

**DYFED PRIMARY SCHOOLS ATHLETICS CHAMPIONSHIPS
(Carmarthenshire, Ceredigion and Pembrokeshire Primary Schools)**

**MABOLGAMPAU YSGOLION CYNRADD DYFED
(Ysgolion Cynradd Siroedd Caerfyrddin, Ceredigion a Phenfro)**

Wednesday, 15th May, 2019 / Dydd Mercher, 15fed Mai, 2019.

PROGRAMME / RHAGLEN

Track / Trac

Field / Cae

- | | |
|--------------------------------|-----------------------------|
| 1. 70m Hurdles Heats (B) | High Jump (Girls / Merched) |
| 2. 70m Hurdles Heats (G/M) | Long Jump (B) |
| 3. 100m Heats (B) | Shot Putt (G/M) |
| 4. 100m Heats (G/M) | |
| 5. 100m Semi Finals (B) | High Jump (B) |
| 6. 100m Semi Finals (G/M) | Long Jump (G/M) |
| 7. 800m Finals (B) | Shot Putt (B) |
| 8. 800m Finals (G/M) | |
| 9. 70m Hurdles Final (B) | |
| 10. 70m Hurdles Final (G/M) | |
| 11. 100m Final (B) | |
| 12. 100m Final (G/M) | |
| 13. 4 x 100m Relay Heats (B) | |
| 14. 4 x 100m Relay Heats (G/M) | |
| 15. 4 x 100m Relay Final (B) | |
| 16. 4 x 100m Relay Final (G/M) | |