

**CARMARTHEN AND DISTRICT HARRIERS ATHLETICS CLUB
CLWB HARRIERS CAERFYRDDIN**

**Welsh Cross Country Championships
at Singleton Park Swansea
on Sunday 24 February 2008 (first race at 1pm)**

THIS IS ONE OF MOST IMPORTANT EVENTS OF THE CROSS- COUNTRY SEASON

We would like to do as well at Swansea as we did in Ruthin last year
85 Carmarthen Harriers members have been entered and there are two or three teams
entered in the younger age groups

TRAVEL ARRANGEMENTS

Bus leaves Peacocks Lammas Street Carmarthen at 10.45 am on Sunday 24 February
2008 and picks up at C0-0P Cross Hands at 11am and Hendy Junction at 11.15am.

The bus fare is £5 and £1 competition fee

Our aim in Swansea is to win at least two Welsh Team Championships

Please let us know if you are not available

Team Managers

Hedydd Davies	01267 290249
Joan Goldsmith	01267 231028

Please visit our website for all the Harriers results and news

www.carmarthenharriers.co.uk