

Louise Arthur League, Division 1, Saturday 26th April 2008, Carmarthen - Boys

No.	Name	Club	Perf.	No.	Name	Club	Perf.
U11B	75 metres			U11B	75 metres		
	255 Harry Goforth	Pembs	12.3	216 James Ratts	Swan H	12.5	
	1 Harry Randall	Carm H	12.5	6 Sam Thompson	Carm H	12.5	
	214 Joseph Brier	Swan H	13.2	256 Jack Parkinson	Pembs	13.1	
	305 Luke Griffiths	Bridgend	13.5	4 Jack Haley	Carm H	13.7	
	219 Tom Davies	Swan H	14.1	304 Sam John	Bridgend	13.7	
				218 Jack Argyle	Swan H	14.8	
U11B	75 metres			U11B	150 metres		
	212 Joe Cosby	Swan H	12.5	212 Joe Cosby	Swan H	21.9	
	302 Rhys Roberts	Bridgend	12.5	255 Harry Goforth	Pembs	23.4	
	8 Daniel Davies	Carm H	13.1	1 Harry Randall	Carm H	23.8	
	5 Osian Thomas	Carm H	13.7	214 Joseph Brier	Swan H	24.8	
	213 Kieron Hodgson	Swan H	13.7	398 Sean Hughes	TAC	26.1	
	253 Sion Bevan	Pembs	14.8	304 Sam John	Bridgend	26.4	
U11B	150 metres			U11B	150 metres		
	213 Kieron Hodgson	Swan H	23.6	302 Rhys Roberts	Bridgend	22.1	
	397 Tomos Slinger	TAC	23.8	217 William Reynolds	Swan H	22.5	
	216 James Ratts	Swan H	24.2	6 Sam Thompson	Carm H	23.4	
	3 Aled Rees	Carm H	24.3	215 Toby Allard	Swan H	24.9	
	303 Rob Davis	Bridgend	24.9	4 Jack Haley	Carm H	25.2	
	305 Luke Griffiths	Bridgend	25.5				
U11B	800 metres			U11B	800 metres		
	7 Jordan Richards	Carm H	2.44.9	220 Miles Keller	Swan H	3.00.00	
	256 Jack Parkinson	Pembs	2.48.6	2 Dinas Drakely	Carm H	3.01.8	
	397 Tomos Slinger	TAC	2.53.1	254 Euan Cox	Pembs	3.03.7	
	222 Rhys Griffiths	Swan H	2.55.8	5 Osian Thomas	Carm H	3.04.7	
	303 Rob Davis	Bridgend	2.58.1				
	8 Daniel Davies	Carm H	2.58.2				
	398 Sean Hughes	TAC	2.58.5				
U11B	Relay			U11B	Javelin		
	Swansea	#N/A	63.8	253 Sion Bevan	Pembs	21.55	
		#N/A		302 Rhys Roberts	Bridgend	21.18	
		#N/A		220 Miles Keller	Swan H	18.17	
		#N/A		2 Dinas Drakely	Carm H	15.09	
				254 Euan Cox	Pembs	11.22	
	Carmarthen	#N/A	65	7 Jordan Richards	Carm H	10.84	
		#N/A		3 Aled Rees	Carm H	10.66	
		#N/A		305 Luke Griffiths	Bridgend	9.76	
		#N/A					
				U11B	Long Jump		
	Pembroke	#N/A	66.2	212 Joe Cosby	Swan H	3.72	
		#N/A		221 Matthew Lloyd	Swan H	3.66	
		#N/A		217 William Reynolds	Swan H	3.65	
		#N/A		256 Jack Parkinson	Pembs	3.5	
				215 Toby Allard	Swan H	3.46	
	Bridgend	#N/A	66.2	255 Harry Goforth	Pembs	3.35	
		#N/A		303 Rob Davis	Bridgend	3.31	

		#N/A	#N/A		5 Osian Thomas	Carm H	3.02
		#N/A	#N/A		214 Joseph Brier	Swan H	3
					222 Rhys Griffiths	Swan H	3
U11B	Shot Putt				2 Dinas Drakely	Carm H	2.92
	220 Miles Keller	Swan H	6.36		6 Sam Thompson	Carm H	2.9
	31 Joseph Swift	Carm H	5.24		253 Sion Bevan	Pembs	2.9
	3 Aled Rees	Carm H	4.75		304 Sam John	Bridgend	2.86
	8 Daniel Davies	Carm H	4.47		254 Euan Cox	Pembs	2.84
	1 Harry Randall	Carm H	4.32		7 Jordan Richards	Carm H	2.78
	219 Tom Davies	Swan H	4.31		398 Sean Hughes	TAC	2.55
	4 Jack Haley	Carm H	2.92				
U13B	75m Hurdles			U13B	75m Hurdles		
	207 Luke Jenkins	Swan H	14.3		41 Aled Price	Carm H	14.2
	38 Simon Snape	Carm H	14.7		308 Joshua Sage	Bridgend	15.3
	200 Gareth Drummond	Swan H	15.5				
	33 Daffyd Adams	Carm H	16.7				
	306 Jak D'Argie	Bridgend	16.8				
U13B	100metres			U13B	100metres		
	195 Alexander Pavlou	Swan H	13.9		200 Gareth Drummond	Swan H	15.7
	42 Charlie Randall	Carm H	14.2		209 Rhodri Wall	Swan H	16
	571 Thomas Williams	Barry & V	15.5		43 Sion Hovells	Carm H	16.3
	35 Rhys Granville	Carm H	15.6		47 Iestyn Lewis	Carm H	16.5
	257 Cameron Blackemor	Pembs	15.6		259 Daniel Salmon	Pembs	16.8
	396 Sion Cowdy	TAC	17.2		572 Taylor Knight	Barry & V	17.4
U13B	100meters			U13B	200 metres		
	207 Luke Jenkins	Swan H	14.6		206 Luke Ford	Swan H	31.4
	201 Harri Hooper-Lewis	Swan H	15.6		209 Rhodri Wall	Swan H	32.2
	197 Chay Smith	Swan H	15.9		32 Llyr Freeman	Carm H	32.7
	32 Llyr Freeman	Carm H	16.8		33 Daffyd Adams	Carm H	33
	46 Nathan Richards	Carm H	18.4		572 Taylor Knight	Barry & V	33.7
					311 Jacob David	Bridgend	36
U13B	200 metres			U13B	200 metres		
	571 Thomas Williams	Barry & V	29.7		199 Finley Davies	Swan H	31
	35 Rhys Granville	Carm H	30		47 Iestyn Lewis	Carm H	32.6
	34 Kyran Roberts	Carm H	30.5		588 Elliot Richards	Barry & V	32.8
	197 Chay Smith	Swan H	32.4		210 Oliver Allcard	Swan H	35.4
	306 Jak D'Argie	Bridgend	33.3		589 Tomaz Phillips	Barry & V	36.1
	208 Oliver Ford	Swan H	34.5				
U13B	Relay			U13B	800 metres		
	Carmarthen	#N/A	55.6		34 Kyran Roberts	Carm H	2.23.9
		#N/A			204 Kieron White	Swan H	2.26.4
		#N/A			199 Finley Davies	Swan H	2.31.9
		#N/A			37 Christian Lovett	Carm H	2.42.5
					588 Elliot Richards	Barry & V	2.47.0
	Swansea	#N/A	59.4		311 Jacob David	Bridgend	2.56.1
		#N/A			39 Benjamn Williams	Carm H	2.59.0
		#N/A			196 Callum Boote	Swan H	2.59.9
		#N/A			307 Joseph Hapgood	Bridgend	3.01.3

	Barry	#N/A	#N/A	63.5	U13B 800 metres			
		#N/A	#N/A		205 Lewis Preece	Swan H	2.33.0	
		#N/A	#N/A		313 Lewis Jones	Bridgend	2.35.6	
		#N/A	#N/A		202 Jack Hooper-Lewis	Swan H	2.48.0	
					36 Ben Bridgewater	Carm H	2.54.6	
	Bridgend		#N/A	64.9	208 Oliver Ford	Swan H	3.02.4	
		#N/A	#N/A			#N/A	#N/A	
		#N/A	#N/A			#N/A	#N/A	
		#N/A	#N/A			#N/A	#N/A	
U13B	Relay		non scoring					
	Llanelli			61.8				
	Swansea B			62.4				
	Carmarthen B			63.7				
U13B	100metres Walk				U13B 1500 metres			
	45 Tristan Ross	Carm H	7.05.7		206 Luke Ford	Swan H	5.22.7	
	38 Simon Snape	Carm H	7.12.9		198 Daniel Hall	Swan H	5.26.2	
	40 Aled John	Carm H	7.22.1		309 Oliver Holt-Larsen	Bridgend	5.40.7	
	394 Ashley Hughes	TAC	8.04.9		589 Tomaz Phillips	Barry & V	5.49.9	
	44 Adam Davies	Carm H	8.04.9		46 Nathan Richards	Carm H	5.55.9	
	192 Jack Beynon	Swan H	8.05.0		31 Joseph Swift	Carm H	6.26.9	
U13B	Long Jump				U13B Javelin			
	571 Thomas Williams	Barry & V	4.18		309 Oliver Holt-Larsen	Bridgend	15.69	
	35 Rhys Granville	Carm H	3.97		260 Samuel Withers	Pembs	23.66	
	197 Chay Smith	Swan H	3.82		37 Christian Lovett	Carm H	15.28	
	200 Gareth Drummond	Swan H	3.8		36 Ben Bridgewater	Carm H	nt	
	206 Luke Ford	Swan H	3.76		44 Adam Davies	Carm H	16.17	
	47 Iestyn Lewis	Carm H	3.64		43 Sion Hovells	Carm H	28.3	
	32 Llyr Freeman	Carm H	3.6		193 Leon Thomas	Swan H	11.74	
	196 Callum Boote	Swan H	3.24		45 Tristan Ross	Carm H	nt	
	46 Nathan Richards	Carm H	3.23		306 Jak D'Argie	Bridgend	12.03	
	210 Oliver Allcard	Swan H	3.16		307 Joseph Hapgood	Bridgend	11.29	
	307 Joseph Hapgood	Bridgend	3.15		257 Cameron Blackemore	Pembs	17.9	
	195 Alexander Pavlou	Swan H	3.11		42 Charlie Randall	Carm H	18.43	
	572 Taylor Knight	Barry & V	3.1		313 Lewis Jones	Bridgend	11.4	
	40 Aled John	Carm H	2.79					
	39 Benjamn Williams	Carm H	2.7					
U13B	High Jump				U13B Shot Putt			
	207 Luke Jenkins	Swan H	1.35		42 Charlie Randall	Carm H	10.11	
	41 Aled Price	Carm H	1.35		194 Samuel Martin	Swan H	8.8	
	312 Morgan Coates	Bridgend	1.3		394 Ashley Hughes	TAC	7.25	
	259 Daniel Salmon	Pembs	1.1		192 Jack Beynon	Swan H	7.19	
	38 Simon Snape	Carm H	1.3		203 Jordan Harding	Swan H	7.17	
	211 Ryan Argyle	Swan H	1.25		312 Morgan Coates	Bridgend	6.78	
	308 Joshua Sage	Bridgend	1.2		191 Bobby Jones	Swan H	6.37	
	257 Cameron Blackemor	Pembs	1.05		43 Sion Hovells	Carm H	6.02	
	209 Rhodri Wall	Swan H	1.15		589 Tomaz Phillips	Barry & V	4.51	
	33 Daffyd Adams	Carm H	1.2		34 Kyran Roberts	Carm H	4.32	
					31 Joseph Swift	Carm H	4.28	

U13B	Discus			311 Jacob David	Bridgend	4.24
	203 Jordan Harding	Swan H	21.81	36 Ben Bridgewater	Carm H	4.24
	194 Samuel Martin	Swan H	20.81	39 Benjamin Williams	Carm H	3.34
	394 Ashley Hughes	TAC	17.66	588 Elliot Richards	Barry & V	3.14
	191 Bobby Jones	Swan H	17.63			
	260 Samuel Withers	Pembs	15.56			
	192 Jack Beynon	Swan H	12.67			
	45 Tristan Ross	Carm H	11.75			
	40 Aled John	Carm H	10.82			
	309 Oliver Holt-Larsen	Bridgend	10.66			
	44 Adam Davies	Carm H	7.5			
U15B	80m Hurdles					
	182 Josh Sansom	Swan H	13.6			
U15B	100 metres			U15B 100 metres		
	263 Matthew Richards	Pembs	12.8	574 Lloyd Martin	Barry & V	12.8
	318 Lewis Jones	Bridgend	13	61 Matthew Davies	Carm H	12.9
	188 Keiron Martin	Swan H	13.8	262 Emil Matthews	Pembs	13.1
	577 James Glaves	Barry & V	14	575 Sam Norman	Barry & V	13.6
	576 Tom Nugent	Barry & V	14.7	65 James Stevenson	Carm H	14.1
	391 Rhodri Armstrong	TAC	14.7	184 Brent Harries	Swan H	15.5
	68 Davey Lewis	Carm H	16	175 Darren Beynon	Swan H	16.1
U15B	200 metres			U15B 200 metres		
	263 Matthew Richards	Pembs	24.8	61 Matthew Davies	Carm H	25.9
	574 Lloyd Martin	Barry & V	25.5	262 Emil Matthews	Pembs	26.8
	318 Lewis Jones	Bridgend	25.7	315 Tom Davis	Bridgend	27.7
	67 Christian Marks	Carm H	28	179 Matthew Hughes	Swan H	28.9
	186 Ryan Jones	Swan H	29.9	183 Sean White	Swan H	29.8
U15B	400metres			U15B 400metres		
	69 Liam Jones	Carm H	55.1	181 Carwyn Evans	Swan H	59.6
	315 Tom Davis	Bridgend	59.3	64 Ronan Llyr	Carm H	64.8
	179 Matthew Hughes	Swan H	62.4			
	392 Michael Thomas	TAC	92.2	U15B 1500metres		
				181 Carwyn Evans	Swan H	4.58.4
U15B	800 metres			64 Ronan Llyr	Carm H	5.01.2
	69 Liam Jones	Carm H	2.14.0	180 Stephen Reynolds	Swan H	5.02.9
	183 Sean White	Swan H	2.16.9	68 Davey Lewis	Carm H	5.11.5
	63 Lloyd Heckler	Carm H	2.22.4			
	67 Christian Marks	Carm H	2.24.9	U15B 1000m Walk		
	62 Tomos Drakeley	Carm H	2.35.7	68 Davey Lewis	Carm H	7.02.8
	185 Jonathan Smith	Swan H	2.36.7			
	314 Daniel Glen	Bridgend	3.00.0	U15B Relay		
				Barry	#N/A	52
U15B	Discus				#N/A	
	176 William Clarke	Swan H	21.74		#N/A	
	577 James Glaves	Barry & V	20.58		#N/A	
	65 James Stevenson	Carm H	17.05		#N/A	
	316 Kieran Quirke	Bridgend	17.02	Carmarthen	#N/A	54.8
	186 Ryan Jones	Swan H	15.41		#N/A	

	391 Rhodri Armstrong	TAC	14.98		#N/A	#N/A	
	183 Sean White	Swan H	10.65		#N/A	#N/A	
	63 Lloyd Heckler	Carm H	10.59				
				Swansea A		#N/A	56.3
U15B	Javelin				#N/A	#N/A	
	65 James Stevenson	Carm H	31.9		#N/A	#N/A	
	62 Tomos Drakeley	Carm H	20.83		#N/A	#N/A	
	316 Kieran Quirke	Bridgend	25.74				
	63 Lloyd Heckler	Carm H	20.41	Swansea (Guest)		#N/A	57.7
					#N/A	#N/A	
U15B	High Jump				#N/A	#N/A	
	577 James Glaves	Barry & V	1.52		#N/A	#N/A	
	61 Matthew Davies	Carm H	1.45				
	66 Matthew Northcolt	Carm H	1.25	Bridgend		#N/A	57.9
					#N/A	#N/A	
U15B	Long Jump				#N/A	#N/A	
	66 Matthew Northcolt	Carm H	3.58		#N/A	#N/A	
	64 Ronan Llyr	Carm H	4.02				
	187 Elliott Williams	Swan H	3.37	U15B Shot Putt			
	184 Brent Harries	Swan H	3.49	575 Sam Norman	Barry & V		10.43
	182 Josh Sansom	Swan H	4.68	67 Christian Marks	Carm H		9.51
	179 Matthew Hughes	Swan H	4.32	176 William Clarke	Swan H		9.14
	188 Keiron Martin	Swan H	4.66	391 Rhodri Armstrong	TAC		8.67
	186 Ryan Jones	Swan H	4.2	316 Kieran Quirke	Bridgend		7.74
	315 Tom Davis	Bridgend	4.84	62 Tomos Drakeley	Carm H		7.19
	318 Lewis Jones	Bridgend	5.02	392 Michael Thomas	TAC		3.68
	314 Daniel Glen	Bridgend	2.93	314 Daniel Glen	Bridgend		3.4
	575 Sam Norman	Barry & V	4.89				
	576 Tom Nugent	Barry & V	4.04				

Match Results - Boy			Carmarthen Girls		Total
26.04.08					O/all
Carmarthen H	293	199	492		
Swansea H	260	299	559		
Bridgend AC	128	156	284		
Pembrokeshire H	103	145	248		
Barry & V	95	63	158		
Team Ceredigion	48	57	105		

Louise Arthur League, Division 1, Saturday 26th April 2008, Carmarthen - Girls

No.	Name	Club	Perf.	No.	Name	Club	Perf.
U11G	75 metres			U11G	75 metres		
	388 Alys Cowdy	TAC	12.3		22 Eleanor Poulson	Carm H	12.4
	232 Anita Madan	Pembs	12.4		231 Alice Jones	Pembs	13.3
	105 Molly Jackson	Swan H	12.4		23 Hollie Lewis	Carm H	13.9
	6 Jessica Roberts	Carm H	12.9		107 Katie Wells	Swan H	14.1
	324 Rosa Yates	Bridgend	13		233 Holly Maynard	Pembs	14.3
	101 Lowri Ratti	Swan H	13.7		104 Bethan Harris	Swan H	14.4
	24 Naomi James	Carm H	14.9				
U11G	75 metres						
	162 Catrin Jones	Swan H	11.7				

7	Rebecca Lewis	Carm H	12.3
30	Rhiannon Thomas	Carm H	12.9
234	Nia Reynolds	Pembs	13.4
108	Katie Evans	Swan H	13.9
389	Lowri Bates	TAC	15

U11G	150 metres			U11G	150 metres		
102	Hannah Brier	Swan H	22.5	22	Eleanor Poulson	Carm H	24
105	Molly Jackson	Swan H	23.8	234	Nia Reynolds	Pembs	25.6
232	Anita Madan	Pembs	23.9	101	Lowri Ratti	Swan H	26.3
30	Rhiannon Thomas	Carm H	25.4	108	Katie Evans	Swan H	26.8
324	Rosa Yates	Bridgend	25.4	109	Hannah Westmark	Swan H	28.5
233	Holly Maynard	Pembs	28.6	387	Katie Thomas	TAC	32

U11G	800 metres			U11G	800 metres		
235	Alice Russell-Stretc	Pembs	2.50.9	24	Naomi James	Carm H	3.15.6
386	Emily Thomas	TAC	3.01.1	23	Hollie Lewis	Carm H	3.19.0
7	Rebecca Lewis	Carm H	3.02.7	321	Leah Thomas	Bridgend	3.19.2
6	Jessica Roberts	Carm H	3.04.3	103	Paige Grindrod	Swan H	3.26.6
231	Alice Jones	Pembs	3.06.9				
20	Siohan Eleri	Carm H	3.07.2				
8	Gwenno Daniel	Carm H	3.10.8				

U11G	Relay			U11G	Long Jump			
	Carmarthen	#N/A	#N/A	66.4	102	Hannah Brier	Swan H	3.52
		#N/A	#N/A		324	Rosa Yates	Bridgend	3.21
		#N/A	#N/A		107	Katie Wells	Swan H	3.19
		#N/A	#N/A		22	Eleanor Poulson	Carm H	3.15
					321	Leah Thomas	Bridgend	3.14
	Swansea	#N/A	#N/A	68.3	388	Alys Cowdy	TAC	3.13
		#N/A	#N/A		10	Erin Walters	Carm H	3.1
		#N/A	#N/A		23	Hollie Lewis	Carm H	3.07
		#N/A	#N/A		103	Paige Grindrod	Swan H	3.05
					386	Emily Thomas	TAC	2.98
	Pembroke	#N/A	#N/A	69.1	234	Nia Reynolds	Pembs	2.72
		#N/A	#N/A		231	Alice Jones	Pembs	2.7
		#N/A	#N/A		233	Holly Maynard	Pembs	2.68
		#N/A	#N/A		235	Alice Russell-Stretch	Pembs	2.41
					104	Bethan Harris	Swan H	2.36
	TAC	#N/A	#N/A	75.6	389	Lowri Bates	TAC	2.02
		#N/A	#N/A		112	Aryali Dave	Swan H	2
		#N/A	#N/A					
		#N/A	#N/A					

U11G	Shot Putt			U11G	Javelin		
112	Aryali Dave	Swan H	4.05	6	Jessica Roberts	Carm H	8.32
108	Katie Evans	Swan H	4	321	Leah Thomas	Bridgend	7.71
110	Hannah Matthews	Swan H	3.81	109	Hannah Westmark	Swan H	7.11
386	Emily Thomas	TAC	3.71	110	Hannah Matthews	Swan H	6.75
109	Hannah Westmark	Swan H	3.71	30	Rhiannon Thomas	Carm H	5.34
387	Katie Thomas	TAC	3.37				
389	Lowri Bates	TAC	3.35				

U13G	70m Hurdles			U13G	70m Hurdles		
	153 Elin Davies	Swan H	12.6		335 Emma Johnson	Bridgend	13.7
	237 Elli Norket	Pembs	13.2		161 Jade Meredith	Swan H	14.3
	169 Nicole Mitchell	Swan H	14.7		146 Jessica Lewis	Swan H	16.4
					147 Amber Brenton	Swan H	16.6
U13G	100metres			U13G	100metres		
	237 Elli Norket	Pembs	14.3		3 Kimberley Abodunrin	Carm H	14.8
	584 Catrin Cosier	Barry & V	14.6		338 Kerstin Watts	Bridgend	14.9
	10 Erin Walters	Carm H	15		11 Ffion Walters	Carm H	15.4
	162 Catrin Jones	Swan H	15.2		335 Emma Johnson	Bridgend	15.8
	341 Isabel Hughes	Bridgend	15.2		157 Rebecca Hughes	Swan H	16.3
	2 Sara Schinavone	Carm H	15.9		147 Amber Brenton	Swan H	17
	383 Megan Dafis	TAC	16.1		164 Ana Malandris	Swan H	17.9
U13G	100metres			U13G	200 metres		
	18 Natalie Evans	Carm H	14.8		584 Catrin Cosier	Barry & V	30.2
	14 Ayla Hamilton	Carm H	15		13 Megan Hamilton	Carm H	30.9
	169 Nicole Mitchell	Swan H	15.7		340 Rebecca John	Bridgend	32.9
	339 Nia Ward	Bridgend	15.8		239 Tilly Richards	Pembs	33.4
	343 Shauna Quirke	Bridgend	16		344 Jordan Carpenter	Bridgend	34.3
	165 Ria Evans	Swan H	16.5		165 Ria Evans	Swan H	35.3
	384 Ruby Cains	TAC	17.3				
U13G	200 metres			U13G	200 metres		
	338 Kerstin Watts	Bridgend	30.1		166 Emily Gazzi	Swan H	31
	161 Jade Meredith	Swan H	31.8		19 Carys Davies	Carm H	32.1
	168 Lucy Hammett	Swan H	32.5		343 Shauna Quirke	Bridgend	32.9
	2 Sara Schinavone	Carm H	33.3		34 Lora Phillips	Carm H	33.3
	238 Charlotte Rees	Pembs	34.1		337 Jazmine Briganti	Bridgend	33.7
U13G	200 metres			U13G	800 metres		
	153 Elin Davies	Swan H	30.3		238 Charlotte Rees	Pembs	2.47.1
	18 Natalie Evans	Carm H	31.4		344 Jordan Carpenter	Bridgend	2.53.2
	339 Nia Ward	Bridgend	32.5		172 Katherine Morris	Swan H	2.54.4
	29 Rachel Davies	Carm H	32.7		340 Rebecca John	Bridgend	2.56.9
	173 Jasmin Ogden	Swan H	37		383 Megan Dafis	TAC	2.59.8
					159 Bethan Radford	Swan H	3.00.4
U13G	Relay				239 Tilly Richards	Pembs	3.03.4
	Swansea	#N/A	57.4		1 Charlotte Drakley	Carm H	3.05.1
		#N/A			586 Tillie Carter	Barry & V	3.07.0
		#N/A			21 Niamh Elain	Carm H	3.09.2
		#N/A					
	Bridgend	#N/A	59.9	U13G	800 metres		
		#N/A			168 Lucy Hammett	Swan H	2.46.7
		#N/A			341 Isabel Hughes	Bridgend	2.51.2
		#N/A			345 Amiee Price	Bridgend	2.54.9
		#N/A			149 Naiomi Osborn	Swan H	2.57.7
		#N/A			342 Katie Roberts	Bridgend	3.01.5
	Carmarthen	#N/A	61.6		167 Miriam Williams	Swan H	3.05.4
		#N/A			171 Iona Evans	Swan H	3.07.8

	#N/A	#N/A				
	#N/A	#N/A		U13G 1500 metres		
				163 Siwan Thomas-Howell	Swan H	5.18.5
Barry		#N/A	64.7	346 Lucy Tarrent	Bridgend	5.21.8
	#N/A	#N/A		33 Kari O'Neill	Carm H	5.34.2
	#N/A	#N/A		155 Olivia Gwynn	Swan H	5.38.6
	#N/A	#N/A		587 Katie Coker	Barry & V	5.47.3
				337 Jazmine Briganti	Bridgend	5.51.0
U13G Relay	non scoring			585 Rachel Cosier	Barry & V	6.01.3
Carmarthen B	#N/A	58		385 Alice Martin	TAC	6.04.2
Swansea B	#N/A	63.4		170 Natasha Jones	Swan H	6.11.8
Swansea C	#N/A	63.6				
Pembroke	#N/A	64.3		U13G 1000metres Walk		
Swansea D	#N/A	65.5		164 Ana Malandris	Swan H	8.04.2
U13G Long Jump				U13G High Jump		
338 Kerstin Watts	Bridgend	4.29		151 Shannon Richards	Swan H	1.3
19 Carys Davies	Carm H	3.93		162 Catrin Jones	Swan H	1.3
166 Emily Gazzi	Swan H	3.85		154 Elise Davies	Swan H	1.25
10 Erin Walters	Carm H	3.85		159 Bethan Radford	Swan H	1.15
167 Miriam Williams	Swan H	3.75				
11 Ffion Walters	Carm H	3.74		U13G Javelin		
18 Natalie Evans	Carm H	3.65		1 Charlotte Drakley	Carm H	18.46
340 Rebecca John	Bridgend	3.65		157 Rebecca Hughes	Swan H	15.2
168 Lucy Hammett	Swan H	3.6		343 Shauna Quirke	Bridgend	15.02
339 Nia Ward	Bridgend	3.53		11 Ffion Walters	Carm H	14.32
148 Carys Brandon	Swan H	3.49		4 Emma Roberts	Carm H	14.11
585 Rachel Cosier	Barry & V	3.46		160 Catrin Atkins	Swan H	13.24
171 Iona Evans	Swan H	3.36		344 Jordan Carpenter	Bridgend	12.93
29 Rachel Davies	Carm H	3.27		150 Sian Clarke	Swan H	12.86
158 Rebecca Rees	Swan H	3.15		29 Rachel Davies	Carm H	11.48
335 Emma Johnson	Bridgend	3.15		163 Siwan Thomas-Howell	Swan H	11.13
384 Ruby Cains	TAC	3.1		159 Bethan Radford	Swan H	10.39
586 Tillie Carter	Barry & V	2.98		342 Katie Roberts	Bridgend	8.43
3 Kimberley Abodunrir	Carm H	2.94		383 Megan Dafis	TAC	8.12
				385 Alice Martin	TAC	5.23
U13G Shot Putt				U13G Discus		
15 Awen Rosser	Carm H	9.18		156 Stephanie Howell	Swan H	15.55
237 Elli Norket	Pembs	7.32		15 Awen Rosser	Carm H	14.74
156 Stephanie Howell	Swan H	6.95		145 Rebecca Biggar	Swan H	13.32
172 Katherine Morris	Swan H	5.79		151 Shannon Richards	Swan H	10.65
145 Rebecca Biggar	Swan H	5.72		385 Alice Martin	TAC	4.47
4 Emma Roberts	Carm H	5.55				
32 Nia Emanuel	Carm H	5.52				
10 Erin Walters	Carm H	4.79				
164 Ana Malandris	Swan H	4.53				
1 Charlotte Drakley	Carm H	4.09				
U15G 75m Hurdles				U15G 75m Hurdles		
244 Olivia Jones	Pembs	12.7		124 Gemma Seaman	Swan H	13.2
127 Atlanta Williams	Swan H	13		138 Emily Morris	Swan H	13.3

139	Alex Thomas	Swan H	13.4	114	Kimberley Davies	Swan H	13.7
579	Ellie Cartor	Barry & V	14	36	Bethan Phillips	Carm H	13.8
246	Josie Lewis	Pembs	14.3	248	Lowrie Norkett	Pembs	15.6
142	Rhiannon Thomas	Swan H	15.7				
U15G	100 metres			U15G	100 metres		
135	Nia Palla	Swan H	14.1	120	Mali James	Swan H	14.3
332	Katie Lewis	Bridgend	14.2	116	Emma Thomas	Swan H	14.4
249	Eleanor Rowland	Pembs	14.3	581	Toyah Newman	Barry & V	14.5
579	Ellie Cartor	Barry & V	14.5	331	Amy Tidball	Bridgend	14.9
38	Leah Bitchell	Carm H	14.6	25	Amelia Roberts	Carm H	15
27	Catrin Rees	Carm H	14.7	250	Clare Tomlison	Pembs	15.7
578	Lauren Drew	Barry & V	14.9				
141	Emily Dacey	Swan H	15.2				
U15G	100 metres			U15G	200 metres		
12	Leah Beynon	Carm H	14.5	333	Alysha Jones	Bridgend	28.6
31	Llinos Emanuel	Carm H	14.8	578	Lauren Drew	Barry & V	28.7
251	Amy Townsend	Pembs	15	120	Mali James	Swan H	29.7
252	Holly Welch	Pembs	15.2	251	Amy Townsend	Pembs	29.7
128	Rebecca Hall	Swan H	15.8	138	Emily Morris	Swan H	30
134	Nicola Jones	Swan H	16	5	Amy Roberts	Carm H	30.2
325	Rebecca Johnson	Bridgend	17				
U15G	200 metres			U15G	200 metres		
36	Bethan Phillips	Carm H	28.7	116	Emma Thomas	Swan H	29.4
123	Chelsie Kilner	Swan H	29.6	12	Leah Beynon	Carm H	29.5
330	Bethan Hocking	Bridgend	29.6	241	Megan Good	Pembs	29.8
17	Amy McAndrew	Carm H	29.7	25	Amelia Roberts	Carm H	29.9
252	Holly Welch	Pembs	31.1	136	Chelsea Christopher	Swan H	31.6
U15G	300 metres			U15G	300 metres		
38	Leah Bitchell	Carm H	44.1	27	Catrin Rees	Carm H	45.2
329	Lora Roberts	Bridgend	45	132	Grace Harwood	Swan H	46.1
126	Katie Reynolds	Swan H	46.1	118	Joelle Drummond	Swan H	46.4
241	Megan Good	Pembs	47	326	Louise Saxson	Bridgend	50
328	Zoe Davis	Bridgend	47.1				
117	Laura Thomas	Swan H	47.6				
U15G	800metres			U15G	Relay		
240	Lauren Bell	Pembs	2.15.7		Carmarthen	#N/A	55.2
131	Hywelis Thomas-Ho	Swan H	2.24.2			#N/A	#N/A
121	Jemima Osborn	Swan H	2.32.8			#N/A	#N/A
126	Katie Reynolds	Swan H	2.35.2			#N/A	#N/A
143	Oliva MCarthy	Swan H	2.39.4				
16	Alyce Phillips	Carm H	2.42.6		Pembroke	#N/A	55.5
125	Aoife Morris	Swan H	2.52.8			#N/A	#N/A
U15G	1500metres					#N/A	#N/A
119	Elyshia Pearson	Swan H	5.06.3			#N/A	#N/A
246	Josie Lewis	Pembs	5.09.2		Swansea	#N/A	56.8
5	Amy Roberts	Carm H	5.09.5			#N/A	#N/A

	382	Megan Turner	Ceredigion	5.22.3		#N/A	#N/A	
	245	Heather Lewis	Pembs	5.53.1		#N/A	#N/A	
	580	Hannah Jones	Barry & V	6.05.4				
	122	Bethan Clarke	Swan H	6.24.2	Barry		#N/A	57.7
						#N/A	#N/A	
						#N/A	#N/A	
U15G		1000metres Walk				#N/A	#N/A	
	115	Bethan Jones	Swan H	6.46.7				
	245	Heather Lewis	Pembs	5.50.1	Bridgend		#N/A	58.7
	134	Nicola Jones	Swan H	7.11.7		#N/A	#N/A	
	142	Rhiannon Thomas	Swan H	7.13.0		#N/A	#N/A	
						#N/A	#N/A	
U15G		High Jump						
	9	Rhiannon Plant	Carm H	1.5	U15G Relay		non scoring	
	333	Alysha Jones	Bridgend	1.5	Carmarthen B		#N/A	55.5
	127	Atlanta Williams	Swan H	1.45	Swansea B		#N/A	55.7
	244	Olivia Jones	Pembs	1.35	Pembroke B		#N/A	57.6
	16	Alyce Phillips	Carm H	1.35	Swansea C		#N/A	60.2
	132	Grace Harwood	Swan H	1.3				
	133	Rachel Higgs	Swan H	1.25	U15G Javelin			
	142	Rhiannon Thomas	Swan H	1.25	331 Amy Tidball	Bridgend		25.49
	250	Clare Tomlison	Pembs	1.2	581 Toyah Newman	Barry & V		22.41
	115	Bethan Jones	Swan H	1.2	132 Grace Harwood	Swan H		20.37
	331	Amy Tidball	Bridgend	1.2	37 Ellise Hamer	Carm H		19.71
	139	Alex Thomas	Swan H	1.15	35 Elliw James	Carm H		18.82
					332 Katie Lewis	Bridgend		17.59
					129 Neven Korashi	Swan H		17.39
U15G		Long Jump			115 Bethan Jones	Swan H		16.06
	243	Jess Harries	Pembs	4.65	28 Shannon Gimblett	Carm H		11.36
	135	Nia Palla	Swan H	4.62	140 Gabby Cirillo	Swan H		9.95
	141	Emily Dacey	Swan H	4.45	328 Zoe Davis	Bridgend		5.97
	124	Gemma Seaman	Swan H	4.39				
	138	Emily Morris	Swan H	4.35	U15G Shot Putt			
	581	Toyah Newman	Barry & V	4.16	130 Nina Prells	Swan H		10.34
	134	Nicola Jones	Swan H	4.1	242 Lucy Griffiths	Pembs		9.93
	9	Rhiannon Plant	Carm H	4.04	332 Katie Lewis	Bridgend		8.35
	330	Bethan Hocking	Bridgend	3.88	334 Trudy Williams	Bridgend		8.15
	329	Lora Roberts	Bridgend	3.82	248 Lowrie Norkett	Pembs		7.14
	25	Amelia Roberts	Carm H	3.79	330 Bethan Hocking	Bridgend		6.87
	248	Lowrie Norkett	Pembs	3.72	578 Lauren Drew	Barry & V		6.59
	246	Josie Lewis	Pembs	3.7	381 Rhianna Davies	TAC		6.25
	328	Zoe Davis	Bridgend	3.65	326 Louise Saxson	Bridgend		4.96
	27	Catrin Rees	Carm H	3.62				
	250	Clare Tomlison	Pembs	3.54	U15G Discus			
	133	Rachel Higgs	Swan H	3.52	334 Trudy Williams	Bridgend		31.29
	26	Rhian Jones	Carm H	3.35	130 Nina Prells	Swan H		26.11
	326	Louise Saxson	Bridgend	3.34	35 Elliw James	Carm H		25.68
	325	Rebecca Johnson	Bridgend	3.22	242 Lucy Griffiths	Pembs		21.24
					38 Leah Bitchell	Carm H		18.62
					329 Lora Roberts	Bridgend		17.49
					381 Rhianna Davies	TAC		16.92
					140 Gabby Cirillo	Swan H		16.91

Match Results - Girls	Carmarthen	Boys	Total
	26.04.08		O/all
Swansea H	299	260	559
Carmarthen H	199	293	492
Bridgend AC	158	128	286
Pembrokeshire H	145	103	248
Barry & V	63	95	158
Team Ceredigion	57	48	105

Louise Arthur League, Division 2, Saturday 26th April 2008, Carmarthen - Boys

No.	Name	Club	Perf.	No.	Name	Club	Perf.
U11B	75 metres			U11B	150 metres		
	412 Tomi Lewis	Brecon	12.1		412 Tomi Lewis	Brecon	23.7
	409 Scott Andrews	Brecon	12.2		505 Ryan Richards	Llanelli	24.3
	505 Ryan Richards	Llanelli	12.7		410 Mark Andrews	Brecon	25.4
	511 Garan Melly	Llanelli	13.6		416 Benjamin Smith	Brecon	25.7
					511 Garan Melly	Llanelli	26.9
U11B	800 metres			U11B	Javelin		
	409 Scott Andrews	Brecon	3.00.5		410 Mark Andrews	Brecon	15.19
U11B	Long Jump			U11B	Shot Putt		
	416 Benjamin Smith	Brecon	3.09		410 Mark Andrews	Brecon	4.63
	409 Scott Andrews	Brecon	3.32				
	412 Tomi Lewis	Brecon	3.5				
	511 Garan Melly	Llanelli	2.86				
U13B	75m Hurdles			U13B	100metres		
	506 Iwan Hicks	Llanelli	16.5		500 Connor Roberts	Neath	15.3
	508 Aaron Richards	Llanelli	16.9		542 Jack Todd	Am Val	15.9
					540 Nathan Jones	Am Val	16.3
U13B	200 metres				508 Aaron Richards	Llanelli	16.8
	500 Connor Roberts	Neath	30.2		507 Christopher Williams	Llanelli	17.6
					411 William Silcox	Brecon	17.8
U13B	1000metres Walk				403 Matthew Tucker	Brecon	19
	541 Liam O'Leary	Am Val	7.18.6				
U13B	800 metres			U13B	Relay		
	403 Matthew Tucker	Brecon	3.13.0		Amman Valley	#N/A	64
	411 William Silcox	Brecon	3.16.1			#N/A	
	506 Iwan Hicks	Llanelli	2.42.8			#N/A	
						#N/A	
U13B	1500 metres				Brecon	#N/A	70.4
	499 Thomas John	Neath	5.35.4			#N/A	
	543 Sion Thomas	Am Val	5.51.4			#N/A	
						#N/A	
U13B	High Jump			U13B	Javelin		
	543 Sion Thomas	Am Val	1.15		542 Jack Todd	Am Val	20.24
U13B	Long Jump				507 Christopher Williams	Llanelli	17.83
	500 Connor Roberts	Neath	3.96		541 Liam O'Leary	Am Val	13.01
	543 Sion Thomas	Am Val	3.42				

403	Matthew Tucker	Brecon	2.88	U13B Discus			
541	Liam O'Leary	Am Val	2.63	540	Nathan Jones	Am Val	9.9
U13B	Shot Putt						
507	Christopher William	Llanelli	6.8				
540	Nathan Jones	Am Val	4.6				
U15B	100 metres			U15B	200 metres		
452	Kieron Kelly	Neath	13.9	452	Kieron Kelly	Neath	27.6
509	Justice Williams	Llanelli	14.3	509	Justice Williams	Llanelli	28.9
451	Richard Triggs	Neath	14.8	451	Richard Triggs	Neath	29.9
510	Patrick Davies	Llanelli	17.1				
U15B	400metres			U15B	800 metres		
401	Adam Jones	Brecon	58.6	453	Daniel Lewis	Neath	2.25.9
				510	Patrick Davies	Llanelli	3.11.7
U15B	1500metres			U15B	Relay		
454	Matthw O'Leary	Neath	4.36.2		Neath	#N/A	54.4
						#N/A	
U15B	Shot Putt					#N/A	
401	Adam Jones	Brecon	11.24			#N/A	
408	Robson Blake	Brecon	8.69			#N/A	
509	Justice Williams	Llanelli	7.21	U15B	Discus		
				401	Adam Jones	Brecon	29.67
U15B	Javelin			408	Robson Blake	Brecon	21.31
408	Robson Blake	Brecon	28.52				

Match Results - Boy		Carmarthei	Girls	Total
		26.04.08		O/all
Brecon		118	129	247
Neath H		66	124	190
Amman Valley		68	82	150
Llanelli		88	56	144
Pontyclun		0	60	60

Louise Arthur League, Division 2, Saturday 26th April 2008, Carmarthen - Girls

No.	Name	Club	Perf.	No.	Name	Club	Perf.
U11G	75 metres			U11G	75 metres		
461	Sophie Hughes	Neath	12.4	502	Catra Joho	Llanelli	14.4
453	Ffion Edwards	Neath	12.4	452	Rachel Carey	Neath	14.6
501	Hannah Morgan	Llanelli	13.6	503	Zoe Evans	Llanelli	15.2
407	Isabella Morgan	Brecon	13.7	451	Emily Morris	Neath	15.5
535	Ffion Thomas	Am Val	13.8	454	Sophie Isaac	Neath	16
460	Olivia Harris	Neath	14.1	534	Shannon Thomas	Am Val	17.3
551	Annie Lloyd	Pontyclun	14.4				
U11G	150 metres			U11G	150 metres		
461	Sophie Hughes	Neath	23.5	453	Ffion Edwards	Neath	23.8
406	Ffion Richards	Brecon	26	553	Tamila Taylor	Pontyclun	27
552	Bethan Evans	Pontyclun	26.4	452	Rachel Carey	Neath	27.7
460	Olivia Harris	Neath	27.2	454	Sophie Isaac	Neath	33.6
451	Emily Morris	Neath	31.8				
				U11G	Shot Putt		

U11G	800 metres			406 Ffion Richards	Brecon	4.2
	404 Megan Tucker	Brecon	3.14.3	501 Hannah Morgan	Llanelli	3.63
	552 Bethan Evans	Pontyclun	3.16.2	503 Zoe Evans	Llanelli	3.12
	407 Isabella Morgan	Brecon	3.27.4	404 Megan Tucker	Brecon	2.63

U11G	Relay			U11G	Long Jump	
	Llanelli (Guest))		0	68.1	461 Sophie Hughes	Neath
		0	0		501 Hannah Morgan	Llanelli
		0	0		415 Rebeka O'Loughhin	Brecon
		0	0		453 Ffion Edwards	Neath
					404 Megan Tucker	Brecon
	Brecon		0	69.6	535 Ffion Thomas	Am Val
		0	0		552 Bethan Evans	Pontyclun
		0	0		460 Olivia Harris	Neath
		0	0		502 Catra Joho	Llanelli
					454 Sophie Isaac	Neath
	Neath		0	71	551 Annie Lloyd	Pontyclun
		0	0		503 Zoe Evans	Llanelli
		0	0			
		0	0		U11G	Javelin

				451 Emily Morris	Neath	9.38
				407 Isabella Morgan	Brecon	8.53
				553 Tamila Taylor	Pontyclun	8.08
				535 Ffion Thomas	Am Val	7.54
				502 Catra Joho	Llanelli	7.03
				551 Annie Lloyd	Pontyclun	5.36
				534 Shannon Thomas	Am Val	3.76

U13G	70m Hurdles					
	556 Atlanta Taylor	Pontyclun	17.9			

U13G	100metres			U13G	200 metres	
	504 Laura Davies	Llanelli	14.1	504 Laura Davies	Llanelli	29
	457 Catrin Roberts	Neath	14.4	457 Catrin Roberts	Neath	29.1
	532 Sioned Jones	Am Val	15.7	462 Hope Jones	Neath	35.3
	462 Hope Jones	Neath	16.3	418 Emily Brookes	Brecon	35.5
				458 Charlotte John	Neath	38.2

U13G	800 metres			U13G	1500 metres	
	532 Sioned Jones	Am Val	2.45.0	554 Rebecca Evans	Pontyclun	5.30.8
	418 Emily Brookes	Brecon	3.06.9	531 Lucy Jones	Am Val	5.45.6
	458 Charlotte John	Neath	3.14.4	555 Ellie Havard	Pontyclun	6.15.5
	405 Chloe Tame	Brecon	3.15.6			

U13G	Long Jump			U13G	High Jump	
	504 Laura Davies	Llanelli	4.25	556 Atlanta Taylor	Pontyclun	1.15
	462 Hope Jones	Neath	3.29			
	405 Chloe Tame	Brecon	3.27	U13G	Javelin	
	556 Atlanta Taylor	Pontyclun	3.38	533 Charlie Todd	Am Val	8.96

U13G	Shot Putt			U13G	Discus	
	533 Charlie Todd	Am Val	3.05	531 Lucy Jones	Am Val	7.71

U15G	100 metres			U15G	200 metres	
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	456 Rhiannon Jefferey	Neath	14	456 Rhiannon Jefferey	Neath	28
	413 Ffion Price	Brecon	14.5	417 Charlotte Brookes	Brecon	31.7
	463 Cassie James	Neath	15.3	414 Rhianwedd Price	Brecon	32.5
	417 Charlotte Brookes	Brecon	15.4	459 Abigail Higgs	Neath	33.6
	459 Abigail Higgs	Neath	15.4			
	536 Sophie Rapsey	Am Val	15.8	U15G Relay		
	539 Salli ann Thomas	Am Val	19	Neath	0	56
					0	0
U15G	300 metres				0	0
	402 Genevieve Matthew	Brecon	54.6		0	0
U15G	800metres			Brecon	0	60.5
	463 Cassie James	Neath	2.46.3		0	0
	455 Stacey Collins	Neath	2.47.5		0	0
	536 Sophie Rapsey	Am Val	2.51.6		0	0
	402 Genevieve Matthew	Brecon	3.03.0			
				Amman Valley	0	69.3
U15G	1500metres				0	0
	413 Ffion Price	Brecon	5.01.7		0	0
	414 Rhianwedd Price	Brecon	5.20.5		0	0
	538 Elin Evans	Am Val	5.39.4			
U15G	High Jump			U15G Javelin		
	414 Rhianwedd Price	Brecon	1.2	539 Salli ann Thomas	Am Val	6.54
U15G	Long Jump			U15G Shot Putt		
	455 Stacey Collins	Neath	4.53	455 Stacey Collins	Neath	7.75
	413 Ffion Price	Brecon	3.63			
	539 Salli ann Thomas	Am Val	1.79			

Match Results - Girls		Carmarthen Girls		Total	
		26.04.08		O/all	
Brecon	129	118	247		
Neath H	124	66	190		
Amman Valley	82	68	150		
Llanelli	56	88	144		
Pontyclun	60	0	60		

