jake will discuss this. Alan continues to be a help on the throws along with Ralph. Middle distance group for the older athletes continues from 7pm.

### **Any other Business**

- Annual Dinner 2017: Rhian Glynn has asked all those in 2017 to ensure that attendees include on they're forms: who they'd like to be seated to, name and age group, dietary requirements and a printed mobile / e-mail address.
- Alison has ordered new T-shirts (Team Managers, Coaches, Officials) to be able to wear for athletes to know who's who. These include volunteers for recognition and will include names and the club badge.
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- The notice board outside the track entrance is not much use therefore Jake will look into improving a simple board with training times, club info and social media links.
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- Alfie Pics (Garry Smith) continues to provide great images from the Carmarthen competitions. He has recently been at the West Wales, Carmarthenshire Primary and Dyfed School Relays in the last month.
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- June 9<sup>th</sup> Australian Guests will again be visiting West Wales where they will be flying in from a week in Malta. Guest competitors at the Dyfed Schools weekend.
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- Athletes are reminded to bring their international photos into the club that they can be put up inside the cabin.
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- The track should be refurbished at the end of the 2018 track season
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- Carmarthen Stars used the throwing field in the middle of the track for football games during the winter, after discussion Jake confirmed that this has now stopped as they have another 3 pitches in the Carmarthen area. The field will only be used for throws for the Harriers.
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- It was reported that there is now a new running group in Carmarthen called Run Carmarthen beginners group who are getting into running. They have been asked about joining the Harriers to try and start up the senior categories again identical to TROTS and Sospan Runners. It would get the membership up and they will get a page on the club website. It will be an entry point in and the club benefits from new kids etc and a group within Carmarthen Harriers.

- Thomas Jones, Iestyn Williams and Ellie Kiff will represent Wales at the World Mountain Youth Cup in Italy.

### **Date of next meeting:**

Wednesday 20th September 7.30pm at the Ivy Bush Hotel

[www.carmarthenharriers.co.uk](http://www.carmarthenharriers.co.uk)

<https://www.facebook.com/CarmarthenHarriers/>

<https://twitter.com/CarmsHarriers>

Sunday 04.06.17: Welsh U17, U20 & Senior League 2 @ Brecon

Sunday 04.06.17: TROTS Dam Buster 10K

Wednesday 07.06.17: Brianne Schools NAS/UWT Cup Qualifier @ Carmarthen

Wednesday 07.06.17: U11 & U13 Inter Club Neath v Llanelli v Swansea Triangular Series @ Swansea

Wednesday 07.06.17: Welsh Masters League 2 @ Brecon

Wednesday 07.06.17: Run4All 5K @ Port Talbot

Friday Evening 09.06.17: Dyfed Secondary Schools Track & Field Athletics Championships @  
Carmarthen

Saturday 10.06.17: Dyfed Secondary Schools Track & Field Athletics Championships @ Carmarthen

09 & 10.06.17: Welsh Senior Championships @ Cardiff

Sunday 11.06.17: Sospan Sizzler Middle Distance Triathlon @ Burry Port Harbour

Tuesday 13.06.17: Swansea Bay 5K Road Evening Series 2 @ Swansea

Wednesday 14.06.17: Dyfed Primary Schools Athletics Championships @ Carmarthen

Saturday 17.06.17: Sospan 10K @ Llanelli Millennium Coastal Park

Wednesday 21.06.17: Welsh Athletics Sprints and Hurdles Open Meeting @ Cardiff

Wednesday 21.06.17: Dyfed Secondary Schools NAS/UWT Athletics Final @ STP Haverfordwest  
[http://www.carmarthenharriers.co.uk/index.php?option=com\\_content&view=article&id=192&Itemid=37](http://www.carmarthenharriers.co.uk/index.php?option=com_content&view=article&id=192&Itemid=37)