

## **Athletics**

Dyfed Schools and Carmarthen Harriers had another successful weekend at the Welsh Schools and Welsh athletics combined events championships held at Cwmbran

On Saturday Dyfed Schools entered teams in five age group pentathlon team competitions and won all five competitions. In 2006 when the championships were held in Carmarthen Dyfed won three team trophies

In Cwmbran Dyfed won the junior girls, junior boys, middle girls, middle boys and senior girls team competitions

### **Junior Girls**

3 Ffion Rees (Bro Myrddin); 4 Laura Penhallurick (QEHS)

### **Junior Boys**

1 Dominic Colman (Pembroke); 4 Glen Elsdon (Bro Myrddin)

### **Middle Girls**

3 Catherine Goldsmith (QEHS); 4 Amy Rowland (Milford); 5 Sophie Pick (Gwendraeth)

### **Middle Boys**

2 Josh Madden (QEHS); 3 Antoine Woodman (Emlyn)

### **Senior Girls**

1 Caryl Granville (Strade); 2 Hannah Pick (Gwendraeth)

Five of the above athletes returned on Sunday to compete in further Welsh championship combined events. In the Welsh under 20 heptathlon Caryl Granville won with a score of 4592 points with Hannah Pick second with 3577 points. Josh Madden came second in the Welsh under 17 octathlon. Catherine Goldsmith was third in the under 17 heptathlon (3524) and Sophie Pick 4<sup>th</sup> (3336)

Carmarthen Harriers athletes had the first four places in the Welsh under 13 boys pentathlon. Mathew Davies (Tre-gib) won with 1856 points. James Stevenson (Gwendraeth) was second with 1596 points and Aled Price (Cross Hands) third with 1561 points. Matthew Northcott (QEHS) was 4<sup>th</sup>. Alyce Phillips (QEHS) was fourth in the under 13 girls pentathlon

Next Saturday Dyfed secondary schools compete in the Welsh inter district athletics championships in Brecon. Dyfed have an outstanding record in these championships having won the overall trophy every year since 1996