

Dyfed secondary schools athletics championships

The annual Dyfed secondary schools championships were held at the Carmarthen Athletics Track on Saturday 9 June. On a very hot day seven new records were set

Katie Parkes Lampeter SG 800 (2.16.6); Claire Williams CCTA SG JT (39.99); Adam Bitchell Penweddig MB (8.59.2); Angharad Davies Llandovery College MG 800 (2.18.6); Danielle Hamer Llandovery College MG JT (39.31); Dominic Coleman Pembroke JB LJ (5.82); Jade Williams St Michaels JB 1500 (4.51.2)

The Frank Davies memorial awards for the best performances of the day were awarded to Katie Parkes and Dominic Coleman. A strong Dyfed schools team has been chosen to compete in the Welsh schools athletics championships in Brecon on 7 July