

**2017 Carmarthenshire Primary Schools Cross Country  
Championships at the United Counties Showground,  
Carmarthen on Thursday September 21st 2017**

Pencampwriaeth Traws Gwlad Ysgolion Sir Gaerfyrddin

2017 yng Nghae Y Dair Sir, Caerfyrddin ar Ddydd Iau Medi 21ain 2017



**Results / Canlyniadau**

**All Races / Pob Ras**



**4.30pm - Race 1 / Ras 1 - Year 3 Boys /** Bechgyn Blwyddyn 3 - Individuals / Unigolion

| <b>Position /<br/>Saflle</b> | <b>Name / Enw</b>     | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|------------------------------|-----------------------|-----------------------|---------------------|
| 1                            | Rhys James            | Y Dderwen             | 2.54                |
| 2                            | Tomos Jones           | Griffith Jones        | 3.05                |
| 3                            | William Harnett Jones | Llandovery College    | 3.06                |
| 4                            | Bryan Williams        | Griffith Jones        | 3.08                |
| 5                            | Joe Lawrence          | Bynea                 | 3.13                |
| 6                            | Charlie Eythy         | Dewi Sant             | 3.17                |
| 7                            | Sion Jones            | Llanpumpsaint         | 3.21                |
| 8                            | Dafydd Davies         | Llangynnwr            | 3.21                |
| 9                            | Macs Hastings         | Llanpumpsaint         | 3.21                |
| 10                           | Joshua Morris         | Carreg Hirfaen        | 3.24                |

|           |                       |
|-----------|-----------------------|
| <b>1.</b> | <b>Griffith Jones</b> |
| <b>2.</b> | <b>Y Dderwen</b>      |
| <b>3.</b> | <b>Dewi Sant</b>      |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Griffith Jones        | 26                       |
| 2                           | Y Dderwen             | 42                       |
| 3                           | Dewi Sant             | 48                       |

**4.45pm - Race 2 / Ras 2 – Year 3 Girls / Merched Blwyddyn 3 – Individuals / Unigolion**

| <b>Position /<br/>Safle</b> | <b>Name / Enw</b> | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|-----------------------------|-------------------|-----------------------|---------------------|
| 1                           | Grace Jones       | Llangynnwr            | 3.20                |
| 2                           | Esme Lynock       | Rhys Pritchard        | 3.26                |
| 3                           | Lily Alice Hughes | Teilo Sant            | 3.30                |
| 4                           | Gwennan Jones     | Y Dderwen             | 3.31                |
| 5                           | Lily Jones        | Iau Llangennech       | 3.32                |
| 6                           | Poppy Goss        | Llandeilo             | 3.32                |
| 7                           | Grace Toogood     | Teilo Sant            | 3.36                |
| 8                           | Angharad Williams | Llanddarog            | 3.37                |
| 9                           | Ava Dewnap        | Bro Brynach           | 3.38                |
| 10                          | Erin Morris       | Ffwrnes               | 3.39                |

|           |                    |
|-----------|--------------------|
| <b>1.</b> | <b>Teilo Sant</b>  |
| <b>2.</b> | <b>Y Dderwen</b>   |
| <b>3.</b> | <b>Bro Brynach</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Teilo Sant            | 36                       |
| 2                           | Y Dderwen             | 40                       |
| 3                           | Bro Brynach           | 46                       |
| 4                           | Iau Llangennech       | 48                       |
| 5                           | Rhys Pritchard        | 82                       |
| 6                           | Griffith Jones        | 94                       |
| 7                           | Penygaer              | 116                      |
| 8                           | Bro Banw              | 121                      |
| 9                           | Model                 | 124                      |
| 10                          | Nantgaredig           | 135                      |

**5.00pm - Race 3 / Ras 3 – Year 4 Boys /** Bechgyn Blwyddyn 4 – Individuals / Unigolion

| <b>Position /<br/>Safle</b> | <b>Name / Enw</b>  | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|-----------------------------|--------------------|-----------------------|---------------------|
| 1                           | Ewan Brazier       | Y Ddwylan             | 2.54                |
| 2                           | Llion Davies       | Y Dderwen             | 2.58                |
| 3                           | Sam Griffiths      | Llangynnwr            | 2.59                |
| 4                           | Steffan Thomas     | Teilo Sant            | 3.00                |
| 5                           | Siencyn Rhys       | Llanddarog            | 3.01                |
| 6                           | Logan Owen         | Gwenllian             | 3.06                |
| 7                           | Shea Davies        | Hendy                 | 3.07                |
| 8                           | Dylan Owen         | Ffairfach             | 3.08                |
| 9                           | Harri Wigglesworth | Peniel                | 3.08                |
| 10                          | Tim Selt           | Parc Y Tywyn          | 3.09                |

|           |                        |
|-----------|------------------------|
| <b>1.</b> | <b>Y Dderwen</b>       |
| <b>2.</b> | <b>Parc Y Tywyn</b>    |
| <b>3.</b> | <b>Iau Llangennech</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Y Dderwen             | 46                       |
| 2                           | Parc Y Tywyn          | 53                       |
| 3                           | Iau Llangennech       | 55                       |
| 4                           | Dewi Sant             | 103                      |
| 5                           | Nantgaredig           | 105                      |
| 6                           | Y Ddwylan             | 132                      |
| 7                           | Griffith Jones        | 135                      |
| 8                           | Hendy                 | 169                      |
| 9                           | Saron                 | 170                      |
| 10                          | Ffwrnes               | 170                      |



**5.15pm - Race 4 / Ras 4 – Year 4 Girls / Merched Blwyddyn 4 – Individuals / Unigolion**

| <b>Position /<br/>Safle</b> | <b>Name / Enw</b> | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|-----------------------------|-------------------|-----------------------|---------------------|
| 1                           | Tirion Yate       | Dewi Sant             | 3.01                |
| 2                           | Charlotte Merry   | St Michaels           | 3.02                |
| 3                           | Jessica Norman    | Llansteffan           | 3.04                |
| 4                           | Beatrice Morgan   | Llangadog             | 3.06                |
| 5                           | Martha Morgan     | Teilo Sant            | 3.12                |
| 6                           | Mabli Collyier    | Pontyberem            | 3.13                |
| 7                           | Eleri Haf Morgan  | Rhys Pritchard        | 3.15                |
| 8                           | Chloe Rudge       | Griffith Jones        | 3.15                |
| 9                           | Soffia-Mai Davies | Nantgaredig           | 3.15                |
| 10                          | Seren Thomas      | Y Dderwen             | 3.16                |

|           |                       |
|-----------|-----------------------|
| <b>1.</b> | <b>Griffith Jones</b> |
| <b>2.</b> | <b>Y Dderwen</b>      |
| <b>3.</b> | <b>Rhys Pritchard</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Griffith Jones        | 39                       |
| 2                           | Y Dderwen             | 51                       |
| 3                           | Rhys Pritchard        | 52                       |
| 4                           | Teilo Sant            | 68                       |
| 5                           | Iau Llangennech       | 75                       |
| 6                           | Dewi Sant             | 88                       |
| 7                           | Nantgaredig           | 115                      |
| 8                           | St Michaels           | 149                      |
| 9                           | Parc Y Tywyn          | 152                      |
| 10                          | Ffwrnes               | 171                      |

**5.30pm - Race 5 / Ras 5 – Year 5 Boys /** Bechgyn Blwyddyn 5 – Individuals / Unigolion

| <b>Position /<br/>Saflle</b> | <b>Name / Enw</b>  | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|------------------------------|--------------------|-----------------------|---------------------|
| 1                            | Aron Hedd Jones    | Y Dderwen             | 3.59                |
| 2                            | Liam Upton-Boorman | Johnstown             | 4.00                |
| 3                            | Macsen Toogood     | Teilo Sant            | 4.07                |
| 4                            | Rhodri Roberts     | Iau Llangennech       | 4.08                |
| 5                            | Max Williams       | Ffwrnes               | 4.08                |
| 6                            | Cynyr McRae        | Y Ddwylan             | 4.09                |
| 7                            | Alex Coles         | Rhys Pritchard        | 4.13                |
| 8                            | Ely Sear           | Parc Y Tywyn          | 4.14                |
| 9                            | George Thomas      | Griffith Jones        | 4.15                |
| 10                           | Sion Davies        | Parc Y Tywyn          | 4.16                |

|           |                        |
|-----------|------------------------|
| <b>1.</b> | <b>Griffith Jones</b>  |
| <b>2.</b> | <b>Y Dderwen</b>       |
| <b>3.</b> | <b>Iau Llangennech</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Griffith Jones "A"    | 42                       |
| 2                           | Y Dderwen             | 61                       |
| 3                           | Iau Llangennech       | 61                       |
| 4                           | Parc Y Tywyn          | 80                       |
| 5                           | Griffith Jones "B"    | 95                       |
| 6                           | Y Ddwylan             | 110                      |
| 7                           | Ffwrnes               | 118                      |
| 8                           | Llandovery Prep       | 167                      |
| 9                           | Brynteg               | 187                      |
| 10                          | Rhys Pritchard        | 191                      |

**5.40pm - Race 6 / Ras 6 – Year 5 Girls / Merched Blwyddyn 5 – Individuals / Unigolion**

| <b>Position /<br/>Saflle</b> | <b>Name / Enw</b> | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|------------------------------|-------------------|-----------------------|---------------------|
| 1                            | Mared Jones       | Y Dderwen             | 44.26.16            |
| 2                            | Casi Gregson      | Carreg Hirfaen        | 4.28                |
| 3                            | Ella Glynn        | Y Dderwen             | 4.31                |
| 4                            | Daisie Webb-Asher | Llandeilo             | 4.32                |
| 5                            | Tia Davies        | Parc Waun Dew         | 4.36                |
| 6                            | Marged Jones      | Y Dderwen             | 4.39                |
| 7                            | Megan Jones       | Y Dderwen             | 4.40                |
| 8                            | Lily Ela Jones    | Llanddarog            | 4.42                |
| 9                            | Grace Owen        | Pembrey               | 4.43                |
| 10                           | Elsie Taylor      | Y Bedol               | 4.44                |

|           |                        |
|-----------|------------------------|
| <b>1.</b> | <b>Y Dderwen</b>       |
| <b>2.</b> | <b>Rhys Pritchard</b>  |
| <b>3.</b> | <b>Iau Llangennech</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Y Dderwen             | 10                       |
| 2                           | Rhys Pritchard        | 48                       |
| 3                           | Iau Llangennech       | 60                       |
| 4                           | Griffith Jones        | 79                       |
| 5                           | Gymraeg Rhydaman      | 123                      |
| 6                           | Brynteg               | 132                      |
| 7                           | Parc Y Tywyn          | 141                      |
| 8                           | St Michaels           | 168                      |
| 9                           | Penygaer              | 179                      |
| 10                          | Llandovery Prep       | 225                      |

**5.50pm - Race 7 / Ras 7 – Year 6 Boys /** Bechgyn Blwyddyn 6 – Individuals / Unigolion

| <b>Position /<br/>Saflle</b> | <b>Name / Enw</b> | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|------------------------------|-------------------|-----------------------|---------------------|
| 1                            | Ifan Bowen        | Y Dderwen             | 3.38                |
| 2                            | Iwan Thomas       | Parc Y Tywyn          | 3.50                |
| 3                            | Cai Prenderville  | Iau Llangennech       | 3.51                |
| 4                            | Jake Lynock       | Rhys Pritchard        | 3.53                |
| 5                            | Sion Jones        | Llangadog             | 3.59                |
| 6                            | Gruff Owen        | Y Dderwen             | 4.00                |
| 7                            | Alfie Cuthell     | Iau Llangennech       | 4.01                |
| 8                            | Jake Etheridge    | Bynea                 | 4.02                |
| 9                            | Jac Jones         | Llanddarog            | 4.02                |
| 10                           | Gwion Williams    | Peniel                | 4.03                |

|           |                        |
|-----------|------------------------|
| <b>1.</b> | <b>Iau Llangennech</b> |
| <b>2.</b> | <b>Parc Y Tywyn</b>    |
| <b>3.</b> | <b>Model</b>           |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Iau Llangennech       | 23                       |
| 2                           | Parc Y Tywyn          | 59                       |
| 3                           | Model                 | 62                       |
| 4                           | Y Dderwen             | 65                       |
| 5                           | Rhys Pritchard        | 70                       |
| 6                           | Llannon               | 98                       |
| 7                           | Llandovery Prep       | 119                      |
| 8                           | Griffith Jones        | 130                      |
| 9                           | St Michaels           | 163                      |



**6.00pm - Race 8 / Ras 8 – Year 6 Girls / Merched Blwyddyn 6 – Individuals / Unigolion**

| <b>Position /<br/>Saflle</b> | <b>Name / Enw</b>     | <b>School / Ysgol</b> | <b>Time / Amser</b> |
|------------------------------|-----------------------|-----------------------|---------------------|
| 1                            | Erin Fflur Morgan     | Y Dderwen             | 3.49                |
| 2                            | Bessy Hill            | Y Ddwylan             | 4.03                |
| 3                            | Frances Mackie        | Y Castell             | 4.12                |
| 4                            | Efa Gwenllian Vardill | Y Dderwen             | 4.26                |
| 5                            | Nel Davies            | Ffairfach             | 4.30                |
| 6                            | Catrin Hughes         | Dewi Sant             | 4.31                |
| 7                            | Mari Collier          | Teilo Sant            | 4.32                |
| 8                            | Fflur Thompson        | Y Dderwen             | 4.36                |
| 9                            | Madi Jones            | Y Dderwen             | 4.38                |
| 10                           | Georgia Pedler        | Brynteg               | 4.39                |

|           |                   |
|-----------|-------------------|
| <b>1.</b> | <b>Y Dderwen</b>  |
| <b>2.</b> | <b>Dewi Sant</b>  |
| <b>3.</b> | <b>Teilo Sant</b> |

**School Teams / Timau Ysgol**

| <b>Position /<br/>Safle</b> | <b>School / Ysgol</b> | <b>Points / Pwyntiau</b> |
|-----------------------------|-----------------------|--------------------------|
| 1                           | Y Dderwen             | 13                       |
| 2                           | Dewi Sant             | 31                       |
| 3                           | Teilo Sant            | 40                       |
| 4                           | Iau Llangennech       | 72                       |
| 5                           | Ffairfach             | 81                       |
| 6                           | St Michaels           | 139                      |
| 7                           | Penygaer              | 149                      |
| 8                           | Griffith Jones        | 156                      |
| 9                           | Brynteg               | 158                      |
| 10                          | Llannon               | 175                      |

**2016 Athlete Totals / Nifer o Rhedwyr - 22/09/16**

| <b>Event / Digwyddiad</b> | <b>School Year / Blwyddyn Ysgol</b> | <b>Number of Finishers / Wedi Gorffen</b> |
|---------------------------|-------------------------------------|---|
| 1 - 4.30                  | 3 (B)                               | 155                                       |
| 2 - 4.45                  | 3 (G/M)                             | 136                                       |
| 3 - 5.00                  | 4 (B)                               | 153                                       |
| 4 - 5.15                  | 4 (G/M)                             | 145                                       |
| 5 - 5.30                  | 5 (B)                               | 143                                       |
| 6 - 5.40                  | 5 (G/M)                             | 122                                       |
| 7 - 5.50                  | 6 (B)                               | 125                                       |
| 8 - 6.00                  | 6 (G/M)                             | 119                                       |

|                                       |     |
|---------------------------------------|-----|
| <b>Boys Total / Cyfanswm Bechgyn</b>  | 576 |
| <b>Girls Total / Cyfanswm Merched</b> | 522 |

|                         |             |
|-------------------------|-------------|
| <b>Total / Cyfanswm</b> | <b>1098</b> |
|-------------------------|-------------|

A Report and Results File from the Carmarthenshire Primary Schools Cross Country Championships on Thursday 21st September can be found on the Carmarthen Harriers Athletics Club Website

[www.carmarthenharriers.co.uk](http://www.carmarthenharriers.co.uk)

Mae adroddiad a ffeil o'r canlyniadau o Bencampwriaeth Traws Gwlad Ysgolion Cynradd Sir Gaerfyrddin ar Dydd Iau Medi 21ain ar gael ar wefan Clwb Athletau Harriers Caerfyrddin

**Event Results Coordinator & Event Social Media &  
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Carmarthen Harriers Athletics Club on Facebook - @CarmsHarriers / @WWalesAthletics on Twitter