

See below for information on upcoming events in Wales & further afield: **Please keep checking this page at regular intervals for the latest events Which will be updated once they have been arranged; and the home page for upcoming details.**

Gweler isod am wybodaeth ar ddigwyddiadau Cymru: Cadwch lygad ar y dudalen hon ar gyfer y digwyddiadau diweddaraf ar ôl iddynt gael eu trefnu.

[http://www.carmarthenharriers.co.uk/index.php?option=com\\_content&view=article&id=192&Itemid=37](http://www.carmarthenharriers.co.uk/index.php?option=com_content&view=article&id=192&Itemid=37)

<http://swanseaharriers.co.uk/content/annual-club-fixtures>

<http://www.llanelliathleticclub.moonfruit.com/#/fixtures-results-2017/4593308798>

**2019 SPRING & SUMMER TERM FIXTURE LIST /  
DIGWYDDIADAU Y GWANWYN A'R HAF 2019  
Latest / Diweddaraf:**

Written by Nathan Jones  
Tuesday, 13 April 2010 14:28

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**JULY / GORFFENNAF 2019**

**Wednesday 24.07.19:** Welsh Athletics U20 Outdoor International (including 3000m championships) @ Cardiff

**Thursday 25.07.19:** Carmarthen Open Throws Competition 4 @ Carmarthen

**Saturday 27.07.19:** Welsh Athletics Junior U11, U13 & U15 West League Fixture 4 @ Neath

**Sunday 28.07.19:** UK Youth Development League Midland U17 & U20 League Promotion Match @ Swansea

## School, Club & Athletics Fixtures / Digwyddiadau Ysgol, Clwb a Rasys 2019

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Tuesday, 13 April 2010 14:28

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**Sunday 28.07.19:** Tenby 10K @ Tenby

**Wednesday 31.07.19:** MDAL Endurance Open Meeting 3 @ Swansea

### **AUGUST / AWST 2019**

**Sunday 04.08.19:** Welsh Athletics Inter-Regional Track & Field Championships @ Aberdare

**Sunday 04.08.19:** Barry Island 10K @ Barry Island

**Wednesday 07.08.19:** Welsh Athletics Sprints Open Meeting @ Cardiff

## School, Club & Athletics Fixtures / Digwyddiadau Ysgol, Clwb a Rasys 2019

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**Saturday 10.08.19:** Welsh Athletics U17, U20 & Senior League Fixture 4 @ Swansea

**Sunday 11.08.19:** Port Talbot Half Marathon @ port Talbot

**Wednesday 14.08.19:** MDAL Endurance Open Meeting 4 @ Newport

**Wednesday 14.08.19:** Manchester Senior International @ Manchester

**Sunday 17.08.19:** St Clears 10K @ St Clears

## School, Club & Athletics Fixtures / Digwyddiadau Ysgol, Clwb a Rasys 2019

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Tuesday, 13 April 2010 14:28

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**Saturday 24.08.19:** Welsh Athletics Junior League Plate Final @ Swansea

**Sunday 25.08.19:** Welsh Athletics Junior League Cup Final @ Swansea

**Saturday 31.08.19 / Sunday 01.09.19:** England UK U15 & U17 Championships @ Bedford

## SEPTEMBER / MEDI 2019

**Sunday 01.09.19:** Cardiff 10km @ Cardiff

**Saturday 14.09.19:** Welsh Athletics Road Relay Championships @ Pembrey Country Park

## School, Club & Athletics Fixtures / Digwyddiadau Ysgol, Clwb a Rasys 2019

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Tuesday, 13 April 2010 14:28

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**Thursday 19.09.19:** Carmarthenshire Primary Schools Cross Country Championships @ Carmarthen

**Sunday 22.09.19:** Swansea Bay 10Km, 3Km, 1Km Races @ Swansea

**OCTOBER / HYDREF 2019**

**NOVEMBER / TACHWEDD 2019**

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**DECEMBER / RHAGFYR 2019**

[Welsh Athletics Events List](#)