

Welsh Cross Country Championships at Dinefwr Park on Saturday February 15th 2014

Written by Nathan Jones

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Despite the recent heavy rain over the last few days and weeks, the championships were held on a reasonable dry but windy day in Llandeilo. It provided a tough test for all the athletes and a "true cross country course." **You can read the FULL REPORT now by clicking [HERE](#)**

RESULTS - Provisional Championship and Primary School races results are available on the [Season Results page](#).

Photos of the event, which were taken by Nathan Jones, Rhian Glynn and Welsh Athletics can be viewed by clicking the links below:

[Champs Pictures 1](#) [Champs Pictures 2](#) [Presentations 1](#) [Presentations 2](#)

More images can be seen by going to the [SportsPictures Cymru](#) website.

Local TV company Tinopolis from S4C were at the event filming for the programme "HENO" - if you missed the TV coverage or would like to watch it again, **then you can watch their report via the [Clic S4C](#) website**

(Action between 34:20 and 40:30)

Please note that this programme will expire on the 24th March 2014.