

**CARMARTHEN AND DISTRICT HARRIERS ATHLETICS CLUB
CLWB HARRIERS CAERFYRDDIN**

Frynhir Capel Dewi Road Carmarthen 01267 290249
10 January 2008

GWENT CROSS COUNTRY LEAGUE

Dear Member

The fifth and final Gwent Cross Country League match is at Blaise Castle Bristol on Saturday 1 March 2008.

The Harriers bus will leave Peacocks Lammas Street Carmarthen at 8.30 am on Saturday 1 March 2008 and will pick up at Pioneers Cross Hands at 8.45 am and Hendy Junction at 8.55 am.

The Bus fare is £6 and the competition fee £1

Please let us know if you are unable to compete

Team Managers

**Hedydd Davies (Boys) 01267 290 249
Joan Goldsmith (Girls) 01267 231028**

All results are on the Carmarthen Harriers website

www.carmarthenharriers.co.uk