

**12:45 PM League Age Group Record Claire Jones, Pembroke Harriers, 12.4s, 2003**

Letter	100m	Perf.	Letter	Perf.	
1A	I Rachel O'CONNOR	Bridgend 13.1 16 G3 *	1B	II Rhian ISRAEL	Bridgend 14.5 12
2A	X Bryony SLADE	Neath 13.5 14 G3	2B	JJ Sarah LIVETT	Menai 14.8 10
3A	N Rebecca SCOTT	Newport 13.6 12 G3	3B	FF Chelsea KEELING	Barry & Vale 15.5 8
4A	J Sophie ROBERTS	Menai 13.9 10 G4			
5A	F Toyah NEWMAN	Barry & Vale 14.1 8			
6A	U Jodie CHAPMAN	Rhondda 16.2 6			
7A	L Nessie HOWELL	Ynys Mon 17.1 4			

**3:35 PM League Age Group Record Hannah Jones, Carmarthen Harriers, 25.5s, 2005**

Letter	200m	Perf.	Letter	Perf.	
1A	I Rachel O'CONNOR	Bridgend 27.2 16 G3 *	1B	II Rhian ISRAEL	Bridgend 29.0 12 G4
2A	N Rebecca SCOTT	Newport 28.0 14 G4	2B	JJ Rachel ROBERTS	Menai 36.0 10
3A	J Sophie ROBERTS	Menai 29.8 12			
4A	L Nessie HOWELL	Ynys Mon 34.0 10			

**2:05 PM League Age Group Record Non Stanford, Swansea Harriers, 2 min 19.4s,**

Letter	800m	Perf.	Letter	Perf.	
1A	I Alysha JONES	Bridgend 2:46.9 16	1B	II Amy TIDBALL	Bridgend 2:50.2 8
2A	LL Abbey PRITCHARD	Ynys Mon 3:09.8 14	2B	L Emma HENSON	Ynys Mon 3:19.4 7
3A	J Cara HOPE	Menai 3:34.5 12			

**4:20 PM League Age Group Record Melanie Davies, Swansea Harriers, 4 min 55.1s, 2003**

Letter	1500m	Perf.	Letter	Perf.	
1A	A Ffion JONES	Aberdare 5:30.5 16	1B	JJ Lisa PETERS	Menai 5:39.7 12
2A	J Sarah LIVETT	Menai 5:33.8 14			
3A	II Danni ANDREWS	Bridgend 6:35.5 12			

**2:40 PM League Age Group Record Heather Jones, Carmarthen Harriers, 11.1s,**

Letter	75m Hurdles	Perf.	Letter	Perf.	
1A	I Katie LEWIS	Bridgend 12.1 16 G2 *	1B	II Rachel DAVIES	Bridgend 12.6 12 G3 *
2A	L Emma HENSON	Ynys Mon 19.3 14			

**12:00 PM League Age Group Record Jenny Wade, Barry & Vale , 1m 58cm, 2003**

Letter	High Jump	Perf.	Letter	Perf.	
1A	I Alysha JONES	Bridgend 1.33 16	1B	II Bethan ISRAEL	Bridgend 1.23 12
2A	A Christie WILLIAMS	Aberdare 1.23 14	2B	JJ Lisa PETERS	Menai 1.10 10
3A	J Sophie ROBERTS	Menai 1.20 12			
4A	X Bryony SLADE	Neath 1.10 10			

**11:30 AM League Age Group Record Emma Gould, Brecon AC, 3m 11cm, 2005**

Letter	Pole Vault	Perf.	Letter	Perf.
	Event Cancelled			

**2:15 PM League Age Group Record Danielle Carpenter, Cardiff AAC, 5m 17cm,**

Letter	Long Jump	Perf.	Letter	Perf.	
1A	I Rachel DAVIES	Bridgend 4.68 16 G3 *	1B	II Katie LEWIS	Bridgend 4.32 12 G4
2A	F Toyah NEWMAN	Barry & Vale 3.94 14	2B	FF Chelsea KEELING	Barry & Vale 3.45 10
3A	L Nadine THOMPSON	Ynys Mon 3.63 12			
4A	X Elin PHILLIPS	Neath 3.54 10			
5A	J Lisa PETERS	Menai 3.23 8			
6A	A Ffion JONES	Aberdare 3.03 6			

**12:00 PM League Age Group Record Toni Wells, Swansea Harriers, 10m 99cm, 2007**

Letter	Shot Putt (3.25kg)	Perf.	Letter	Perf.
1A	I Trudy WILLIAMS	Bridgend 9.10 16 G3 *	1B	II Katie LEWIS
2A	J Cara HOPE	Menai 8.34 14 G4	2B	LL Abbey MARSHALL
3A	X Nicole EVANS	Neath 7.86 12 G4	3B	JJ Sarah LIVETT
4A	U Jodie CHAPMAN	Rhondda 7.83 10 G4		
5A	L Rebecca PITMAN	Ynys Mon 6.15 8 G4		

**2:15 PM League Age Group Record Toni Wells, Swansea Harriers, 32m 15cm, 2007**

Letter	Discus (1.0kg)	Perf.	Letter	Perf.
1A	X Nicole EVANS	Neath 23.68 16 G3 *	1B	II Rhian ISRAEL
2A	A Christie WILLIAMS	Aberdare 23.42 14 G4 *	2B	JJ Rachel ROBERTS
3A	I Trudy WILLIAMS	Bridgend 22.78 12 G4	3B	LL Abbey MARSHALL
4A	N April VOISEY	Newport 21.42 10 G4		
5A	J Cara HOPE	Menai 17.06 8		
6A	L Rebecca PITMAN	Ynys Mon 17.05 6		
7A	U Jodie CHAPMAN	Rhondda 11.44 4		

**4:30 PM League Age Group Record Danielle Hamer, Carmarthen Harriers, 35m 24cm, 2005**

Letter	Javelin (600g)	Perf.	Letter	Perf.
1A	A Christie WILLIAMS	Aberdare 31.02 16 G2 *	1B	II Danni ANDREWS
2A	X Elin PHILLIPS	Neath 20.56 14 G4		
3A	I Amy TIDBALL	Bridgend 19.22 12 G4		
4A	F Toyah NEWMAN	Barry & Vale 18.54 10		
5A	J Rachel ROBERTS	Menai 13.76 8		
6A	L Abbey MARSHALL	Ynys Mon 12.88 6		

**11:00 AM League Age Group Record Toni Wells, Swansea Harriers, 39m 91cm, 2006**

Letter	Hammer (3kg)	Perf.	Letter	Perf.
1A	X Nicole EVANS	Neath 20.43 16 G4	1B	XX Bryony SLADE
2A	I Trudy WILLIAMS	Bridgend 13.97 14		

**5:30 PM League Age Group Record Carmarthen Harriers, 50.6s, 2005**

Letter	4 x 100m Relay	Perf.
1A	I Bridgend	Rhian ISRAEL Rachel O'CONNOR Katie LEWIS Rachel DAVIES 16 54.9
	J Menai	Sophie ROBERTS Sarah LIVETT Lisa PETERS Elin JAMES 14 59.9
	X Neath	Elin PHILLIPS Nicole EVANS Bryony SLADE - 12 64.4
	L Ynys Mon	Emma HENSON Nessie HOWELL Abbey PRITCHARD Lucy GRIFFITHS 10 65.6

Position	Clubs	Points
1	Bridgend	282
2	Menai	172
3	Neath	116
4	Ynys Mon	109
5	Aberdare	66
6	Barry & Vale	50
7	Newport	36
8	Rhondda	20

The points above are for U15 Girls only