

**12:40 PM League Age Group Record Tomas Cusworth, Wrexham AC, 12.8s, 2005**

	Letter	100m		Perf.		Letter		Perf.			
1A	X	Keiran KELLY	Neath	13.4	16 G2 *	1B	II	Ryan THOMAS	Bridgend	15.6	12
2A	J	Aled THOMAS	Menai	14.5	14 G4	2B	JJ	John SPILL	Menai	16.2	10
3A	I	Ross JENKINS	Bridgend	14.8	12 G4						
4A	N	Ryan MORGAN	Newport	16.0	10						

**3:50 PM League Age Group Record Thomas Cusworth, Wrexham AC, 25.8s, 2005**

	Letter	200m		Perf.		Letter		Perf.			
1A	X	Keiran KELLY	Neath	28.2	16 G3	1B	II	Ryan THOMAS	Bridgend	32.4	12
2A	J	Aled THOMAS	Menai	29.9	14 G4						
3A	I	Ross JENKINS	Bridgend	30.1	12 G4						
4A	N	Ryan MORGAN	Newport	33.8	10						

**1:50 PM League Age Group Record Daniel Benson, Menai T&F, 2 min 20.9s, 2003**

	Letter	800m		Perf.		Letter		Perf.			
1A	I	Morgan THOMAS	Bridgend	2:32.9	16 G3	1B	II	Oliver BANNER	Bridgend	2:44.5	12 G4

**4:10 PM League Age Group Record Matthew Williams, Aberdare VAAC, 4 min 51.1s,**

	Letter	1500m		Perf.		Letter		Perf.			
1A	A	Tomos ADLER	Aberdare	5:30.5	16	1B	AA	Joseph ROBERTS	Aberdare	5:34.3	12
2A	I	Oliver HOLT-LARSEN	Bridgend	5:56.5	14						
3A	J	John SPILL	Menai	6:03.3	12						
4A	X	Keiran JOHN	Neath	6:09.4	10						

**2:45 PM League Age Group Record Thomas Griffiths, Swansea Harriers, 12.9s,**

	Letter	75m Hurdles		Perf.		Letter		Perf.			
1A	I	Joshua SAGE	Bridgend	16.1	16 G4	1B	II	Oliver HOLT-LARSEN	Bridgend	18.6	12
2A	L	-	Ynys Mon								

**2:00 PM League Age Group Record David Guest, Bridgend AC, 1m 50cm, 2003**

	Letter	High Jump		Perf.		Letter		Perf.			
1A	X	Keiran KELLY	Neath	1.20	16 G4	1B	I	Joshua SAGE	Bridgend	1.05	12
2A	II	Gareth CROSS	Bridgend	1.15	14						

**3:45 PM League Age Group Record Bruce Tasker, Carmarthen Harriers, 5m 07cm,**

	Letter	Long Jump		Perf.		Letter		Perf.			
1A	I	Ross JENKINS	Bridgend	3.85	16 G4	1B	II	Morgan THOMAS	Bridgend	3.65	12
2A	J	Aled THOMAS	Menai	3.69	14	2B	JJ	Michael BLAND	Menai	3.37	10
3A	F	Thomas WILLIAMS	Barry & Vale	3.16	12						

**12:45 PM League Age Group Record Matthew Evans, Carmarthen Harriers, 35m 35cm,**

	Letter	Discus (1.0kg)		Perf.		Letter		Perf.			
1A	A	Matthew FIELD	Aberdare	30.25	16 G1 *	1B	I	Jacob LEWIS	Bridgend	12.98	12 G4
2A	U	Gethin PARRY	Rhondda	18.38	14 G3	2B	J	Shaun LIVETT	Menai	9.95	10
3A	II	Oliver BANNER	Bridgend	13.91	12 G4						
4A	JJ	Michael BLAND	Menai	10.39	10						

**1:30 PM League Age Group Record Matthew Evans, Carmarthen Harriers, 14m 21cm,**

	Letter	Shot Putt (3.25kg)		Perf.		Letter		Perf.			
1A	A	Matthew FIELD	Aberdare	9.56	16 G2 *	1B	U	Gethin PARRY	Rhondda	6.83	12 G4
2A	UU	Owain CURNELL	Rhondda	9.32	14 G2 *	2B	II	Joshua SAGE	Bridgend	5.72	10
3A	I	Jacob LEWIS	Bridgend	6.17	12 G4	3B	AA	Tomos ADLER	Aberdare	5.45	8
4A	JJ	Michael BLAND	Menai	5.08	10	4B	J	Shaun LIVETT	Menai	4.30	6
5A	X	Keiran JOHN	Neath	3.83	8						

**3:00 PM League Age Group Record Rheon James, Carmarthen Harriers, 41m 04cm, 2005**

Letter		Javelin (400g)		Perf.		Letter		Perf.				
1A	U	Owain CURNELL	Rhondda	23.06	16	G4	1B	I	Oliver HOLT-LARSEN	Bridgend	17.16	12
2A	II	Ryan THOMAS	Bridgend	18.24	14		2B	JJ	John SPILL	Menai	8.97	10
3A	A	Matthew FIELD	Aberdare	16.91	12							
4A	J	Shaun LIVETT	Menai	11.22	10							

**5:25 PM League Age Group Record Swansea Harriers, 55.2s, 2005**

Letter		4 x 100m Relay		Perf.	
1A	I	Bridgend	Oliver BANNER, Morgan THOMAS, Joshua SAGE, Ross JENKINS	16	60.7
2A	J	Menai	Aled THOMAS, Michael BLAND, Shaun LIVETT, John SPILL	14	65.8

Position	Clubs	Points
1	Bridgend	260
2	Menai	144
3	Aberdare	80
4	Neath	66
5	Rhondda	56
6	Newport	20
7	Barry & Vale	12
8		

The points above are for U13 Boys only