

## **Gwent Cross Country League at Bristol on Saturday 6 December 2008**

Nineteen Carmarthen Harriers members travelled to Blaise Castle Bristol to compete in the third Gwent Cross Country League match of the season

Jordan Richards won the under 11 boys race for the third time this year and Kyran Roberts came second in the under 13 boys race. The novice girls won their race and all the teams did well

### **Novice Girls**

6 Siobhan Eleri; 7 Gwenno Evans; 22 Kyla Bentink-Hinton

### **Novice Boys**

1 Jordan Richards; 6 Calden John

### **Under 13 Girls**

10 Kari O'Neill; 32 Lowri Heckler; 37 Lottie Williams

### **Under 13 Boys**

2 Kyran Roberts; 8 Christian Lovatt; 25 Gethin Daniel

### **Under 15 Boys**

13 Lloyd Heckler; 23 Davy Lewis; 34 Nathan Richards

### **Under 17/20 Men**

13 Nicky Morrell

### **Under 17/20 Women**

6 Alaw-Beynon Thomas; 28 Catrin Lewis

### **Senior Women**

84 Megan Thomas; 109 Abi Bentink-Hinton

On the same day thirty Carmarthen Harriers members were on bag packing duty at the Tesco Store in Carmarthen. Thanks to Beverley Plant and Lesley Rees for organising the event which raised a substantial amount for the Carmarthen Harriers equipment fund

Next Saturday many Carmarthen Harriers athletes will be running for West Wales in the Welsh inter regional cross country championships in Wrexham