

**Dyfed secondary schools cross country championships at Oakwood
on Tuesday 5 February 2008**

The annual Dyfed championships were held once again at Oakwood

In the inter area team championships Pembrokeshire and Brianne both won three races and Ceredigion two events

A strong Dyfed team has been chosen to compete in the Welsh schools cross country championships at Brecon on Saturday 8 March 2008

Dyfed District has won the Welsh schools inter district team title every year since 1991

Year 7 Girls

Position	Name	School	Area	Time
1	Kari O'Neill	Tre-gib	Brianne	9.03
2	Grace Gibbon	Dewi Sant	Pembrokeshire	9.31
3	Evangeline Davies	Amman Valley	Brianne	9.33
4	Rhian Jones	Lampeter	Ceredigion	9.47
5	Alyssa Jones	Bro Myrddin	Brianne	9.51
6	Daniella Rees	Emlyn	Ceredigion	9.52
7	Lowri Heckler	Queen Elizabeth	Brianne	9.54
8	Caitlin Thompson	STP	Pembrokeshire	9.55
9	Bethan Davies	Greenhill	Pembrokeshire	9.56
10	Rhian Campbell	Preseli	Pembrokeshire	9.59
11	Tesni Galvin	Preseli	Pembrokeshire	10.00
12	Lottie Williams	Tre-gib	Brianne	10.01
13	Charlotte Drakeley	Penweddig	Ceredigion	10.03
14	Natalie Evans	Pantycelyn	Brianne	10.04
15	Jessica Thomas	Queen Elizabeth	Brianne	10.06
16	Emily Rainey	Coedcae	Llanelli	10.07
17	Leah Randall	Bryngwyn	Llanelli	10.12
18	Hannah Odice	Emlyn	Ceredigion	10.16
19	Taylor McLeod	Pembroke	Pembrokeshire	10.18
20	Bela Mossman	Emlyn	Ceredigion	10.20
21	Danielle Franklin	SJL	Llanelli	10.25
22	Aneura Thomas	Penweddig	Ceredigion	10.27
23	Catrin Jones	Penweddig	Ceredigion	10.30
24	Abigail Davies	Coedcae	Llanelli	10.35
25	Shelley Turner	Penweddig	Ceredigion	10.36
26	Olivia Evans	Tasker Milward	Pembrokeshire	10.38
27	Catrin Dawe	Coedcae	Llanelli	10.39
28	Ffion Davies	Dyffryn Taf	Brianne	10.44
29	Bethan Hope-Bell	Llandovery College	Brianne	10.57
30	Hannah Williams	Amman Valley	Brianne	10.59
31	Rhian Jenkins	Strade	Llanelli	11.00
32	Mari Jenkins	Strade	Llanelli	11.01

33	Lisa Gatt	SJL	Llanelli	11.06
34	Michael Stagg	Coedcae	Llanelli	11.39
35	Jessica Hopkins	SJL	Llanelli	11.50

Teams

1	Brianne	42
2	Pembrokeshire	59
3	Ceredigion	83
4	Llanelli	136

Junior Girls (year 8/9)

Position	Name	School	Area	Time
1	Lauren Bell	Bro Gwaun	Pembrokeshire	9.03
2	Lauren Harries	Penweddig	Ceredigion	9.31
3	Josie Lewis	STP	Pembrokeshire	9.33
4	Lisa Neumann	Dewi Sant	Pembrokeshire	9.47
5	Megan Withers	Tasker Milward	Pembrokeshire	9.51
6	Amy Roberts	Queen Elizabeth	Brianne	9.52
7	Heather Lewis	STP	Pembrokeshire	9.54
8	Megan Turner	Penweddig	Ceredigion	9.55
9	Rhiannon Plant	Bro Myrddin	Brianne	9.56
10	Jodie Jones	Maes yr Yrfa	Brianne	9.59
11	Georgia Skoczen	Amman Valley	Brianne	10.00
12	Alyce Phillips	Queen Elizabeth	Brianne	10.01
13	Jasmin Icton	Dewi Sant	Pembrokeshire	10.03
14	Elin Evans	Amman Valley	Brianne	10.04
15	Michaela Page	Tasker Milward	Pembrokeshire	10.06
16	Stacey Webber	Bryngwyn	Llanelli	10.07
17	Christie Lewis	Lampeter	Ceredigion	10.12
18	Hannah Campbell	Llandoverly College	Brianne	10.16
19	Aoife Maher	Penweddig	Ceredigion	10.18
20	Betsan Hughes	Penweddig	Ceredigion	10.20
21	Jay Payne	SJL	Llanelli	10.25
22	Sarah Martin	Dewi Sant	Llanelli	10.27
23	Kate Matchett	STP	Pembrokeshire	10.30
24	Natasha Morris	Dyffryn Teifi	Ceredigion	10.35
25	Florence Bowen Rees	Dyffryn Taf	Brianne	10.36
26	Chloe Hands	Dyffryn Teifi	Ceredigion	10.38
27	Lisa Ryde	Glan y Mor	Llanelli	10.39
28	Megan Prescott	Strade	Llanelli	10.44
29	Caitlin Davies	Strade	Llanelli	10.57
30	Rebecca Knight	Bryngwyn	Llanelli	10.59
31	Alisha Williams	Strade	Llanelli	11.00
32	Cathy Malbash	Emlyn	Ceredigion	11.01
33	Abigail Hall	Coedcae	Llanelli	11.06

Teams

1	Pembrokeshire	33
2	Brianne	62
3	Ceredigion	90
4	Llanelli	151

Middle Girls (Y 10/11)

Position	Name	School	Area	Time
1	Angharad Davies	Llandoverly College	Brianne	13.15
2	Emily Downey	Glan y Mor	Llanelli	13.16
3	Aneura Phillips	Preseli	Pembrokeshire	13.16
4	Cerian Davies	Tregaron	Ceredigion	14.02
5	Elinor Thorogood	Penglais	Ceredigion	14.18
6	Rebecca Ansell	Penweddig	Ceredigion	14.31
7	Jessica Gates	Bro Gwaun	Pembrokeshire	14.49
8	Elin Jones	Aberteifi	Ceredigion	14.54
9	Sophie Thomas	Greenhill	Pembrokeshire	14.59
10	Freya Rees-Jones	St Michaels	Llanelli	15.05
11	Catrin Lewis	Aberteifi	Ceredigion	15.24
12	Gwawr Evans	Dyffryn Teifi	Ceredigion	15.28
13	Chelcie Wright	Pembroke	Pembrokeshire	15.39
14	Ambar Phillips	Bryngwyn	Llanelli	15.48
15	Alice Whittall	Dyffryn Teifi	Ceredigion	16.04
16	Jess Williams	Emlyn	Ceredigion	16.06
17	Carian Scudamore	Emlyn	Ceredigion	16.10
18	Portia Rees-Jones	St Michaels	Llanelli	16.12
19	Jenny Brock	Tasker Milward	Pembrokeshire	16.26
20	Rebecca Brace	Greenhill	Pembrokeshire	16.36
21	Gwawr Jones	Preseli	Pembrokeshire	16.59
22	Biani Crug	Glan y Mor	Llanelli	17.15
23	Nia Williams	Tregaron	Ceredigion	17.22
24	Zoe Russell	STP	Pembrokeshire	17.30
25	Brittany Price	Amman Valley	Brianne	17.38
26	Rachel Evans	Amman Valley	Brianne	18.30
27	Bethan Richards	Coedcae	Llanelli	18.34
28	Sera Rees	Tregaron	Ceredigion	19.02

Teams

1	Ceredigion	46
2	Pembrokeshire	78

Senior Girls (Y12/13)

Position	Name	School	Area	Time
1	Megan Thomas	CCTA	Llanelli	16.49
2	Sally Smithson	Tasker Milward	Pembrokeshire	17.09
3	Sian Thomas	Penweddig	Ceredigion	17.39

4	Eleri Jones	Tasker Milward	Pembrokeshire	18.02
5	Ceilidh Hodge	CCTA	Brianne	18.41
6	Carys Thomas	Amman Valley	Brianne	19.07
7	Kay Guest	Dewi Sant	Pembrokeshire	20.36
8	Sara Davies	Maes yr Yrfa	Brianne	21.27
9	Angharad Morgan-Jones	Penweddig	Ceredigion	23.01
10	Tangwen Roberts	Tasker Milward	Pembrokeshire	23.19
11	Lucia Conybeare	Tasker Milward	Pembrokeshire	23.30

Teams

1 Pembrokeshire 23

Year 7 Boys

Position	Name	School	Area	Time
1	Rhys Granville	Strade	Llanelli	8.00
2	Kyran Roberts	Queen Elizabeth	Brianne	8.08
3	Stephen Williams	Penweddig	Ceredigion	8.12
4	Ieuan Cooke	Preseli	Pembrokeshire	8.19
5	Niall Williams	Milford	Pembrokeshire	8.20
6	Josh Watson	Bro Myrddin	Brianne	8.20
7	Callum Silcox	Coedcae	Llanelli	8.21
8	Cameron Jones	Amman Valley	Brianne	8.24
9	Alexander Arnold	Amman Valley	Brianne	8.29
10	Iwan Hicks	Strade	Llanelli	8.32
11	Joel Andrews	Coedcae	Llanelli	8.37
12	Gethin Daniel	Maes yr Yrfa	Brianne	8.39
13	Ellis Morgan	Preseli	Pembrokeshire	8.43
14	Alistair Davies	Bro Gwaun	Pembrokeshire	8.45
15	Zak Lewis	Coedcae	Llanelli	8.47
16	Daniel Mason	Milford	Pembrokeshire	8.50
17	Emlyn Lewis	Queen Elizabeth	Brianne	8.52
18	Elliott Williams	Greenhill	Pembrokeshire	8.53
19	Callum Cronin	Pembroke	Pembrokeshire	8.55
20	Sion Thomas	Amman Valley	Brianne	8.57
21	Logan Cunningham	STP	Pembrokeshire	8.58
22	Rhidian Davis	Penweddig	Ceredigion	9.00
23	Gethin George	Aberaeron	Ceredigion	9.05
24	Jonathan Waugh	Tre-gib	Brianne	9.15
25	Llyr Ebsworth	Dyffryn Taf	Brianne	9.15
26	Matthew Thomas	Amman Valley	Brianne	9.21
27	Aaron Richards	Strade	Llanelli	9.22
28	Zak Tinnuche	Bryngwyn	Llanelli	9.23
29	Michael Glover	Cardigan	Ceredigion	9.25
30	Callum Mason	Glan y Mor	Llanelli	9.28
31	Oliver Thorogood	Penglais	Ceredigion	9.28
32	Alun Morgan	Penweddig	Ceredigion	9.36

33	Rhys Griffiths	SJL	Llanelli	9.47
34	Joseph Latham	Dyffryn Taf	Brianne	9.55

Teams

1	Brianne	55
2	Llanelli	71
3	Pembrokeshire	75
4	Ceredigion	125

Junior Boys (Y8/9)

Position	Name	School	Area	Time
1	Liam Lloyd	Coedcae	Llanelli	16.14
2	Ronan Llyr	Bro Myrddin	Brianne	17.05
3	Grant Westcott	Bryngwyn	Llanelli	17.22
4	Liam Jones	Penweddig	Ceredigion	17.34
5	Lloyd Heckler	Queen Elizabeth	Brianne	17.44
6	Tim Jones	Pantycelyn	Brianne	17.46
7	Jac Morris	Penglais	Ceredigion	17.50
8	Ryan Williams	Penglais	Ceredigion	18.04
9	Bryn Oliver	Penglais	Ceredigion	18.22
10	Tom Kyrowski	Emlyn	Ceredigion	18.29
11	Ethan Mathias	Tasker Milward	Pembrokeshire	18.31
12	Max Robiere	Tre-gib	Brianne	18.34
13	Ben Sutton	Dewi Sant	Pembrokeshire	18.41
14	Jack Lear	Greenhill	Pembrokeshire	18.43
15	Josh Griffiths	Amman Valley	Brianne	18.49
16	Rhys Morgans	Bryngwyn	Llanelli	18.52
17	Shane Richards	Bryngwyn	Llanelli	18.54
18	Sam Pulford	Milford	Pembrokeshire	19.03
19	Chris Morgan	Greenhill	Pembrokeshire	19.10
20	Michael Charles	Rhyd y Gors	Brianne	19.13
21	Tom Morrissey	STP	Pembrokeshire	19.18
22	Harry Palin	Greenhill	Pembrokeshire	19.20
23	Ben Jones	Tre-gib	Brianne	19.24
24	Luke Clements	Tre-gib	Brianne	19.28
25	Lee Jenkins	Bro Gwaun	Pembrokeshire	19.29
26	Morgan Smith	STP	Pembrokeshire	19.33
27	Andrew Bevan	Amman Valley	Brianne	19.43
28	Tomas Hughes	Bro Myrddin	Brianne	19.46
29	Rhys Morgan	Amman Valley	Brianne	20.03
30	James Loveridge	Coedcae	Llanelli	20.03
31	Ruben Rai	Coedcae	Llanelli	20.22

Teams

1	Brianne	61
2	Llanelli	98

Middle Boys (Y 10/11)

Position	Name	School	Area	Time
1	Nicky Morrell	Glan y Mor	Llanelli	16.14
2	Josh Harries	Penweddig	Ceredigion	17.05
3	Matthew Richards	STP	Pembrokeshire	17.22
4	Jake Watson	Tasker Milward	Pembrokeshire	17.34
5	Alex Matchett	STP	Pembrokeshire	17.44
6	Luke Parker	Aberteifi	Ceredigion	17.46
7	Paul Bennett	Penglais	Ceredigion	17.50
8	Llewelyn Lloyd	Aberaeron	Ceredigion	18.04
9	Liam Hutchings	Strade	Llanelli	18.22
10	Antoine Woodman	Emlyn	Ceredigion	18.29
11	Jack Amblin	Tre-gib	Brianne	18.31
12	Oliver Davies	Dewi Sant	Pembrokeshire	18.34
13	Jake Isles	Dyffryn Taf	Brianne	18.41
14	Gwion ap Dafydd	Penweddig	Ceredigion	18.43
15	Gavin Williams	Bryngwyn	Llanelli	18.49
16	Philip Mayhew	Tasker Milward	Pembrokeshire	18.52
17	Ashley Evans	Amman Valley	Brianne	18.54
18	Adam Davies	Queen Elizabeth	Brianne	19.03
19	Ricky Watts	STP	Pembrokeshire	19.10
20	Ben Davies	Dyffryn Taf	Brianne	19.13
21	Rhys Gravelle	Strade	Llanelli	19.18
22	Kurt Planas	Glan y Mor	Llanelli	19.20
23	Nathan Toft	Glan y Mor	Llanelli	19.24
24	Ryan Newman	Amman Valley	Brianne	19.28
25	Josh Davies	Tre-gib	Brianne	19.29
26	Alex Ouzeman	Milford	Pembrokeshire	19.33
27	Adam Phillips	STP	Pembrokeshire	19.43
28	Dan Jones	Coedcae	Llanelli	19.46
29	Jamie Thomas	Coedcae	Llanelli	19.47
30	Sion Williams	Amman Valley	Brianne	20.03
31				
32	Daniel McMahon	Amman Valley	Brianne	20.38
33	Glen Elsdon	Bro Myrddin	Brianne	21.04

Teams

1	Ceredigion	47
2	Pembrokeshire	59
3	Llanelli	91
4	Brianne	113

Senior Boys (12/13)

Position	Name	School	Area	Time
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1	Dewi Griffiths	Tre-gib	Brianne	20.12
2	Adam Bitchell	Penweddig	Ceredigion	20.46
3	Luke Watson	STP	Pembrokeshire	21.50
4	Daniel Worrall	Amman Valley	Brianne	22.01
5	Michael George	Tasker Milward	Pembrokeshire	23.30
6	Gethin Holland	Penweddig	Ceredigion	23.35
7	Geraint Jeremiah	St Michaels	Llanelli	24.27
8	Daniel Harries	STP	Pembrokeshire	24.41
9	Rory Blake	Tasker Milward	Pembrokeshire	25.10
10	Joe Elliott	Dewi Sant	Pembrokeshire	25.38
11	Tom Northcott	Queen Elizabeth	Brianne	26.03
12	Emyr Griffiths	Dewi Sant	Pembrokeshire	26.39
13	Jamie Wyburn	STP	Pembrokeshire	27.02
14	Henry Durrant	STP	Pembrokeshire	27.11
15	Robbie Stewart-Williams	Tasker Milward	Pembrokeshire	27.59
16	Thomas McCarley	Amman Valley	Brianne	28.41

Teams

1	Pembrokeshire	25
2	Brianne	32