

| 15:00              | Race 7 Middle Girls |    |    |    |    |    |            |           |          |
|--------------------|---------------------|----|----|----|----|----|------------|-----------|----------|
| 4130m              | 1                   | 2  | 3  | 4  | 5  | 6  | Points     | Score     | Pos      |
| North East Wales   | 1                   | 6  | 13 | 15 | 19 | 24 | <b>78</b>  | <b>15</b> | <b>1</b> |
| Cardiff & the Vale | 3                   | 4  | 11 | 17 | 26 | 28 | <b>89</b>  | <b>14</b> | <b>2</b> |
| Afan Nedd Tawe     | 2                   | 7  | 14 | 18 | 21 | 32 | <b>94</b>  | <b>13</b> | <b>3</b> |
| South East Wales   | 9                   | 16 | 23 | 27 | 31 | 36 | <b>142</b> | <b>12</b> | <b>4</b> |
| Eryri              | 10                  | 12 | 22 | 29 | 42 | 45 | <b>160</b> | <b>11</b> | <b>5</b> |
| Dyfed              | 8                   | 25 | 30 | 34 | 35 | 41 | <b>173</b> | <b>10</b> | <b>6</b> |
| Glamorgan Valleys  | 5                   | 20 | 44 | 52 | 66 | 67 | <b>254</b> | <b>9</b>  | <b>7</b> |
| Powys              | 51                  | 59 | 62 | 64 |    |    | <b>4</b>   | <b>4</b>  | <b>8</b> |

Race 7 Middle Girls Winning District North East Wales 78 points

Finishers

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### Race 7 Middle Girls

| POS | BIB | NAME                    | School           | District           | PERF  | POINTS |
|-----|-----|-------------------------|------------------|--------------------|-------|--------|
| 1   | 673 | Mia ROBERTS             | Brynhafod        | North East Wales   | 15:17 | 1      |
| 2   | 175 | Eluned KING             | YG Gwyr          | Afan Nedd Tawe     | 16:13 | 2      |
| 3   | 274 | Carys BILL              | YG Plasmawr      | Cardiff & the Vale | 16:29 | 3      |
| 4   | 273 | Kiara FRIZELLE          | Cathedral School | Cardiff & the Vale | 16:33 | 4      |
| 5   | 574 | Gracie WHEELER          | Pontypridd High  | Glamorgan Valleys  | 16:38 | 5      |
| 6   | 674 | Laura SHARP             | Mold Alun        | North East Wales   | 16:41 | 6      |
| 7   | 179 | Mollie JONES            | Ysgol Bae Baglan | Afan Nedd Tawe     | 16:43 | 7      |
| 8   | 376 | Alice EVANS             | STP              | Dyfed              | 16:44 | 8      |
| 9   | 873 | Ellie ROBINSON          | Gwynllyw         | South East Wales   | 16:44 | 9      |
| 10  | 473 | Bethan DAVIES           | Creuddyn         | Eryri              | 16:55 | 10     |
| 11  | 275 | Jessica WADEY           | Cowbridge        | Cardiff & the Vale | 17:22 | 11     |
| 12  | 476 | Lois LEE                | St David's       | Eryri              | 17:41 | 12     |
| 13  | 683 | Holly ROBERTS           | Glan Clwyd       | North East Wales   | 17:47 | 13     |
| 14  | 181 | Rebecca MARTIN          | Pontarddulais    | Afan Nedd Tawe     | 17:47 | 14     |
| 15  | 675 | Bethan DOWCETT          | St Richard Gwyn  | North East Wales   | 17:50 | 15     |
| 16  | 882 | Hannah JONES            | St. Julians      | South East Wales   | 17:56 | 16     |
| 17  | 277 | Elin WILLIAMS           | YG Plasmawr      | Cardiff & the Vale | 17:58 | 17     |
| 18  | 174 | Bronwen STRATTON-THOMAS | Olchfa           | Afan Nedd Tawe     | 18:02 | 18     |
| 19  | 678 | Laran WATCHARN          | Flint High       | North East Wales   | 18:02 | 19     |
| 20  | 580 | Hannah JENKINS          | Bryntirion       | Glamorgan Valleys  | 18:07 | 20     |
| 21  | 173 | Beth THOMAS             | Olchfa           | Afan Nedd Tawe     | 18:07 | 21     |
| 22  | 480 | Lucy LAWRENCE           | David Hughes     | Eryri              | 18:08 | 22     |
| 23  | 880 | Madeleine TAYLOR        | HMSG             | South East Wales   | 18:10 | 23     |
| 24  | 677 | Sophie PAXTON           | Maelor           | North East Wales   | 18:12 | 24     |
| 25  | 382 | Morgan THOMAS           | Bryngwyn         | Dyfed              | 18:19 | 25     |
| 26  | 278 | Anna CAPEY              | YG Glantaf       | Cardiff & the Vale | 18:22 | 26     |
| 27  | 881 | Emily MASON             | Croesyceiliog    | South East Wales   | 18:23 | 27     |
| 28  | 276 | Ffion MORGAN            | Radyr            | Cardiff & the Vale | 18:25 | 28     |
| 29  | 474 | Emilie HANLON           | Eirias           | Eryri              | 18:26 | 29     |
| 30  | 374 | Non MORGAN              | Bro Dinefwr      | Dyfed              | 18:28 | 30     |
| 31  | 878 | Betha WAINWRIGHT        | Bassaleg         | South East Wales   | 18:29 | 31     |
| 32  | 184 | Sophie DAVIES           | Olchfa           | Afan Nedd Tawe     | 18:37 | 32     |
| 33  | 282 | Bethan EVANS            | YG Glantaf       | Cardiff & the Vale | 18:39 |        |
| 34  | 375 | Sioned WALLWORK         | Penglais         | Dyfed              | 18:40 | 34     |
| 35  | 380 | Eva EDWARDS             | Bro Myrddin      | Dyfed              | 18:41 | 35     |
| 36  | 876 | Tessa MORGAN            | HMSG             | South East Wales   | 18:42 | 36     |

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| North East Wales   | 1                   | 6  | 13 | 15 | 19 | 24 | <b>78</b>  | <b>15</b> | <b>1</b> |
| Cardiff & the Vale | 3                   | 4  | 11 | 17 | 26 | 28 | <b>89</b>  | <b>14</b> | <b>2</b> |
| Afan Nedd Tawe     | 2                   | 7  | 14 | 18 | 21 | 32 | <b>94</b>  | <b>13</b> | <b>3</b> |
| South East Wales   | 9                   | 16 | 23 | 27 | 31 | 36 | <b>142</b> | <b>12</b> | <b>4</b> |
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| Glamorgan Valleys  | 5                   | 20 | 44 | 52 | 66 | 67 | <b>254</b> | <b>9</b>  | <b>7</b> |
| Powys              | 51                  | 59 | 62 | 64 |    |    | <b>4</b>   | <b>4</b>  | <b>8</b> |

Race 7 Middle Girls Winning District North East Wales 78 points

Finishers

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### Race 7 Middle Girls

| POS | BIB | NAME                 | School             | District           | PERF  | POINTS |
|-----|-----|----------------------|--------------------|--------------------|-------|--------|
| 37  | 177 | Hollie MAY-ALLEN     | Olchfa             | Afan Nedd Tawe     | 18:46 |        |
| 38  | 279 | Alisha HAYES         | Llantwit           | Cardiff & the Vale | 18:51 |        |
| 39  | 874 | Elise TURNER         | Brynawr            | South East Wales   | 18:55 |        |
| 40  | 875 | Ellana HORTON        | HMSG               | South East Wales   | 19:01 |        |
| 41  | 373 | Eliza MARTIN         | Preseli            | Dyfed              | 19:13 | 41     |
| 42  | 482 | Jody CAIN            | Syr Hugh Owen      | Eryri              | 19:16 | 42     |
| 43  | 280 | Sdara STURGESS       | Bishop of Llandaff | Cardiff & the Vale | 19:20 |        |
| 44  | 581 | Sarah JENKINS        | Bryntirion         | Glamorgan Valleys  | 19:21 | 44     |
| 45  | 478 | Lauren JONES         | Llangefni          | Eryri              | 19:24 | 45     |
| 46  | 475 | Swyn EDWARDS         | Syr Hugh Owen      | Eryri              | 19:26 |        |
| 47  | 680 | Ella OLDFIELD        | Morgan Llwyd       | North East Wales   | 19:32 |        |
| 48  | 283 | Maya WILLIAMS        | Cowbridge          | Cardiff & the Vale | 19:45 |        |
| 49  | 384 | Mali JONES           | Penweddig          | Dyfed              | 19:46 |        |
| 50  | 676 | Ellie WILLIAMS       | Morgan Llwyd       | North East Wales   | 19:52 |        |
| 51  | 778 | Tayla TRIGG          | Newtown            | Powys              | 19:56 | 51     |
| 52  | 526 | Jeri-Lynne GRABHAM   | Llangynwyd         | Glamorgan Valleys  | 19:59 | 52     |
| 53  | 681 | Florence BIGGLESTONE | Mold Alun          | North East Wales   | 20:02 |        |
| 54  | 284 | Holly BOSTOCK        | Cowbridge          | Cardiff & the Vale | 20:17 |        |
| 55  | 378 | Ella TOWNSEND        | STP                | Dyfed              | 20:32 |        |
| 56  | 381 | Wiktorija REJNIAK    | St John Lloyd      | Dyfed              | 20:42 |        |
| 57  | 182 | Rhiannon PHILLIPS    | Bryn Tawe          | Afan Nedd Tawe     | 20:42 |        |
| 58  | 679 | Elen HAWKE           | Brynhyfryd         | North East Wales   | 20:43 |        |
| 59  | 776 | Shannon WALKER       | Newtown            | Powys              | 20:55 | 59     |
| 60  | 684 | Hannah ASPIN         | Prestatyn          | North East Wales   | 20:57 |        |
| 61  | 377 | Grace PAGE           | Bro Pedr           | Dyfed              | 20:59 |        |
| 62  | 784 | Seren PHILLIPS       | Welshpool          | Powys              | 21:19 | 62     |
| 63  | 183 | Roseanne GARCIA      | YG Gwyr            | Afan Nedd Tawe     | 21:19 |        |
| 64  | 780 | Katie RICHARDSON     | Llanfyllin         | Powys              | 21:30 | 64     |
| 65  | 281 | Ellie PETERSON       | Corpus Christi     | Cardiff & the Vale | 21:58 |        |
| 66  | 576 | Ciara LAWSON         | Gwyndy             | Glamorgan Valleys  | 22:53 | 66     |
| 67  | 577 | Bethan ALLEN         | Gwyndy             | Glamorgan Valleys  | 23:27 | 67     |
| 68  | 583 | Ellie TOVET          | Gwyndy             | Glamorgan Valleys  | 23:59 |        |