

Welsh Schools Athletics Championships at Brecon on Saturday 7 July 2007

The Dyfed Schools athletics team competed in Brecon without three of its international athletes who were competing for Wales in a throws competition in Croatia (all three won their events in Croatia)

In Brecon the Dyfed team did very well once again to win two age group competitions (junior girls and middle boys) and finish second in three age groups (junior boys, senior girls and senior boys). In two age groups (junior boys and senior girls) Dyfed were only one point behind the winning team

However in the overall team competition Dyfed came second 13 points behind a strong Cardiff and Vale team. This is the first time in the last eleven years for Dyfed not to win the overall team trophy

Overall team result

1 Cardiff and Vale (513); 2 Dyfed (500); 3 South East Wales (423); 4 North East Wales (353); 5 Afan Nedd Tawe (346) 6 Glamorgan Valleys (327); 7 Eryri (290); 8 Powys (225)

Once again all the Dyfed athletes performed well and were a credit to the schools in the District. The results of the Dyfed athletes were excellent despite the area having only two competition running tracks (Carmarthen and Haverfordwest)

Dyfed athletes won a total of 67 medals (13 gold medals, 31 silver medals and 23 bronze medals)

Gold Medals

Jade Williams (St Michaels) JG 800 (2.18.26); Carys Jones (Tre-gib) JG DT (24.97); Aneura Phillips (Preseli) MG 3000 (10.52.95); Caryl Granville (Strade) SG 400(58.03)/400H (62.83); Kayleigh Brown (Tre-gib) SG 1500 Sc (5.34.35); Rebecca Gatehouse (Aberaeron) SG 100H (15.67); Dominic Colman (Pembroke) JB 80H (12.26)/LJ (5.89); Jonathan Gardiner (Bro Myrddin) JB SP (12.55); Rheon James (Bro Myrddin) JB DT (40.60); Adam Bitchell (Penweddig) MB 3000 (9.14.42); Josh Madden (QEH) MB JT (54.33)

Silver medals

Laura Penhallurick (QEH) JG 200 (26.23); Leah Parry (Tasker Milward) JG 75H (11.76); Ffion Rees (Bro Myrddin) JG LJ (4.78); Sadie Flint (Glan y Mor) JG SP (8.66) ; JG 4x 100 Relay (Laura Penhallurick,Leah Parry, Jordan Reynolds (Dewi Sant); Sophie Rees (STP) 52.99; Amy Rowland (Milford) MG 300H (47.67); Catherine Goldsmith (QEH) MG SP (9.19); Alaw Beynon Thomas (Strade) SG 1500 (5.00.68); Carys Howell (Strade) SG 3000 (12.01.39); Claire Williams (CCTA) SG JT (36.52); SG 4x100 Relay (Rebecca Gatehouse, Caryl Granville, Megan Thomas, Hannah Thomas (Lampeter) 51.68; Rheon James (Bro Myrddin) JB JT (39.58); Tom Coleman (Preseli) MB 100 (11.50); Dafydd Walters (QEH) MB 100H (13.66)/ 400H (59.40); Kueni Igbagiri (St Michaels) MB LJ (5.93); Tomos Edwards (Maes yr Yrfa)

MB SP (12.98)/DT (40.00); Drew Patrick (Tasker Milward) MB HT (26.06); Ben Charles (STP) SB PV (2.80); Jonathan James (STP) SB LJ (5.93); SB 4x 100 Relay Luke Dow (Pembroke), Adam Bishop (Llandoverly College), Ricky Watts (STP), James Isles (STP) 46.49)

Bronze medals

Lauren Harries (Penweddig) JG 1500 (4.57.08); Emma While (Tre-gib) JG JT (22.74); Miranda Davies (Greenhill) 1000 walk (5.52.98); Amy Rowland (Milford) MG 80H (12.08); Catherine Goldsmith MG HJ (1.45); Sophie Pick MG (Gwendraeth) LJ (4.67); Jessica Huddleston MG (Dewi Sant) DT (28.90); Esther Jones (Maes yr Yrfa) MG HT (19.97); Megan Thomas (CCTA) SG 100H (16.71)/400H (68.00); Hannah Pick (Gwendraeth) SG HJ (1.50)/ TJ (10.24); Ferdia Earle (Llandoverly College) SG LJ (4.26); Liam Jones (Penweddig) JB 800 (2.09.46); Adam Davies (Pembroke) JB HJ (1.70); Emyr Jones (Tre-gib) PV (3.10); Jon Llewellyn (Tre-gib) HT (21.57); Antoine Woodman (Emlyn) MB 400 (52.66); Gerwyn Slinger (Penglais) MB 800 (2.04.27); Nicky Morrell (Glan y Mor) MB 3000 (9.43.43); Jamie Stubbs (Milford) MB PV (3.00); Josh Taylor (Pembroke) SB 110H (19.72); Philip Alvey (Pembroke) SB JT (44.03)

Many Dyfed schools athletes have been chosen to compete for Wales in the under 20 match in Aberdare on Wednesday 18 July, the middle schools international match in Newport on Saturday 21 July and the UK Schools Games in Coventry at the end of August