

WELSH JUNIOR LEAGUE / LOUISE ARTHUR LEAGUE U11 - U13 - U15 - SWANSEA
29.06.19

Haverfordwest & Carmarthen have already provided great competition in May for under 11, under 13 and under 15 youngsters in this year's WJL/Louise Arthur League, and next up in the third of four rounds will be a trip up the M4 to Swansea University Athletics Track. The third match takes place on SATURDAY 29TH JUNE between 11:00am and 6:00pm at the home of the current league leaders who are going for the junior treble during the summer season.

[At the beginning of May in the opening fixture down at Haverfordwest High School's new campus](#) saw Swansea Harriers and Pembrokeshire Harriers battle it out to claim top spot in Haverfordwest and as a result, the Gerald Codd Trophy. The Swansea club just came out on top in the end but it was also a great effort from the local club who put on a great event for the other eight clubs.

Just three weeks later on May 25th, [almost 400 children from nine junior Welsh clubs took to the track and the runways to represent their club at the second round of competition at Carmarthen Leisure Centre](#) on what was a great day's action hosted by the club.

The Louise Arthur League has gone from strength to strength with around 500 athletes competing in each event in 2018. It's given children of all ages between under 11 and under 15 age groups the opportunity to compete in a friendly league alongside runners from across South Wales and try out new disciplines to score points for their clubs.

This year's Cup and Plate Finals will take place again at Swansea University Athletics Track over the weekend of August 24th and 25th. After the four league matches upcoming, the top four teams will go into the cup final whilst the plate final will be occupied by those in the fifth to eighth positions.

It's expected to be another exciting season ahead..who will come out on top and win the plate

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Written by Nathan Jones
Tuesday, 11 June 2019 18:10

and cup at the end of this summer? We'll know the answers later on this summer!

The following clubs will be taking part throughout the 2019 Louise Arthur League season in the West Division and the numbers that clubs will wear across all four rounds are:

Carmarthen Harriers: 1 - 100

Barry & Vale Harriers: 101 - 170

Pontyclun AC: 171 - 200 & 751 - 770

Brecon AC: 201 - 290

Neath Harriers: 291 - 360

Pembrokeshire Harriers: 361 - 460

Bridgend AC: 461 - 540

Llanelli AC: 541 - 590

Swansea Harriers: 591 - 750

Meanwhile on the same day, the following clubs will be participating in the East Division at

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Newport's Spytty Stadium (also June 29th): Aberdare VAAC, Blaenau Gwent AC, Cardiff Archers, Cardiff AAC, Cwmbran Harriers, Hereford & County, Newport Harriers, Rhondda AAC and Rhymney Valley AC.

Under 11:
Year 4 & 5

Under 13:
Year 6 & 7

Under 15:
Year 8 & 9

Track: Sprints, Middle Distance, Walk & Hurdles

Field: Jump Throws

Barry & Vale Harriers, Brecon AC, Bridgend AC, Carmarthen Harriers, Llanelli AAC, Neath Harriers, Pembrokeshire Harriers, Pontyclun AC, Swans

Louise Arthur League 2019

NEXT ROUND FINAL WEEKEND OF JUNE

Two Divisions, Eight fixtures, Eighteen clubs

WELSH JUNIOR LEAGUE / LOUISE ARTHUR LEAGUE WEST DIVISION ROUND THREE

BOYS TEAM MANAGER
Kathryn Jones
(LALboys.carmarthenharriers@hotmail.com)

GIRLS TEAM MANAGER
Keighley John
(LALgirls.carmarthenharriers@hotmail.com)

SATURDAY 29TH JUNE – DYDD SADWRN 29AIN MEHEFIN 11:00-18:00
Swansea University Athletics Track

THE EVENTS AVAILABLE FOR ALL AGE GROUPS

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In the Louise Arthur League this year, each club can enter up to four athletes in an event in every age group (relays at the end of each programme)

Under 11 / O Dan 11 (Years 4 & 5): 75m, 150m, 800m, Long Jump, Shot Put, Javelin

Under 13 / O Dan 13 (Years 6 & 7): 100m, 200m, 800m, 1500m, 1000m Walk, 70m/75m Hurdles, High Jump, Long Jump, Shot Put, Discus, Javelin

Under 15 / O Dan 15 (Years 8 & 9): 100m, 200m, 300m, 800m, 1500m, 1000m Walk, 75m/80m Hurdles, High Jump, Pole Vault, Hammer, Long Jump, Shot Put, Discus, Javelin

Under 13 and Under 15 athletes can enter in up to any 3 events and the relay (800m or 1500m in one competition day)

Under 11 athletes can enter in up to 3 events and the relay (only 2 track events, 1 field or 2 field events, 1 track)

CARMARTHEN HARRIERS TEAM MANAGERS

The competition fee is £3 and to be paid to your team manager on the day. Team Managers have already started taking names and all athletes should confirm availability as soon as possible and no later than Tuesday 26th June.

TEAM MANAGERS:

**BOYS: Kathryn Jones - 07971 480430 or
LALboys.carmarthenharriers@hotmail.com**

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**GIRLS: Keighley John - 07890 289047 or
LALgirls.carmarthenharriers@hotmail.com**



CARMARTHEN HARRIERS

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All Carmarthen Harriers athletes must wear a Carmarthen Harriers vest (and is the case with all clubs) Vests can be purchased at £20 each at the track on club nights.

Harriers kit can be purchased directly from Picton Sports sales@pictonsports.co.uk (stay tuned for new kit that's on the way!)

The match starts at 11.00am and all team members should report to the team managers at the Carmarthen track by 10.30am (or by arrangement)

Staying in touch / communication: Communication for Louise Arthur League is done via a WhatsApp group and e-mail, so please make sure that you have access to the App. If you have not received an invitation to join the U11/13 Harriers WhatsApp group, then please text Jake Morgan who will then invite you to join the group.

A number of parents volunteered at the home match in Carmarthen and did a great job. At Swansea, we need volunteers (for as long/as little as you can do) to help with looking after athletes and assisting on the high jump field duty for the under 13 girls, under 15 girls, under 13 boys and under 15 boys age groups.

Please let Officials Secretary Alison alisonginger27@icloud.com know what you can do to help.

2019 LOUISE ARTHUR LEAGUE EVENT TIMETABLES

The timetable will be the one used in 2018 for matches 3 and 4 in both the West and East Divisions. See our latest post for more details.

VENUE ADDRESS & POSTCODE

Swansea University Athletics Track (opposite Singleton Hospital),

Sketty Lane,

Swansea,

SA2 8QB

UPCOMING LOUISE ARTHUR LEAGUE 2019 REMAINING FIXTURES IN FULL

By the end of round three, there will only be the two fixtures remaining and the half way mark passed. Round Four matches go to Neath and Cardiff at the end of July...

Saturday 29th June / Dydd Sadwrn 29ain Mehefin: Welsh Athletics Junior League West
Fixture 3 @ Swansea

Saturday 29th June / Dydd Sadwrn 29ain Mehefin: Welsh Athletics Junior League East
Fixture 3 @ Newport

Saturday 27th July / Dydd Sadwrn 27ain Gorffennaf: Welsh Athletics Junior League West
Fixture 4 @ Neath

Saturday 27th July / Dydd Sadwrn 27ain Gorffennaf: Welsh Athletics Junior League East
Fixture 4 @ Cardiff

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